



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's **RAMNIRANJAN JHUNJHUNWALA COLLEGE** of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

6. Project Name: Annapoorna Yojana (APY)

Teacher Incharge: Ms Priya Shetty

Number of beneficiaries: 07

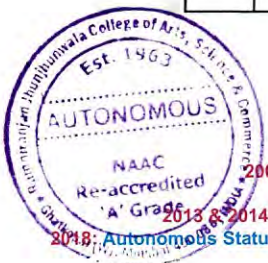
Report on Annapoorna Yojana (APY)

The department conducts extension work projects involving social issues and development of skills among the students. One such project offered by DLLE is the Annapoorna Yojana (APY) and its objective is to make students understand the concept of small-scale business and increase the self-reliance approach. Two training programs are conducted for the students yearly. In the first training program, students are oriented by teachers. During the training, teachers provide insight into the activities to be conducted in the first term for the Annapoorna Yojana (APY) activity, as well as brief them on the format of the report to be submitted by the students at the end of the year in second term training. 30 students from various streams participated in Annapoorna Yojana (APY) in the year 2021-22.

Under this project, students organize twenty-five sales (items to be sold can be food items or non-food items) either weekly or on alternate days on the college campus or nearby area or at the functions (Modes – Online, stalls, by order). They must keep an account of the cost incurred, sale proceeds, calculate profit/loss, etc. The students maintain a record in the below format.

Data / Records to be maintained:

Sr No	Date	Items	Qty. prepared	Unit cost	Total cost	Qty. sold	Unit Sale price	Total sale proceeds	Profit/Loss



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Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

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Finally, upon completion of 120 hours of work on APY, the project report must be prepared in a systematic manner based on observations and analysis, and conclusions must be drawn by the students at the end of the year. The projects are then checked by In-charge teachers and then by Course Coordinator appointed by the University of Mumbai.

Students who participate in this activity gain qualities and skills such as time management, decision making, interpersonal relationships, self-confidence, communication skills and negotiating skills, and an understanding of production and marketing.

Sr No.	Roll No.	M/F	Name	Email Id	Class
1	201	F	Muthu Mageshwari Rajendran Pechiammal	maddy24m97@gmail.com	TYBSc Physics
2	204	M	Bhavlekar Sandesh Sayaji Seeta	bhavlekar@gmail.com	TYBSc Physics
3	210	F	Londhe Trupti Ashok Kaushalya	-----	TYBSc Physics
4	223	F	Nair Sreelaxmi Sudhakaran Mini	sreelaxminair2@gmail.com	TYBSc Physics
5	308	M	Maurya Yogesh Ramnarayan	Yogeshma666@gmail.com	TYBSc Maths
6	314	M	Pandey Dheeraj Ramesh Durga	Dheerajrcd9988@gmail.com	TYBSc Maths
7	316	M	Parab Omkar Atul Nehal		TYBSc Maths

The orientation programme in the college was held on 25th July 2018. Asst. Prof. Sharmila Jajodia, Prof. Prabijna Babu and Prof. Dharmendra Tiwari and 6 student managers attended the first term training on 8 August 2017 organised by DLLE, University of Mumbai at Somaiya College, Vidyavihar.

The unit celebrated 150th year of Gandhi Jayanti as "Swachta Hi Seva" on 29th September 2018. The coordinator of the unit Asst. Prof. Sharmila Jajodia and 14 extension work students actively participated in the cleanliness drive and cleaned the gymkhana of the college. The unit also conducted intra-collegiate competitions- Speak for a Minute, Mono-acting, Poster Making, Writing Slogans, Street Play/Skit/ One Act Play, Solo Singing and Recitation of a Poem on the theme - **Gandhiji: Life and Thoughts**



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in Hindi, Marathi and English. The extension work students enthusiastically participated in Speak for a Minute, Poster Making, Slogan writing, Solo Singing and Recitation of a Poem. The unit conducted first term training programme for extension work students on 27th October 2018. The field coordinator visited the college to train the students about how to carry out various project activities and an intra collegiate Report Writing competition was conducted on the same day. The unit also conducted an elocution competition "On Eradicate Corruption- Build a New India" on 31st October 2018 sponsored by Central Bank of India during Vigilance Week. Some Extension work students and extension coordinator participated in Maha Walkathon on 18 November 2018 to create awareness on "Road Safety". The unit conducted an intercollegiate event "Jan Chetna: Youth Power, Community Welfare and Gandhi's Vision of India" comprising of two competitions- Debate and Creative Writing on current issues on 13 December 2018 to commemorate 150th year of Gandhi Jayanti. 03 extension work students under Anna Poorna Yojana project also set stalls in the college to sale eatable items on 17th December 2018. Asst. Prof. Sharmila Jajodia attended an organization committee meeting for Hosh Walkathon on 19th December 2018 at Golden Chariot Hotel, Andheri (West). Some extension work Students and Extension Coordinator participated in Hosh Walkathon from Shivaji Park to Siddhivinayak Mandir and back on 23 December 2018 to create awareness about A Healthy Organic Future organised by Ambagopal Foundation in association with Department of Lifelong Learning and Extension, University of Mumbai. The second term training at college level was conducted on 5th January 2019. The field coordinator visited the college on the same day and interacted with students to train them how to write of the project report. On 8th January 2019, Suraj Yadav, the student manager was selected as an anchor to comper Udaan Festival at Vedanta College, Ulhasnagar on 23 Jan. 2019. The unit also conducted an intra collegiate competition "On the Spot Poster Making Competition" on 9th January 2019. Four extension work students under Anna Poorna Yojana project also set stalls in the college to sale eatable items on 5th January and 14th January 2019.

10 extension wok students were accompanied by Asst. Profs. Sharmila Jajodia and Prabijna Babu to participate in annual festival Udaan- The Flight of Extension on 13 February 2019 at Chandrabhan Sharma College, Powai. They participated in intercollegiate 'On the Spot Poster Designing' and 'Street Play' Competitions. The students presented street play on the theme "Astrayed Youth" and also presented poster on Anna Poorna Yojana.

The unit organized poster/ chart exhibition and conducted talk/ presentation on various projects- career, population Education and Status of Woman in Society of extension activity on 22nd and 23rd February 2019. Approximately 100 Hindi High School students and teachers, R.J. College extension work students visited the exhibition besides R. J. College teaching staff. The unit also organized a talk entitled



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“Green Initiatives” by Dr. Kamlini Bandekar, Department of Geography, R. J. College on 22nd February 2018.

Shraddha Sonavane and Neha Paswan, the extension work students attended the Self Defence Training Programme jointly organized by Women Development Cell of D.G. Ruparel College and Department of Students' Development, University of Mumbai on 8th March 2018.

The field coordinator visited the college on 8th and 12th April 2019 to evaluate the project reports. The final evaluation and certification of the project reports was done by the University department on 12th April 2019.



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B

University of Mumbai



University of Mumbai
DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student : Gaud Sadhana LALLAN
(Beginning with Surname)

Class : T.Y. B.A (Eco) Div: A Roll No.: 10

Name and Address of the College :
Ramniranjan Jhunjhunwala College.
Ghatkopar (W) Mumbai - 400086

Name of the Extension Work Project: Anna Purna Yojana (APY)

Official 20-3-219
Signature of Extension Work Teacher

VSDhawane 8/4/19.
Signature of Field Co-ordinator



Ushu
Signature of Principal
& College Seal
RAMNIRANJAN JHUNJHUNWALA COLLEGE
GHATKOPAR, MUMBAI-400 086.

College records verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229 A
[Signature]
Director
Department of Lifelong Learning & Extension
UNIVERSITY OF MUMBAI

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[Signature]
Principal

Signature of the Director, DLLE with Seal

Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai - 400086.



Dr. Dilip S. Patil
Director, DLLE

Dear students,

It gives me a great pleasure to provide you guidelines about the Project Report to be submitted for your participation in annual extension work activities and partial fulfillment to avail the benefit of additional 10 grace marks in your final examination.

The Department of Lifelong Learning & Extension (DLLE) is established on October 12, 1978 and had been recognized as a Statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. Now it is recognized as one of the Teaching Department of University of Mumbai.

The Department acts as a focal agency in the University system for all Lifelong Learning & Extension Work programmes and to provide academic and technical resource support for community based activities in collaboration with Universities, departments and colleges. The Department serves as an intellectual intervention in the community's living problems which need to overcome through an educational process. It helps to deepen the teachers' & students' knowledge through a wider exposure to real life situations through a variety of programs.

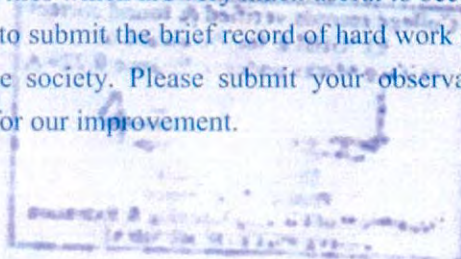
In addition to our other teaching responsibilities, the Department committed to conduct community oriented activities to **reach to unreached** sections of the society. To facilitate the sensitization of the student to the socio-cultural realities, the Department offers for the student, extension work projects encompassing social issues to develop a sense of responsibility towards society. These programs will help you to face life and its challenges with greater social commitment and thus create an ambience for a learning society. This will also enhance your employability skills & develop positive attitude towards community development work.

Hence, we anticipate investing your one hundred and twenty hours in one academic year for the welfare of the society through various activities involved in extension work. I am sure the qualities like Time Management, Decision-making, Interpersonal Relations, Leadership, Self-Confidence, Communication and Group Discussion Skills will be developed by your participation in these activities which are very much useful to become good citizen of India.

Here, I expect you to submit the brief record of hard work carried out by you to reach to unreached sections of the society. Please submit your observations, views and offer your constructive suggestions for our improvement.

Thanks to all,
Sincerely yours,

Dr. Dilip S. Patil
Director



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Principal

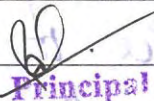
Ramniranjana Jha ... College,
Ghatkopar (W) ... Mumbai-400086.

- **Acknowledgement by the Student**

(Please mention the kind of support provided by DLLE Unit, Principal & Extension teachers, work place staff, community and others.)

The principal gave permission to us regarding the stall. The teachers were very supportive to us for the setup of the stall. The staff people, community and other workers were also supportive regarding what to put at the stall and management of the stall. Everyone was very co-operative. The best support was from the students side which took the things from our stall. All over was a nice help from everyone.

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Principal
Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

- **My reason for joining Extension Work Activity:**

The reason for joining Anna Poorna Yojana (APY) to know how business works. The profit loss that exists in business and how to tackle with loss and profit both. It was a way to know something related to business.

• Please write about:

- How I started
- How I was trained – acquired skills
- How I built rapport with the others/ community around.
- How I worked and the kind of work, carried out

It was a great difficulty to think about how to start, but eventually it all happened one after the other properly. First I had to put up the stall and find the place to set up the stall. I wasn't trained regarding this, we were just told to put up the stall anywhere, where we would think selling may happen. The people and the community around was very co-operative. The people helped us by taking our foods that we had prepared by our own. It was nice to work, as I had a good work to do, it was a nice experience to work, know people, community with them. It was a nice experience overall.

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Principal

Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.

As a normal person may think I too was thinking about profit and loss that will happen. How will the people respond to my work that I had done, will the people be supportive or not. Will people think about coming to my stall or not. All the expectations that I had were all fulfilled as I had profit in all the stalls that I had arranged. The people were quiet co-operative and at the end it was a nice experience.

- Please write about the difficulties you faced while conducting activities (if any):

It was a great difficulty to make the stall, how will it work, will it work or not, will people be nice or not. The things that I'll be preparing are they going to taste good or not and also whether there will be profit or loss. If people don't buy the things what will I do with the remaining things that I'll have. All these things were of great difficulty.

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[Signature]
Principal

- How did you overcome the difficulties?

The experience from the starting stalls was a great thing to overcome the difficulties. The mistakes that was done in the prior ~~sto~~ stalls were not repeated. The way to communicate with people tried to improve. Preparation of the things were done prior and I had seen to it that the things go properly. Proper time management was take care by me.

- How did you carry out activities? Give specific project related data / experience here.)

Firstly I had prepared the dish that I wanted to sell. Went to the college with the stuff. Arranged place where more and more people can come. Arranged for desks and benches for the set up. Finally put the stall in the college and started with the work. As the people were coming I was serving them with the dish. It was a great experience there.

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- What did you learn by Extension Activities? (gain / loss)

It ^{was} all about experiencing the thing, how it happens and all. It was a great experience as I was able to communicate with people and talk with them. The way to do business and how it works; how to earn profit and how to tackle with loss. The fear of people, crowd was overcome. It gave an idea about how to do business, in which business there will be more profit.

- How will Extension Work help you to contribute to the Society?

The stalls that will be put up will be for everyone even the people from poor society can take the pleasure, it won't be only for rich or middle class people. The job facilities may increase due to this which may offer people from the society for jobs. As the stalls may be put up near the societal area people need not have to go far for their purchase can buy at the nearest stall. ~~that~~ ~~was~~ might have been put up.

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- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)

I don't think so that improvements are required in extension work. because the things that are there it is quite good and up to the point. So from my side I don't think so any improvements are required.

- Remarks & feedback for extension work with suggestions (with illustrations if any):

The extension work is a great initiation from the college side, Preparing students for such things is great. It gives a good experience to the students about how to tackle with situations.

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1. *injury*

Sachdev

- Names of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit etc. (any other)

Sr. No	Date	Name of the activity such as: Street Play, group songs, poster, allocation, speech lessons etc.	Topic of the activity: (Save Food, Child Labor, Environment, Pollution, women empowerment etc.)	Participation for / as: writing, directing, performing, music or singing, poster designing, painting etc.	Location/ Place of performance (College / Community)	Poster prepared Yes / No	No of Hours	Signature of the Extension Work Teacher
1	7-7-18	1 st orientation prog.	APY	Selling	R-J College	No	5	
2	27-10-18	2 nd team training	APY	Listening Setting	R-J College	No	5	
3	Bas	Essay writing	APY	-	R-J		10	
4	5-1-19	team training	APY	Listening	R-J College	No	5	
5		Report	APY	Writing		No	15	
							10 hours	

Please give other details (if any):

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• Details of the activities attended by you performed at college or community level:

Sr. No	Name of the Activity	Yes / No	Date	Place / Location	Topic / Subject	Participated as	No. of Participants	No of Hours
i	Exhibition							
ii	Seminar, Talk, Speeches							
iii	Visits							
iv	Street Play							
v	Competitions held such as Elocution, Rangoli, Poster Making, Street Play, Quiz, Debate, Essay, Craft Making, etc.	✓			Noise Pollution	Yes	No	
vi	Lessons taken by students if any (for B. Ed. students)							
vii	Interview / survey			No. of persons interviewed				
viii	Any other Activity							

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my first stall was 'Aalo' & 'Poha'. It was great experience for me because first time I made stall my own & buys sell the food items & my second stall was 'Chana Tor' which is to all items made by me. I am very appreciating from buyers because they very much like my food items & they collected from me. It's help me for profit gain & also know how to start & same ideas for business. Above stalls located in my college premises. which is college teachers, students supports me a lot for purchasing food. my other food items stall was located in chunabhatti areas near my home. which upma & sabudana. I get one things

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my all food nice breakfast so
 my timing was at morning.
 near & because, most of the appreciated
 me. I was also enjoying the stall
 of work.

my all items I get profit not
 loss - because I also alert to every
 consumers taste & preference. so I
 thing, here, I got profit. my
 food items prices are very less like
 only 10 ₹, only 10 ₹ easy to buy.

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 Ramniranjan Jhunjhunwala College,
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Conclusion :-

I would like to concluded, I definitely get more alertness about business. little little mistake I can forgive & also other persons help to do. I really appreciated from my work. I decided, in future my one own hotel is open by me.

* DETAILS of The Activity

Sr. No	Name of Activity	Term	place / location	No of hours	Sign	Date
1.	Selling	Aloo Poha	R.J. College	5		17-12-19
2.	Selling	Chana Thor	R.J. College	4		14-12-19
3.	Selling	cream	chunabhathi	2		25-12-19
4.	Selling	upma	chunabhathi	4		1-1-20
5.	Selling	cream	"	3		2-1-20
6.	Selling	oil	"	2		25-1-20
7.	Selling	cream	"	2		28-1-20

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8	Selling	Shampo	chunabhatti	2		30 ¹ / ₂ -19
9	selling	Idli	"	5		41 ¹ / ₂ -19
10	Selling	cream	"	2		26 ¹ / ₂ -19
11	Selling	cream	"	4		29 ¹ / ₂ -19
12	Selling	Oil	"	2		11 ² / ₂ -19
13	Selling	Oil	"	2		41 ² / ₂ -19
14	Selling	Oil	"	4		10-2-19
15	Selling	Idli	"	4		15-2-19
16	Selling	Shampo	"	2		26-2-19
17	Selling	pen	"	3		30- ¹ / ₂ -19
18	Selling	Lipistic	"	2		3 ¹ / ₂ -2-19
19	Selling	Savpuri	"	4		5-2-19
20	Selling	chana masu	"	3		8-2-19
21	Selling	cream	"	2		15-2-19
22	Selling	Lipistic	"	4		17-2-19
23	Selling	cream	"	4		19-2-19
24	Selling	Oil	"	4		23-2-19
25	Selling	Sabudana vada	chunabhatti	5		26-2-19

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Total
hours - 87



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NOISE POLLUTION

NOISE POLLUTION

also known as environmental noise or Sound Pollution, is the propagation of noise with harmful impact on the activity of human or animal life. The source of outdoor noise worldwide is mainly caused by machines, transport and propagation systems.

Poor urban planning may give rise to noise pollution, side-by-side industrial and residential buildings can result in noise

pollution in the residential areas. Some of the main sources of noise in residential buildings can result

in noise pollution in the residential areas. Some of the main sources of noise in residential areas

include loud music, transportation noise, lawn care maintenance, nearby construction, or young people yelling (sports games). Noise pollution associated with household

electricity generators is an emerging environmental degradation in many developing nations.

The average noise level of 47.60 dB obtained exceeded the WHO value of 50dB allowed for residential areas. Research suggests that noise

pollution is the highest in low-income and racial minority neighborhoods. Documented problems associated

with urban environment noise go back as far as ancient Rome.

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High noise levels can contribute to cardiovascular effects in humans and an increased incidence of coronary artery disease. In animals, noise can increase the risk of death by altering predator or prey detection and avoidance, interfere with reproduction and navigation, and contribute to permanent hearing loss. While the elderly may have cardiac problems due to noise, according to the World Health Organization, children are especially vulnerable to noise, and the effects that noise has on children may be permanent.

Noise poses a serious threat to a child's physical and psychological health, and may negatively interfere with a child's learning and behavior.

Noise Pollution or Sound Pollution refers to the presence of excessive and disturbing noise (from machines, transportation systems, aircrafts, trains, etc) in the environment that is very harmful to the physical and mental health of the living beings on earth.

Noise Pollution is generally defined as regular exposure to elevated sound levels that may lead to adverse effects in humans or other living less than 70 dB are not damaging to living organisms, regardless of how long or consistent the exposure is. Exposure for more than 8 hours to constant noise beyond 85 dB may be hazardous. If you work for 8 hours daily in

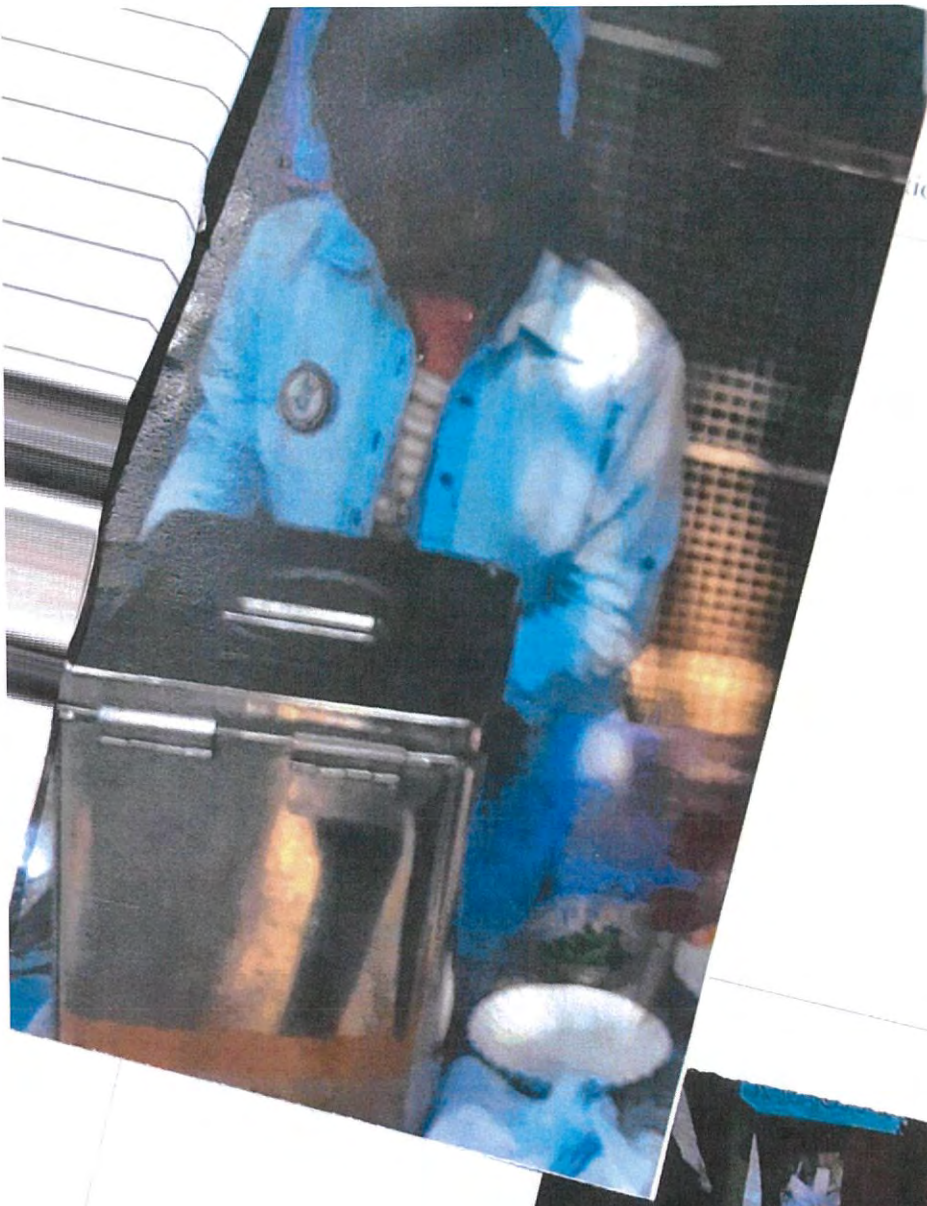
highway, you are very likely exposed to traffic noise pollution around 85 dB. may be hazardous. if you work for 8 hours daily in close proximity to a busy road or highway, you are very likely exposed to traffic noise pollution around 85 dB.

This type of pollution is so omnipresent in today's society that we often fail to even notice it anymore.

- Street traffic sounds from cars, buses, pedestrians, ambulances etc.
- Construction sound like drilling or other heavy machinery in operation.
- Airports, with constant elevated sound from air traffic, i.e. planes taking off or landing.
- workplace sounds, often common in open-space offices.
- constant loud music in or near commercial venues.
- industrial sound like fans, generators, compressor mills.
- train stations traffic.
- Household sounds, from the television set to music playing on the stereo or computer, vacuum cleaners, fans and coolers, washing machines dishwashers lawnmowers etc.
- events involving fireworks, firecrackers, loudspeakers etc.

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ion in extension work activities. (Optional)



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