



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Capacity Development and Skill Enhancement Activity Conducted By the Institution for Improving Student Capabilities

04 & 06 /07/2020, Self-Handling session

02nd July, 2020

NOTICE

ACADEMIC YEAR 2020-21

Self Handling Session

4th and 6th July 2020

A session on Self Handling will be organised for the students of Second and Third Year B.Com (Banking & Insurance) by Ms Sunita Dias, Pacific Consultancy and Training Services. The students will be guided on how to handle themselves during the pandemic to equip them with mental strength in all situations between 4pm and 6pm.

Attendance Compulsory.



Prof Nandini Jagannaryan

Head, Dept. of B.Com.(Banking and Insurance)

Dr. Himanshu Dawda

Principal




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Ms Sunita Dias

Ms Sunita Dias holds her MA in English and has completed her PGDCA from Wellingkar Institute of Management. She is associated with Pacific Consulancy Services for over 8 years and has also conducted softskill training programmes in various schools and colleges. She has also conducted various training programmes in BPCL, FICCI, LIC of India, which was a part of their CSR Initiative.

She also conducts training programme for Public Speaking for students and IELTS.

She was associated with Reliance Industries and ICSI-CCGRT, HCC, Emtec Software, J K Files, etc as trainer.




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Brochure



Report

Date: 4th & 6th July, 2020 Time: 4:00 P.M. to 5:30 P.M.

Speaker Person: Ms Sunita Dias, Pacific Consultancy and Training Services

Venue: Online (Zoom) No. Of Attendees: 48 TYBBI 39 SYBBI (As per screenshots)

Total No. of Teachers attended: 3 Teachers

Objective: The Department of Banking and Insurance organized an online Self-Handling session on 04th and 6th of July, 2020 July, 2020 for TYBBI and SYBBI Students by Ms Sunita Dias, Pacific Consultancy and Training Services. The students were guided on how to handle themselves during the pandemic to equip them with mental strength in all situations. The speaker was a mental health professional who also offered to counsel individual students. The students gained the most out of the session.



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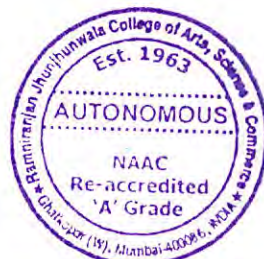
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Attendance of sessions on self handling 4 & 6 june , 2021

Roll No.	Class	Student Name		Roll No.	Class	Student Name	
14	SYBBI	Mahima		43	SYBBI	Khan	Iqra
23	SYBBI	Posture	Niranjan	44	SYBBI	Yadav	Ankit kumar
21	SYBBI	Pawar	Kunal	45	SYBBI	Yadav	Vikas
14	FYBBI	Yadav	Vishant	46	SYBBI	Kanojia	Priya
15	FYBBI	Prajapati	Simran	47	SYBBI	Shaikh	Ruksana
16	FYBBI	Gawas	Shardul	48	SYBBI	Dhobi	Sonu
17	FYBBI	Gupta	Aditya	49	SYBBI	Mourya	Aradhana
18	TYBBI	Jadhav	Pratik	1	FYBBI	Ahire	Sakshi
19	TYBBI	Jagdale	Aniket	2	FYBBI	Chaurasiya	Shivam
20	TYBBI	Jaiswal	Neha	3	FYBBI	Chauwal	Laxmipriya
21	TYBBI	Jaiswal	Rohit	4	FYBBI	Chavan	Yojini
22	TYBBI	Kaloandra	Halima	5	FYBBI	Choudhary	Hariommohan
10	TYBBI	kavati	meena	6	FYBBI	Choudhary	Mohd Zaid
11	TYBBI	Khan	Mohammed Waseem	7	FYBBI	Dalvi	Tanvi
12	TYBBI	Khond	Harshada	8	FYBBI	Das	Shruti
13	TYBBI	Lakhade	Priyanka	9	FYBBI	Datkhile	Rutuja
14	TYBBI	Mandlik	Sourav	10	FYBBI	Dubey	Rakhi
15	TYBBI	Nawale	Nikita	11	FYBBI	Gore	Sangita
16	SYBBI	Yadav	Richa	12	FYBBI	Gujar	Shrutika
17	SYBBI	Yadav	Riya	13	FYBBI	Gupta	Khushboo
18	SYBBI	Yadav	Suruchi	14	FYBBI	Gupta	Priya
13	FYBBI	Gupta	Khushboo	15	FYBBI	Gupta	Priyanka
14	FYBBI	Gupta	Priya	16	FYBBI	Gupta	Vivek
15	FYBBI	Gupta	Priyanka	17	FYBBI	Jaiswal	Vishal
16	FYBBI	Gupta	Vivek	18	FYBBI	Kanoujiya	Anchal
23	TYBBI	kavati	meena	19	FYBBI	Karkera	Vaishnavi
24	TYBBI	Khan	Mohammed Waseem	20	FYBBI	Khedekar	Pranjal
25	TYBBI	Khond	Harshada	21	FYBBI	Pandey	Suraj
26	TYBBI	Lakhade	Priyanka	22	FYBBI	Pathak	ashish
27	TYBBI	Mandlik	Sourav	23	FYBBI	Pathak	Diksha
28	TYBBI	Nawale	Nikita	10	SYBBI	Singh	Sanjana



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29	SYBBI	Yadav	Richa	1	SYBBI	Chavan	Mansi
30	SYBBI	Yadav	Riya	2	SYBBI	Devadiga	Akshata
31	SYBBI	Yadav	Suruchi	3	SYBBI	Dubey	Priya
32	SYBBI	Yadav	Vishal	4	SYBBI	Gaikwad	Priti
33	SYBBI	Yadav	Vishal	5	SYBBI	Gupta	Ravi Kumar
34	SYBBI	Jaiswal	Shivam	9	SYBBI	Kaneri	Karina
35	SYBBI	Dubey	Avnish Kumar	12	SYBBI	Kudve	Harsh
36	SYBBI	More	Gauri	13	SYBBI	Kushwaha	Jayashree
37	SYBBI	Patiyane	Sail	8	SYBBI	Jha	Abhishek
38	SYBBI	Mourya	Shabnam	9	SYBBI	Kaneri	Karina
39	SYBBI	Rehan	Qureshi	4	SYBBI	Gupta	Rohitkumar
40	SYBBI	Singh	Sanjana	42	SYBBI	Chaurashiya	Poonam
41	SYBBI	Chauhan	Divakar				



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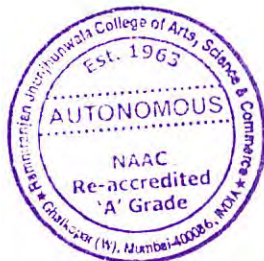
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Snap Shot of the session on Self Handling session

Certificate



[Signature]
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