



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

20 to 26th January, 2021, Session on Health Awareness program "Health in your Hands"

15th January, 2021

NOTICE

ACADEMIC YEAR 2020-21

"Health Awareness Program "Health in your Hands"

20th to 26th January, 2021

The Department of Banking and Insurance organizes a six-day lecture series by Health Experts to help students take care of their mental and Physical Health – "Health in Your Hands"

All the students are to compulsorily attend as per the given schedule

20/ 01/ 2021: Dr. Sujata Chari (General Care Physician) (2:30 PM to 3:30 PM)

22/ 01/ 2021: Dr. Sunil Dube (Diabetologist) (4:30 PM to 5:30 PM)

23/ 01/ 2021: Dr. Anuj Shrivastava (Cardiologist) (8:30 AM to 9:30 AM)

23/ 01/ 2021: Dr. Poornima Madhavan (Dental Surgeon) (10:00 AM to 11:00 AM)

25/ 01/ 2021: Dr. Dale Don Rodrigues (Consultant Surgical Oncologist) (6:20 PM to 7.20 PM)

26/ 01/ 2021: Dr. Prajyot Jagtap (Orthopedic Consultant and Joint Replacement Surgeon) (5:00 PM to 6:00 PM)

Prof Nandini Jagannaryan
Head, Dept. of B.Com.(Banking and Insurance)

Dr. Himanshu Dawda
Principal

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Name (Original Name)	Roll no.	Class	Name (Original Name)	Roll no.	Class
Satle Yogita	32	TYBBI	Telore Satish	54	FYBBI
Shirdhankar Pratiksha	33	TYBBI	Vishwakarma Kiran	55	FYBBI
Singh Nidhi	34	TYBBI	Waghmare Nikita	39	SYBBI
Tiwari Komal	35	TYBBI	Yadav Richa	40	SYBBI
Vishwakarma Richa	36	TYBBI	Yadav Riya	41	SYBBI
Yadav Sikha	37	TYBBI	Yadav Suruchi	42	SYBBI
Baikad Rameshkumar	38	TYBBI	Yadav Vishal	43	SYBBI
Dhasal Vaishali	39	TYBBI	Yadav Vishal	44	SYBBI
Siddique Atifa	40	TYBBI	Jaiswal Shivam	45	SYBBI
Yadav Ashishkumar	41	TYBBI	Dubey Avnish Kumar	46	SYBBI
Maitri Siman	42	TYBBI	More Gauri	47	SYBBI
Tiwari Nilesh	43	TYBBI	Patiyane Sail	48	SYBBI
Jha Suman	44	TYBBI	Mourya Shabnam	49	SYBBI
Yadav Deepti	45	TYBBI	Rehan Qureshi	50	SYBBI
Yadav Nikita	46	TYBBI	Singh Sanjana	51	SYBBI
Shah Muskan	47	TYBBI	Chauhan Divakar	52	SYBBI
Gupta Shivani	48	TYBBI	Chaurashya Poonam	53	SYBBI
Rabse Swapnil	49	TYBBI	Khan Iqra	54	SYBBI



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Shaikh	Mahek	50	TYBBI	Yadav	Ankit kumar	55	SYBBI
Hundare	Ketan	51	TYBBI	Yadav	Vikas	56	SYBBI
Singh	Sakshi	52	TYBBI	Kanojia	Priya	57	SYBBI
Chavan	Mansi	1	SYBBI	Shaikh	Ruksana	58	SYBBI
Devadiga	Akshata	2	SYBBI	Dhobi	Sonu	59	SYBBI
Dubey	Priya	3	SYBBI	Mourya	Aradhana	60	SYBBI
Gaikwad	Priti	4	SYBBI	Ahire	Sakshi	1	FYBBI
Gupta	Ravi Kumar	5	SYBBI	Chaurasiya	Shivam	2	FYBBI
Gupta	Rohitkumar	6	SYBBI	Chauwal	Laxmipriya	3	FYBBI
Gupta	Shital	7	SYBBI	Chavan	Yojini	4	FYBBI
Jha	Abhishek	8	SYBBI	Choudhary	Hariommohan	5	FYBBI
Kaneri	Karina	9	SYBBI	Choudhary	Mohd Zaid	6	FYBBI
Kewat	Swati	10	SYBBI	Dalvi	Tanvi	7	FYBBI
Khan	Naved	11	SYBBI	Das	Shruti	8	FYBBI
Kudve	Harsh	12	SYBBI	Jaiswal	Vishal	17	FYBBI
Kushwaha	Jayashree	13	SYBBI	Kanoujiya	Anchal	18	FYBBI
	Mahima	14	SYBBI	Agam	Kajal	1	TYBBI
Mirgule	Sayali	15	SYBBI	Bhogle	Divya	2	TYBBI
Monde	Sahil	16	SYBBI	Chaudhary	Anandmohan	3	TYBBI
Rai	Ayush	26	SYBBI	Nishad	Renu	17	SYBBI
Ahmad	Shafiq	27	SYBBI		AswathiSureshkumar	18	SYBBI



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Shaikh	Shifa	28	SYBBI	Pandey	Shubham	19	SYBBI
Shirsat	Jyoti	46	FYBBI	Patil	Pratiksha	20	SYBBI
Shukla	Annu	47	FYBBI	Pawar	Kunal	21	SYBBI
Shukla	Sarvesh	48	FYBBI	Pednekar	Anagha	22	SYBBI
Singh	Kajal	49	FYBBI	Posture	Niranjan	23	SYBBI
Singh	Madhu	50	FYBBI	Pujari	Jaya	24	SYBBI
Singh	Preeti	51	FYBBI	Sama parveen	Qureshi	25	SYBBI
Sonawane	Swaraj	52	FYBBI	Surve	Prathamesh	53	FYBBI




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Report

Date: 20th to 26th January, 2021

Time: List is described below

Speaker Person: Various Professional Doctors:

- 20/ 01/ 2021: Dr. Sujata Chari (General Care Physician) (2:30 PM to 3:30 PM)
22/ 01/ 2021: Dr. Sunil Dube (Diabetologist) (4:30 PM to 5:30 PM)
23/ 01/ 2021: Dr. Anuj Shrivastava (Cardiologist) (8:30 AM to 9:30 AM)
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26/ 01/ 2021: Dr. Prajyot Jagtap (Orthopedic Consultant and Joint Replacement Surgeon) (5:00 PM to 6:00 PM)

Venue: Online (Zoom)

Objective: A Seven Day Lecture Series themed "Health in your Hands" A Health Awareness program was organized for all the Students of RJ college to give insights about Good Health Habits by various Professional Doctors. The health experts highlighted the importance of taking care of general health and early detection of diseases and on time treatment of the same. Like the orthopedic surgeon spoke about identifying symptoms of wear and tear of the bones. Dr Dube helped in preventing diabetes. The students felt largely benefitted by such health tips as each of the sessions were followed by a Q&A session also.

No. Of Attendees: 94 (All the students of RJ College)

No. of Teachers attended: 3




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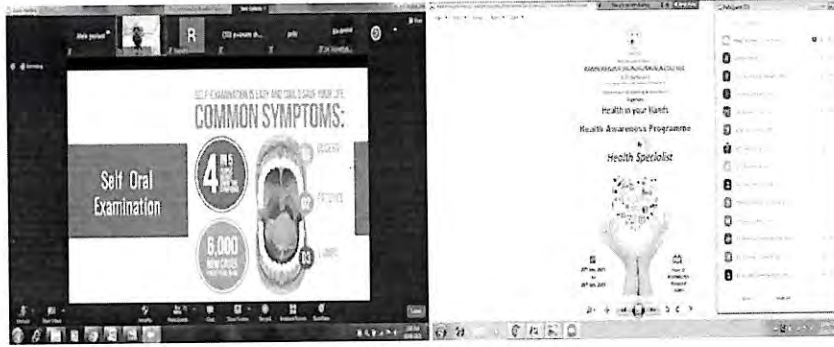
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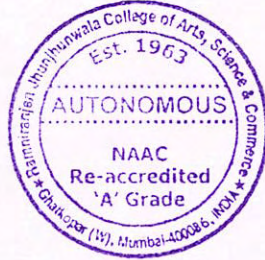
Certificate




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Dr. Sujata Chari (General Care Physician)

Dr Sujata Chari holds her specialisation in General Medicine and is associated with KEM Hospital. She runs her private practice in Bandra (East). Dr Chari completed her MBBS in 1990 from Stanley Medical College, Chennai started practising in Chennai. And Shifted her base to Mumbai in 2003, when she got an offer frm KEM Hospital, Mumbai.




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Dr. Sunil Dube (Diabetologist)

Dr. Dube Sunilkumar Rameshchandra

MBBS, MD - General Medicine

Consultant Physician, with a specialisation in Internal Medicine has been practising for over 30 years

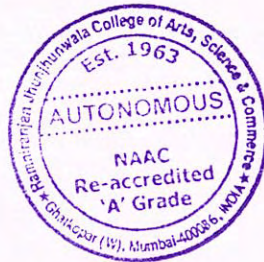
Dr. Dube Sunil Rameshchandra has a special interest in diabetes and has a vast majority of diabetic patients. He does 2D echo cardiography as well. The doctor is a member of Research Society for the Study OF Diabetes IN India (RSSDI).




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Dr. Anuj Shrivastava (Cardiologist)

Dr. Anuj Shrivastav is a Non-Invasive Cardiologist attached to various hospitals in Mumbai since last 15 years . He is a Consultant Cardiologist at Surana Sethia , MPCT & Saboo Siddqui Hospitals . In Recent years He is a part of a 6 monthly Camp at FIJI (Far East) in Collaboration with GOVT OF INDIA . Alongwith being a consultant at various hospitals, He is the proprietor of ECHOPOINT IMAGING CENTRE having 3 branches , near Tata Memorial Hospital & KEM Hospital ,Dadar, Mumbai . He has done his Echocardiography Fellowship from the prestigious Thomas Jefferson Institute , USA . He is a Fellow of the European Society of Cardiology having passed the European Accreditation Exam from Barcelona , Spain . He has completed his Graduation from Mumbai & Post Grad. from E.Europe with further Cardiology Training from USA.




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Dr. Poornima Madhavan (Dental Surgeon)

Dr V. Poornima M.D.S Oral pathology.

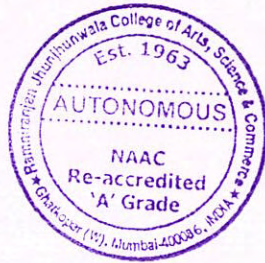
This is a specialisation which deals with the diseases of oral cavity especially oral cancers.

Rank holder from Tamilnadu MGR medical university .

15 years of academic experience .

Presently heading the department of dentistry and professor at Parul Institute of medical sciences and research ,vadodara.

Few publications in national n international journals




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Dr. Dale Don Rodrigues (Consultant Surgical Oncologist)

Dr Dale Rodrigues, is a Surgical Oncologist, having completed his super specialist DNB Surgical Oncologist training under the mentorship of Dr Sultan Pradhan.

Dr Dale is trained in treating all types of cancers of the body.

He specialises in the field Head And Neck Cancers and has trained in Italy for the same.

Besides Head And Neck Oncology, he also treats breast cancer, colon and rectal cancers, thyroid cancer and gynecological cancers.




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Dr. Prajyot Jagtap

Orthopedic Consultant And Joint Replacement Surgeon

Qualifications :

M. S. Ortho, D. Ortho, Dip. SICOT (Belgium)

Fellowship :

SICOT (Belgium) Fellowship In Advance Hip and Knee surgery (H. O. M. E.)

Career Highlights :

Dr. Prajyot Jagtap has about 12 years experience in the field of Orthopedic Surgeries and More than 7years experience in Joint Replacement surgeries and Regenerative therapy (PRP, STEM cell, B-MAC etc.)

He has performed and managed several complex orthopedic surgeries as per the established guidelines.

He carefully and attentively practices advance patient care by continuously expanding core knowledge associated with surgical and technical procedures.

He has attended several hands on workshops including BLS,

A-O trauma, cadaveric workshops on partial/primary/revision knee and hip Arthroplasty surgeries and arthroscopy surgeries.

He has done E-Poster presentation in SICOT world congress and possess three International publications.




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*Has attended the Total Knee Replacement mission –III from November 24- Dec 1, 2013 at Seychelles, Mahe Islands and was part of the team which operated 23 KNEE REPLACEMENTS in 3 days.

*Part of team demonstrating and performing live surgeries in conferences.

Membership :

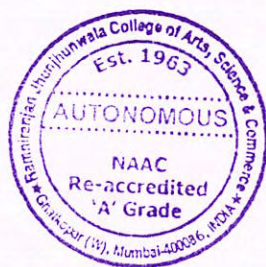
* SICOT Associate membership

*Life Member, Indian Arthroplasty Association (IAA)

* Life Member, Bombay Orthopaedic Society (BOS)

* Life Member, Indian Biologics Orthopaedic Society (IBOS)

* Currently working as an Orthopedic Consultant & Joint Replacement Surgeon with Godrej Memorial Hospital, Apollo Spectra Hospital, Surana-Sethia Hospital, Rane Hospital, Pasaydan hospital, Samarth hospital & Neon Hospital. Etc




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