



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Department of BVOC

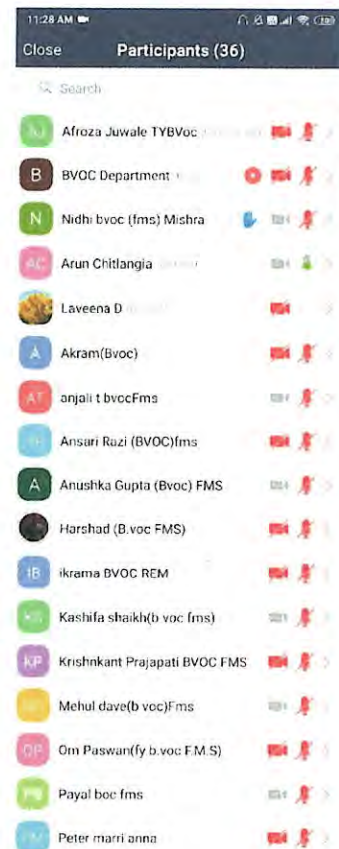
September 3, 2020

Importance of Goal Setting and time management BY Prof. Arun Chitlangia (Behavioral Training and 'Train The Trainer')

Goal setting helps students to be more aware of the learning that they are expected to experience. This awareness helps students to be engaged in the learning process. Mastery-oriented goals give students the opportunity to focus on learning standards and their own growth. The importance of goal-setting and time management was emphasized for students. How goal-setting is important to achieve the goals was taught. Time management including doing the right thing at the right time and importance of following a schedule was taught.

Time: 10:15am-12:15noon

Total Number of beneficiaries: 36 Students, RJ College



AS Chitlangia



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1/ PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



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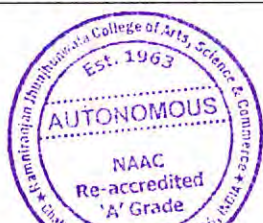
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Student Attendance

Sr.No	Name of Participants	Class
1	ANSARI RAZI IMTIYAZ AMENA	FYBVOC
2	BHAGWAN HARSHAD VIKAS ROHINI	FYBVOC
3	CHAUHAN PRIYANSHI ARVIND SADHANA	FYBVOC
4	CHOUDHARY AZLAN AMJAD ZARINA BANO	FYBVOC
5	DABHADE SANJIVANI RAMESH SWATI DABHADE	FYBVOC
6	DAVE MEHUL LALIT HANSA	FYBVOC
7	DHURIYA SACHIN RAMBALI POONAM	FYBVOC
8	DIVAKAR PRATHAMESH SHARADAPRASAD SAVITRIDEVI	FYBVOC
9	GUPTA ANKIT BALKESHWAR SUNITA	FYBVOC
10	GUPTA ANUSHKA BABULAL LALITA	FYBVOC
11	CHAVAN YASH SHAILESH POOJA	FYBVOC
12	DAWRE IZHAAN IMTIYAZ SHABANA	FYBVOC
13	GUPTA DURGESH RAMASHRAY AVANTIKA	FYBVOC
14	JOSHI RAVINDRA BHAGIRATH SEETA	FYBVOC
15	KHAN SHOEB AKHTAR ZAHEER AHMAD NASEEM ARA	FYBVOC
16	KHIMORIA JATIN RATANSHI BHANI	FYBVOC
17	KOLAMBE SHREYAS JAYAVANT RESHMA	FYBVOC
18	RAJESH RAVINDRA YADAV BHARATI	FYBVOC
19	SHAIKH NAUSHAD ASEEM HASEENA	FYBVOC
20	MISHRA NIDHI PANCHDEV SEEMA	FYBVOC
21	MISHRA SHAILENDRA VINOD KUMAR MANJU	FYBVOC
22	MOHILI ROSHAN DANDPANI SUSHANTI	FYBVOC
23	MOURYA VISHAL VIJAYNATH LALMUNNI	FYBVOC
24	PANDEY SANTOSH LALIT MEERA	FYBVOC
25	PANDEY SNEHA VIVEK REKHA	FYBVOC
26	PASI VIJAY JOGENDRA KAMALAVATI	FYBVOC
27	PASWAN OM RAJENDRA RASUDEVI	FYBVOC
28	PRAJAPATI KRISHNKANT DEVNARAYAN SHANTIDEVI	FYBVOC
29	RANA NISHA AJAY NEELAM	FYBVOC
30	SEJAL DINESH THAKUR RAMILABEN	FYBVOC
31	SHAIKH ABDUL KHALIQUE ABDUL KALAM SHEHNAZ BEGUM	FYBVOC

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32	SHAIKH AKRAM RAZA AFZAL ZAKI PARVEEN	FYBVOG
33	SHAIKH KASHIFA SAJID SHABANA	FYBVOG
34	SHAIKH MOHD ASFAK MOHD HUSAIN RAIZUNISSA	FYBVOG
35	SHAIKH MUSKAN MOHD SIRAJ NAFISUNNISA	FYBVOG
36	SHAIKH SAMREEN ZAHIR ALI ZARINA	FYBVOG

AShah



[Signature]

Principal
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