



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date: 06/10/2020

AS A PART OF STUDENT CAPACITY BUILDING INITIATIVE IN COLLABORATION WITH ROTARACT CLUB RAMNIRANJAN JHUNJHUNWALA

As a part of community service and professional development project an online event "Solace: Phase-2 Music and Movement Therapy" is organized for the club members with objective to distress people during Covid19 lockdown with the help of art therapy.

The event will be held on 11th October, 2020 at 7 pm onwards.

The details of zoom live link:

Meeting ID: 918900988

Passcode: 346635

All are cordially invited.

Prof. Selvi Nadar

BMS Coordinator



Dr. Himanshu Dawda

Principal

I/PRINCIPAL
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Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA

2019: Star College Status by DBT

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Project Name Solace: Phase 2- Music and Movement Therapy

Venue -Zoom Conference

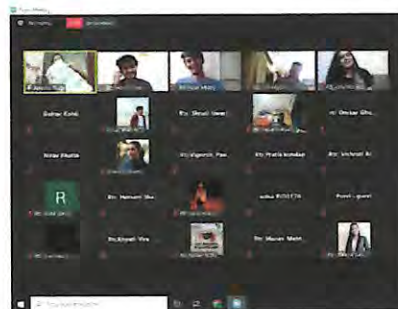
Reporting Month -October Quarter Two

Avenue- 1 Community Service Avenue 2 Professional Development

Start Time 11-10-2020 07:00:00 End Time 11-10-2020 08:00:00

Project Level Club

- Distress, Frustration, Mental exhaustion are some of the conditions which are faced by almost everyone amidst COVID-19 pandemic. Rotaract club of Dahisar Coast along with 8 other rotaract clubs, in association with Fortis Health Care & supported by Rotaract club of Mumbai Dahisar organized a session on Music and Movementtherapy.
- Speaker for this interactive session was AnushaTyagi ,CID-UNESCO certified Expressive Arts based Therapist with the Department of Mental Health and Behavioral Sciences from Fortis Health care. The session began by 7:00 pm. Secretary of Rotaract club of Dahisar Coast, RtrShreyans Jain acknowledged all the dignitaries, co-host rotaract clubs & all the participants who were attending this event. He also warmly welcomed everyone attending this session & asked Rtr. Palak Mistry from Rotaract Club of Dahisar Coast to introduce our speaker which was followed by commencement of the therapy session by Ms. AnushaTyagi.
- Ms. AnushaTyagi conducted this therapy session. She conducted several activities & involved the participants into it. She cleared all grievances of the participants the session. Rtr. Hemani from Rotaract Club of Dahisar Coast proposed a delightful vote of thanks.
- Number of members attended the session from the host & co-host clubs are as follows:
- There are all total 13 Host & Co-Host clubs





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ATTENDANCE

SR.NO	NAME	SURNAME	SR.NO	NAME	SURNAME
1	Esha	Singh	24	Manju	Yadav
2	Aditi	Upadhya	25	Aditi	Sharma
3	Tulsi	Singh	26	Vandana	Dalai
4	Nupur	Rathod	27	Adarsh	Singh
5	Shahin	Shaikh	28	Anurag	Sharma
6	Akash	Varma	29	Anurag	Agrahari
7	Surbhi	Singh	30	Asha	Saroj
8	Neha	Pandey	31	Ayush	Tripathi
9	Atharva	Talwar	32	Bhushan	Pawar
10	Sahana	Shaikh	33	Iqra	Ansari
11	Aarti	Prajapati	34	mahek	Chaturvedi
12	Yukti	Verma	35	Nawaz	Shaikh
13	vikas	prajapati	36	Premprakash	Prajapati
14	Shaikh Sohel	Salim Shaikh	37	Priya	Yadav
15	Ankit	Pandey	38	Sarika	Sreedhar
16	Pratik	Jagadale	39	Tabish	Bandri
17	Sakshi	Singh	40	Vedang	Dhuri
18	Supriya Rajesh	Baranwal	41	Vishakha	Thakkar
19	Chaitanya	Thakur	42	Shruti	Sahu
20	Tapisha	Belkond	43	Manasvi	Pandey
21	Sushil	Gosavi			
22	SayedZakir	Israr Ahmed			
23	Deepak	Yadav			



S/c PRINCIPAL
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Solace Phase 2



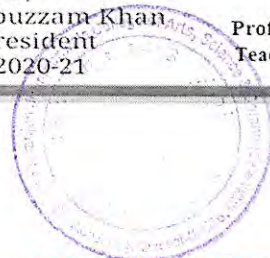
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