



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

## NOTICE

### NSS UNIT

DATE: - 31st August to 2nd September 2021.

Mumbai University NSS in Association with The Art of Living for  
RamniranjanJhunjunwala College of arts, Science and Commerce (Autonomous)

Covid Care Immunity Booster for Students

Art of living has launched these programs all across India to support the fight against the pandemic. These programs help improve people's mental and physical health.

Date: 31st Aug '21 to 2nd Sep '21

Time: 5:00 p.m. to 6:00 p.m.

Via Zoom

College Code: MU-062

Mandatory Registration Required:

<https://forms.gle/jgQnqSrGpSto1Zxs5>

Join this Telegram to receive Zoom Meeting Link:

[https://t.me/joinchat/WjptA8Uo\\_ZA3YjY1](https://t.me/joinchat/WjptA8Uo_ZA3YjY1)

Indian adults reported that the COVID-19 pandemic negatively impacted work routine by 43%, sleep routine by 41%, ability to sleep well by 36%. Increased stress by 50%, Deteriorated physical health by 35% and impacted mental/emotional health by 47%.

*M. Panchal*

**Dr. Mangesh Panchal**  
(NSSPO)

*G. Joshi*

**Dr. Geeta Joshi**  
(NSSPO)

*H. Dawda*

**Dr. Himanshu Dawda**  
(Principal)

PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA



2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No. Aff./ICD/18-19/440 - 08.06.2018)





# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

**NAME OF THE EVENT:** - 'Art of Living' online webinar.

**Date:** - 31st August to 2nd September 2021.

**Report:** - Art of Living was three-day online webinar which was conducted during second covid wave during lockdown for 1 hour this was the event which was necessary for the students since it was covid care booster for them and it was organized across India. During this event students got to learn how to take care of themselves mentally and physically. Various yoga poses and pranayama had been shown to keep ourselves healthy during lockdown. During online webinar students were performing the various activities as instructed by speaker while keeping their camera on.

**No of Volunteers:** - 27



  
PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)





# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

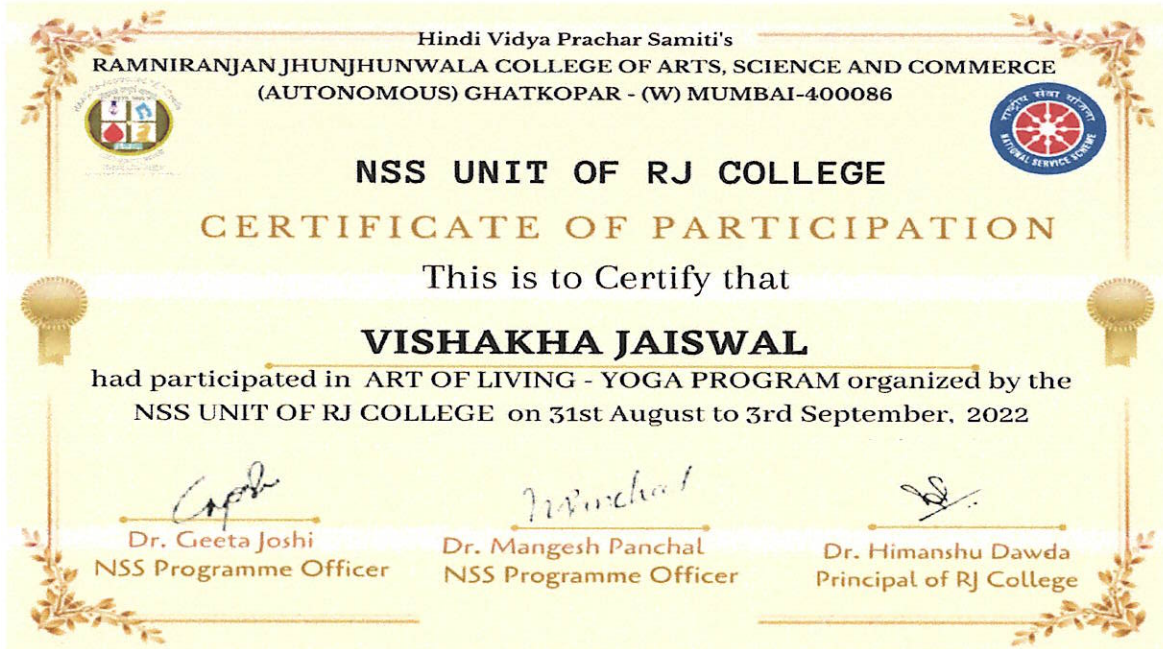
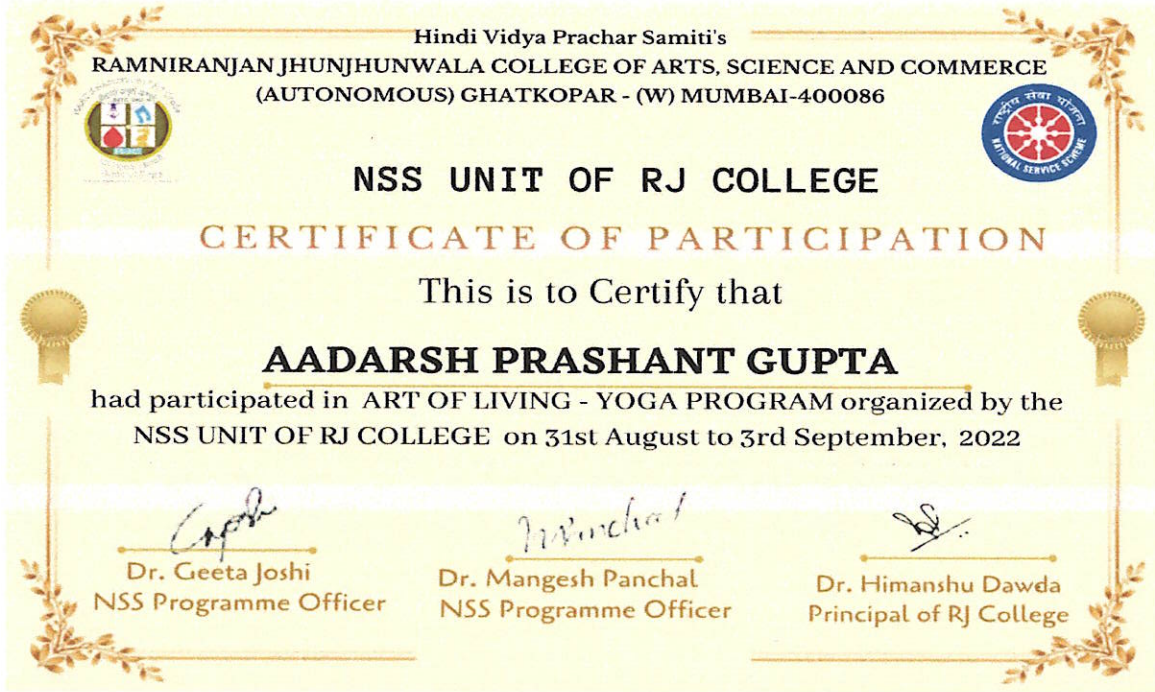
(Hindi Vidya Prachar Samiti's **RAMNIRANJAN JHUNJHUNWALA COLLEGE** of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)



  
PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No. Aff./ICD/18-19/440 - 08.06.2018)





# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

## List of volunteers: - 27

Sr no	Name of Volunteers	Class	Div.	Roll no
1	Aadarsh Gupta	SYBT	E	15
2	Anshika Singh	SYBSC	C	657
3	Kajal Yadav	TYBSC	B	637
4	VishakaJaiswal	SYBSC	F	10
5	Bhumika Gupta	SYBSC-CS	F	79
6	Mohd Ansari Adnan	TYBSC	B	204
7	MohdIrshad Khan	TYBSC		
8	ArpitMallah	SYBSC-CS	F	90
9	Riya Bhiwandkar	SYBT	E	2
10	Abhishek Gupta	TYBSC-CS		
11	JayeshPande	SYBT	E	
12	DishanPoojari	SYBMS		
13	Dinesh Yadav	TYBCOM		
14	SakshiMohile	SYBCOM	B	251
15	KinjalGohil	SYBT	E	9
16	VaishnaviKalekar	SYBT	E	15
17	Om Yadav	SYBSC	C	763
18	Aakansha Gupta	TYBCOM	B	222
19	AnkitaPatil	SYBSC	C	533
20	Roshani Vishwakarma	SYBSC	C	686
21	Shreya Singh	SYBCOM	C	486
22	Shivani Gupta	TYBCOM	B	703
23	Anjali Gupta	SYBCOM	B	219
24	Sheetal Yadav	SYBSC	C	765
25	Nisha Mishra	TYBCOM	C	839
26	Aditi Madathingal	SYBT	E	19
27	Siddhi Bendre	SYBSC	C	605



PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)