



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date: 18/04/2021

AS A PART OF STUDENT CAPACITY BUILDING INITIATIVE IN COLLABORATION WITH ROTARACT CLUB RAMNIRANJAN JHUNJHUNWALA COLLEGE

As a part of professional development initiative an online session on "Skill Festa" is organized for the students with a motive to build the skills not a resume only. The session will be held on 25th April, 2021 at 3pm onwards.

Speaker: Mr. Sumit Pawar

The detail for joining session:

Meeting ID: 918900988

Passcode: 346635

All are cordially invited

Prof. Selvi Nadar

BMS Coordinator



Dr. Himanshu Dawda

Principal

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Project Name SKILL FESTA

Avenue 1 Professional Development

Start Time 25-04-2021 10:00:00 End Time 25-04-2021 15:00:00

Project Level Global

•The main Motive of the event was to build the skills and not the resume. The important part was that the skills which should be inculcated like, Emotional, physical and mental is really very crucial in one's life. Skill development plays a vital role in everyone's life and hence to build that there were 3 sessions conducted back to back on physical, Relationship maintenance and emotional quotient. Meeting was arranged for the discussion of the project. Chairpersons were released. Jpeg and PR messages were prepared. Various clubs from Different districts were proposed with an offer for collaborative work. Invitation to all the 3 speakers were sent. Invitation were accepted. Zoom link was created and spread across. PR activity started with a boom. One day President Rtr. Pushkar Patil called the Project Skill fest to order at 10 am sharp. One day secretary Rtr. Asha Saroj gave a warm welcome to everyone and called upon Rtr. Tabish to introduce our first speaker trainer Mr. Siddhant Sawant. He started karate in 2006. He has achieved - WFSKO WORLD FUNAKOSHI SHOTOKAN KARATE ORGANISATION, National international medalist State level kickboxing bronze, Diploma in thang ta (a form of martial art). He has gained Black belt in 2012. The motive was to inculcate the need, the importance of self defense wherein in this technology driven hectic world no one is concerned about one's personal physical fitness and the ability to defend themselves when one encounters an unforeseen circumstance. The session began with the speakers introduction and a basic discussion about what self defense in a nutshell is. Then the speaker snowballed with the session initially few techniques were taught and the physical application of it was demonstrated (literally) with a volunteer. Further then how can one escape from different types of attacks [for instance: the bear hug, the scissor, the shoulder locks] and safeguard themselves by temporarily disabling the enemy to make any further move & resort to other help. Various punches, techniques, strikes were taught the difference between which strike would be more lethal was also explained and what one can do if one or more attackers attack & how can one defend it - all of this was demonstrated. Next strand of the session was to share some knowledge about the legal provisions which are enshrined in the constitution which safeguards every citizen on the Indian soil from the miscreant criminal activities (eve teasing, catcalling, stalking, harassment, cyber threats, domestic violence) so for this the legal provisions were explained and the constitutional machineries which come into picture were too discussed. This segment was conducted by Adv. Priya Sawant (BLS LLB, Bombay high court) Moving ahead in the next 15 minutes all the combat techniques were revised and the session ended with a QnA round. The next started at 12 PM sharp and Rtr. Nawaz gave introduction of Mr. Sumit Pawar.





3/2 PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No. Af./ICD/18-19/440 - 08.06.2018)



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

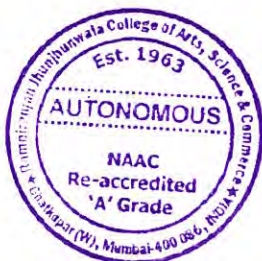
Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

He is the founder of the Knit, an LGBTQIA+ collective that seeks to mobilize India's queer community and themarginalized women through social media and events. He is also the founder of Splash events and Queer kala: space that aim at bringing together individuals across sexual and gender identities through creativity and art. He is co-owner of the inclusive and open dialogue café called Café Guftagu. He is also the president of Impulse Mumbai, a volunteer based group working to raise awareness about stigma related to HIV/ STIs, sexual and mental health in queer community. Sumithas tremendous grassroots expertise and experience in consultancy. His recent film, Khawaish won the best silent film at Out and Loud Pune International Queer film festival and 1st price at bluequeer flicks 2019. He started his session with great zealousness. He asked various questions to the participants about puberty, mental and physical change etc. He explained in detail about the changes which is seen in everyone irrespective of gender. He also mentioned about the emotional change which is seen in the person regarding what he/ she attracted towards and what are their needs which they want to satisfy. Sumit also mentioned about physical need which a person desires like, Masturbation, night fall etc. and explained everything without any hesitation just to keep everything clear in the mind of the participants that these things are normal activities which happens and there is nothing to get worried about or ashamed about. Latter everyone started asking their queries and Sumit answered each one of them. The third and final session at 2:10 PM. Devanshi Parekh addressed us about how to handle our private relationships and professional relationships as she has completed, private relationships and professional relationships as she has completed, Her masters in emotional intelligence and life coaching. She's also a NLP Practitioner, EFT Practitioner, level 1 hypnosis expert, emotional intelligence trainer, behavioral intelligence expert.




PRINCIPAL

RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No. Aff./ICD/18-19/440 - 08.06.2018)



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Attence

SR.NO	Stuent Name	SR.NO	Stuent Name
1	Esha	15	Ankit
2	Aditi	16	Pratik
3	Tulsi	17	Sakshi
4	Nupur	18	Supriya Rajesh
5	Shahin	19	Chaitanya
6	Akash	20	Tapisha
7	Surbhi	21	Sushil
8	Neha	22	Sayyed Zakir
9	Atharva	23	Deepak
10	Sahana	24	Manju
11	Aarti	25	Aditi
12	Yukti	26	Vandana
13	vikas	27	Adarsh
14	Shaikh Sohel	28	Anurag



PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Skill Festa



2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No. Aff./ICD/18-19/440 - 08.06.2018)

PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA