



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date: 30th August 2021

## NOTICE

### DEPARTMENT OF BIOTECHNOLOGY

celebrates

### NATIONAL NUTRITION WEEK

from 1<sup>st</sup> to 7<sup>th</sup> September 2021

The following event has been organised:

1. Salad Decoration Video Byte Competition from 1<sup>st</sup> to 7<sup>th</sup> September 2021.  
(Registration Link - <https://forms.gle/xP3XjaNEQ8EJoNnP>)

No. of Students participated in video bytes competition: 13

**Number of Teachers Involved:** 07 - Dr. Sucheta Golwalkar, Dr. Rachana Acharya, Dr. Tania Karipel, Saleha Khan, Dr. Namrata Parab, Smita Jadhav, Jasvinder Kaur

All UG and PG Students of RJ College can participate in the competition.

  
Dr. Sucheta Golwalkar  
Department of Biotechnology

  
Dr. Himanshu Dawda  
Principal

PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
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Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



2019: Star College Status by DBT

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Hindi Vidya Prachar Samiti's  
Ramniranjan Jhunjunwala College of Arts, Science & Commerce (Autonomous)



## DEPARTMENT OF BIOTECHNOLOGY

(DBT Star Activity, 2020-2021)

**Celebrates**  
*NATIONAL NUTRITION WEEK*  
1st to 7th September

**Video Byte Competition**

### 'MY HEALTHY SALAD'



Open to all Undergraduate and Postgraduate students of RJ College

**"A salad is not a meal. It is a style."**

FLYER of salad making & decoration Video Bytes Competition organised by Biotechnology Department from 1st September to 15th September 2021 to celebrate National Nutrition Week.



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## REPORT

A Salad Making and Decoration Video Byte Competition was also organized from September 1 to 15, 2021. The results of the competition were declared on September 16, 2021. The competition was open to all Undergraduate and Postgraduate students of Arts, Science and Commerce. The participants had to prepare a salad, decorate it and explain the health benefits of the same in a 3 min video. All the 20 participants were awarded e-certificates and the winners received cash prizes of Rs. 1000/- for first prize, Rs. 750/- for second and Rs. 500/- for third place.





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## List of Students participated in Video Bytes Competition

Sr. No.	Class	Department	Name of the Participant
1	Second Year UG	Biotechnology	Riya Bhiwandkar
2	Third Year UG	Zoology	Saniya Khan
3	Second Year UG	Botany	Rafia Bee Shaikh
4	Second Year UG	Biotechnology	Manasi Narendra Parab
5	Second Year UG	Biotechnology	Aadarsh Prashant Gupta
6	First Year UG	Biotechnology	Nasreen Mansoori
7	Second Year UG	Biotechnology	Chaitanya Gatkal
8	Third Year UG	Biotechnology	Omkar Varhadi
9	Third Year UG	Biotechnology	Ritu Dalvi
10	First Year UG	Biotechnology	Uzma Dadan
11	Third Year UG	Biotechnology	Shravani Koyande
12	Second Year PG	Biotechnology	Sneha Yadav
13	First Year UG	Biotechnology	Shagun Satish Tiwari



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## DEPARTMENT OF BIOTECHNOLOGY

DBT Star Activity

### CERTIFICATE



This is to certify that

Ms. Ritu Dalvi of TY Biotechnology

has participated and stood **FIRST** in Video Bytes Competition titled "**My Healthy Salad**" organised by Department of Biotechnology, Ramniranjan Jhunjunwala College, under DBT Star College Activity, on the occasion of National Nutrition Week (1st September - 7th September 2021).

Dr. Sucheta Golwalkar  
Head, Department of Biotechnology

Dr. Himanshu Dawda  
Principal

Certificate awarded to winner on participating in salad making & decoration Video Bytes Competition organised by Biotechnology Department from 1st September to 15th September 2021 to celebrate National Nutrition Week.



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## DEPARTMENT OF BIOTECHNOLOGY

DBT Star Activity

### CERTIFICATE



This is to certify that

Ms. Saniya Khan of TY Zoology

has participated and stood **SECOND** in Video Bytes Competition titled "**My Healthy Salad**" organised by Department of Biotechnology, Ramniranjan Jhunjunwala College, under DBT Star College Activity, on the occasion of National Nutrition Week (1st September - 7th September 2021).

Dr. Sucheta Golwalkar  
Head, Department of Biotechnology

Dr. Himanshu Dawda  
Principal

Certificate awarded to winner on participating in salad making & decoration Video Bytes Competition organised by Biotechnology Department from 1st September to 15th September 2021 to celebrate National Nutrition Week.



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DBT Star Activity  
**CERTIFICATE**

This is to certify that  
**Ms. Manasi Narendra Parab of SY Biotechnology**  
has participated in Video Bytes Competition titled "**My Healthy Salad**" organised by  
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on the occasion of National Nutrition Week (1st September - 7th September 2021).

Dr. Sucheta Golwalkar  
Head, Department of Biotechnology

Dr. Himanshu Dawda  
Principal

**Participation certificate awarded to student on participating in salad making & decoration  
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