

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)
Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

August 30, 2022

Fax No: +91 22 25150957

#### NOTICE

The Department of Economics is organising a talk on "Local food and its carbon footprint" by Dr. Anil Avhad (Associate Professor, Department of Botany, R. J. College) to celebrate National Nutrition Week (1st September to 7th September) on Wednesday, September 7, 2022 at 8.45 a.m. in Room 33.

All are cordially invited.

Dr. Sucheta Joshi

Head, Department of Economics

RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & CUMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



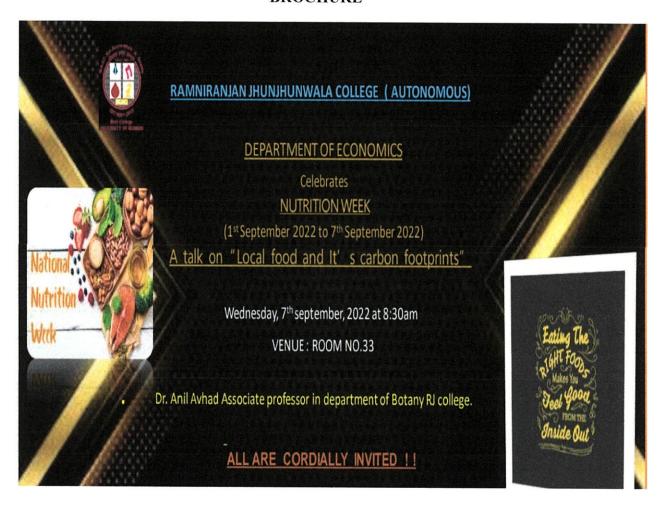


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#### Bio Data of Resource Person

NAME: Dr. ANIL EKNATH AVHAD

Educational qualification: MSc, Ph.D

### **TEACHING EXPERIENCE:**

Total 25 years (UG teaching: 25 yrs and PG teaching 13 years

Working as Associate Professor in Botany at Ramniranjan Jhunjhunwala College, Ghatkopar (w), Mumbai-86 since Aug-2001.

Recognized as a Postgraduate (MSc II- Plant Physiology) lecturer since July 2008.

#### RESEARCH EXPERIENCE

Recognized as a Research Guide for Ph.D in Botany, since December 2015. Currently Three students are enrolled. Published about 16 research papers in National and International Journals.



RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 036, Maharashtra, INDIA

2019: Star College Status by DBT



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### Report

The Department of Economics organised a talk on "Local food and its carbon footprint" by Dr. Anil Avhad (Associate Professor, Department of Botany, R. J. College) to celebrate National Nutrition Week (1<sup>st</sup> September to 7th September 2022) on Wednesday, September 7, 2022, at 8.45 a.m. in Room 33.

Dr. Anil Avhad started his talk with the basics of climate change and its effect on individuals. He said that it is our collective responsibility to educate ourselves about nutrition and dietary intake which helps to tackle the problem of climate change and climate crisis. He talked about the overall benefits of eating local and nutritious food. Eat more locally available and seasonal fruits, vegetables, whole grains , millets and reduce your intake of processed food as it has carbon footprints. Eating healthy is the basic and the most important condition to be fit and healthy. The talk was very lucid and informative. The session was an eye opener in real sense.



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NAAC Re-accredited 'A' Grade

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### Photos of the Nutrition Week Celebrated from 1st to 7th September 2022



Dr. Sucheta Joshi HOD Economics giving a brief introduction of Dr. Anil Avhad to the students.



Dr. Anil Avhad during the session on 'Local Food and its Carbon Footprints'

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2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009
2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College



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### List of Students who attended the Program.

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### Certificate

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		Academic Year 20 20		
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	'Nurturing Aspirations Developing Potentials'			
This is to certify that  Ms./Mr. Fratiksha Kashe				
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-	L'utritish liverk	Celebration	organised on 7th Septem	ber 2022
Associate Pr	ucheta Joshi rofessor and Head, nt of Economics			nshu Dawda ncipal



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