

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA, Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957 Website: www.rjcollege.edu.in

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

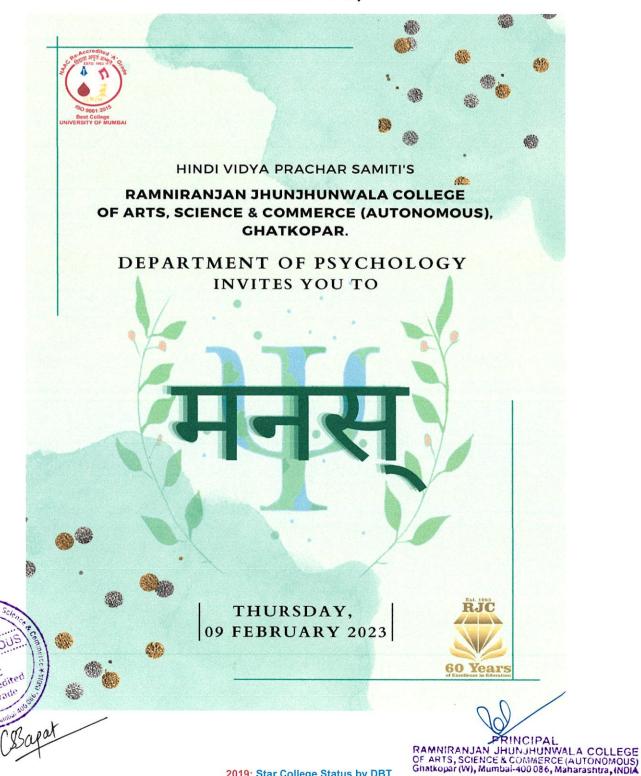
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PsychoSphere

(Psychology Association)

2022-2023

Annual Fest- 'मनस'



2019: Star College Status by DBT

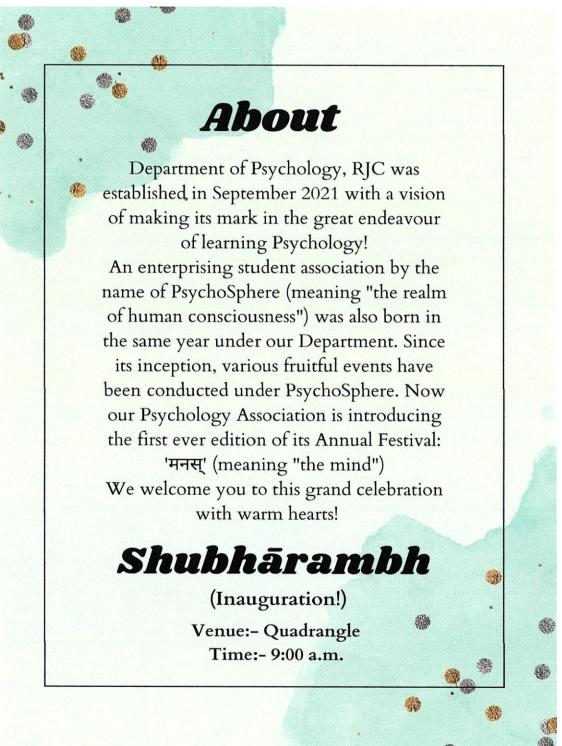
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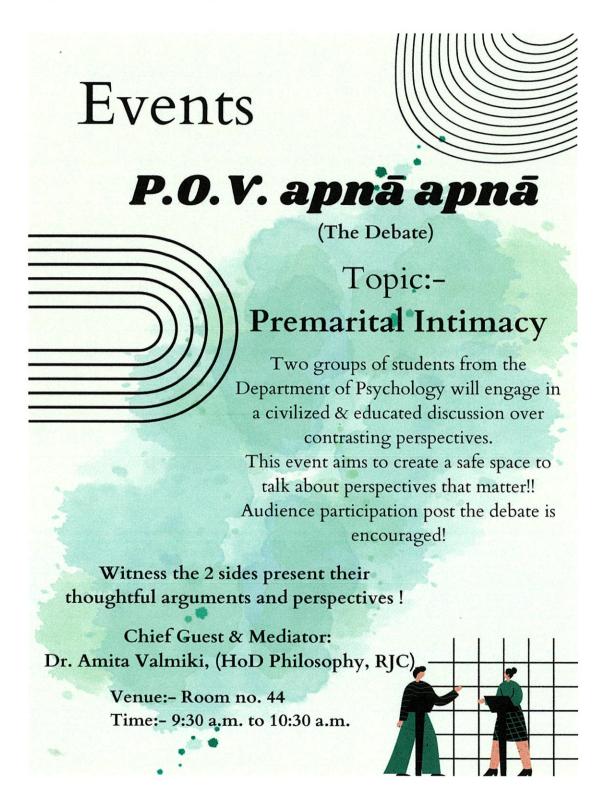


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OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, (NDIA



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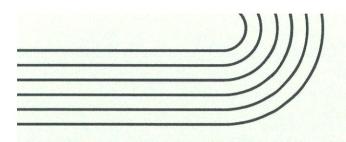
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Pradarshan

(Poster Exhibition)

Have a look at various handmade posters crafted by the students, related to psychology, mental health, and much more!

Venue:- Quadrangle

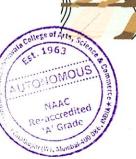
Time:- 10:30 a.m onwards



(Games stalls)

Test your skills & luck at different games - some related to Psychology, some for pure fun!

Venue:- Quadrangle Time:- 10:30 a.m onwards



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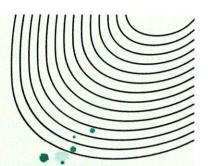
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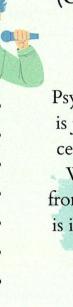
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(Cultural Event)





MANAS - the annual fest of the Psychology Department in its first edition, is just around the corner! This year, we're celebrating it through dance and singing. We'll have performances from students from all levels of the program and everyone is invited. So come on by to check out our little slice of heaven for Psychology Enthusiasts—and for some good oldfashioned singing and dancing performances.

Gātā Rahe Merā Dil

Venue:- Quadrangle Time:- 11:30 a.m. to 12:00 p.m.

Maujā hi Maujā

Venue:- Quadrangle Time:- 12:00 p.m. to 12:30 p.m.





RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)

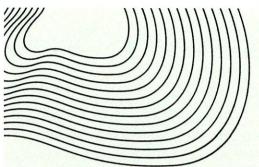
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Intercollegiate Meme Making competition

Submit online entries here!

Presentation of entries & Results on Festival Day!

Venue:- Room no. 44

Time:- 12:45 p.m. to 1:30 p.m.

It's Popcorn time!

(Movie Screening)

Venue:- Room no. 44

Time: - 2:00 p.m. onwards



If any queries, contact: <u>+91 82914 82622</u> (Mr. Shahid Chaki, Student Representative)



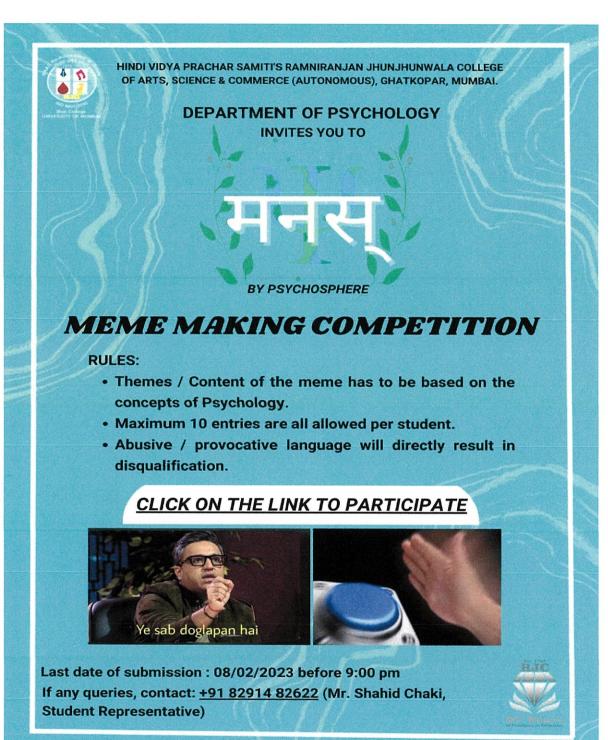
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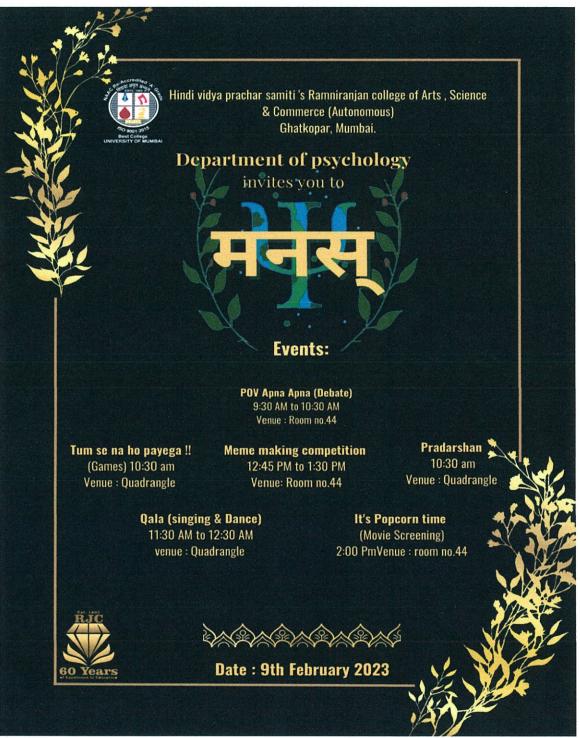


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Guest biodata

Dr. Amita Valmiki

- Associate Professor and Head, Department of Philosophy, Ramniranjan Jhunjhunwala
 College of Arts, Science and Commerce (Autonomous), Ghatkopar (W.)
- Visiting Faculty at Department of Philosophy, University of Mumbai.
- visiting faculty at the Department of Philosophy and Religious Theories at Bonn University, Germany.
- Member of Board of Studies in Logic and Philosophy, University of Mumbai.
- Ph.D. thesis was on 'Man, Religion and Society' (with special reference to Mysticism).
- She received Principal Shivaji Rao Bhosale Best Teacher Award in Philosophy in a function organized by Maharashtra Philosophical Congress on Oct. 1, 2021.
- Papers presented at various conferences, seminars and colloquiums at national and international level.
- Published a book titled 'Mystical Worlds: Social, Spiritual and Secular'
- Co-edited a book titled '100 Years of Indian Cinema: Issues and Challenges in Retrospection'.
- Awarded twice post-doctoral research fellowship.
- Co-organized national and international conferences and colloquiums.
- Special areas of interest- Ethics, Theistic Existentialism, Philosophy of Religion, Mysticism, Aesthetics and Philosophy of Film.

Ms. Vedashree Bhagwat

accredited

Email ID: Vedashreeb263@gmail.com

Contact No.: +91-9819581899

- Lead Child Psychologist at Little Leap, Delhi (January 2021-September 2021)
- Counsellor at Samvedana Counselling Centre at Smt. Maniben M. P. Shah Women's College of Arts & Commerce, Mumbai (From October 2021)
- Freelance Counsellor (From January 2022)
- Certification in Forensic Psychology and Criminal Profiling course from International Forensic Sciences, Pune.
- Certification in Queer Affirmative Counselling Practices by Mariwala Health Initiative, Mumbai
- Expertise in Individual counselling, Group counselling, Couples Counselling, Telecounselling, Assessment & Therapeutic interventions

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REPORT

Department of Psychology and Psychology Association-PsychoSphere introduced its first annual fest 'मनस्'. The event was conducted on 9th February 2023 from 09:00 am to 04:00 pm comprising multiple events geared towards mental health education. The event was inaugurated with lighting of lamps and a motivation address to the student participants by Capt. Pravin Naik, Vice principal, RJC followed by the brief reading of the schedule by Mr. Chinmay Bapat, In-charge, Department of Psychology. The official banner of 'मनस्' was also revealed to mark the official inaugural of the annual fest. After the inauguration, student attendees and participants were taken to Room No. 44 for the Debate Competition. Dr. Amita Valmiki, Head of the Department of Philosophy, RJC was invited to mediate the debate competition. The topic given to the students was 'Premarital Intimacy' Students participants were randomly divided in two groups for 'In favour' and 'against' arguments. Both the groups presented their arguments one by one followed by an open forum inviting audience participation. After the presentation of the debate, the mediator announced the names of the winning team members. Criteria for the selection of winners were also discussed. Dr. Valmiki communicated with the students regarding the topic of debate as an ending note. A formal Vote of Thanks was presented by Mr. Chinmay Bapat. After the conclusion of the debate competition, at 10:30 am, participants were taken to the poster exhibition. Educational posters were made and presented by the students of F.Y.B.A. & S.Y.B.A. Psychology. Along with the posters, fun games & activities were also organized for the students by the students. This was an attempt to promote mental health awareness among the youth without making it taxing for them. Students of Psychology also presented cultural performances including dancing, singing, and poetry. This not only helped in entertaining the crowd, but also boosted the confidence and motivation of the students to perform in social settings. After the successful exhibition of the cultural events and posters, students were given a brief lunch break at 12:30 pm followed by the Intercollegiate Meme-Making Competition. Participants from various colleges were asked to submit their entries two days before the commencement of the event. Ms. Vedashree Bhagwat, Counsellor, Maniben M. P. Shah College (Autonomous) was invited to judge the event. The guest was formally introduced by Mr. Chinmay Bapat and a small interaction between Ms. Bhagwat and the audience helped establish the rapport. All the entries sent by students from various colleges were presented to Ms. Bhagwat while maintaining anonymity in order to ensure an unbiased opinion. After the presentations were over, names of the winners were announced. Criteria for the selection of winners were also discussed. A formal vote of thanks was presented to the guest by Mr. Chinmay Bapat. The event concluded with the movie screening at 2:00 pm. 'The Imitation Game (2014)' was screened to the students followed by a brief debriefing session. A final vote of gratitude was presented to the student volunteers and members in the audience and the event was successfully concluded. college of Arts

2019: Star College Status by DBT

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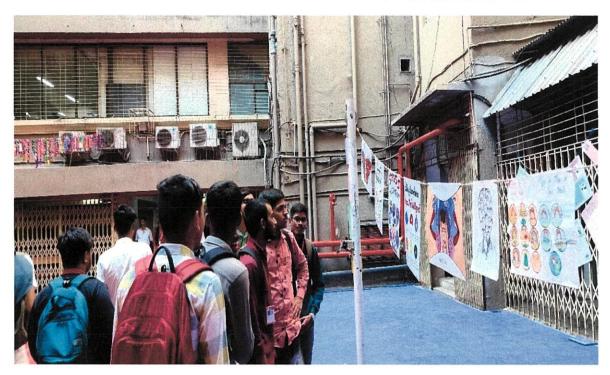


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PHOTOGRAPHS OF STUDENTS DURING PSYCHOSPHERE







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11	Sanika Kothawale	R.J. College	SYBA. C	Frothawale.
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46	Solal Cupta	RJ College	SYBA	Plupta
47	Preeti Chavan	RJ (ollege	FYBA	recti
48	Shahin Chaki	RJ college	SYBA	
49	Bajeangsharan Jayash		SABY	100
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	Disha D. Soni	RJ College	CVRA	No.
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CERTIFICATES





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MAAC accredited A' Grade

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