



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

DATE:08/10/2020

AS A PART OF STUDENT CAPACITY BUILDING INITIATIVE IN COLLABRATION WITH ROTARACT CLUB OF RAMNIRAJAN JHUNJHUNWALA COLLEGE

A session on healthy lifestyle and how to tackle challenges of life "ASTITVA 2.0" by the speaker "Nishtha Nishant" will held on 11th October, 2020 at 3:00 pm.

The detail for joining session:

Meeting ID: 918900988

Passcode: 346635

All are cordially invited.

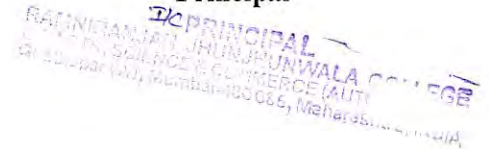
Prof. Selvi Nadar

BMS Coordinator



Dr. Himanshu Dawda

Principal



2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RENQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

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Project Name Astitva 2.0

Venue Zoom meeting Time Stamp 2020-11-10 14:56:28.135718

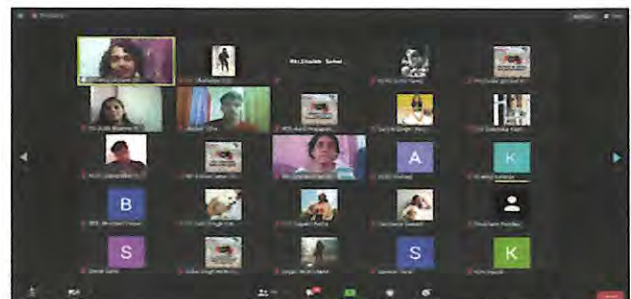
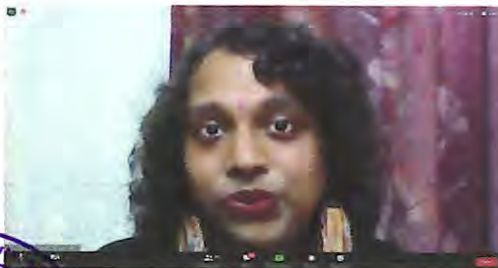
Reporting Month October Quarter Two

Project Status On Time Avenue 1 International Service Start Time 11-10-2020 15:30:00

End Time 11-10-2020 16:51:00

Project Level Club

- To make the audience learn to believe themselves, as every individual is different from one another and everyone has the capabilities to make some bid something worth, and the speaker Nishtha Nishant is a great example for it.
- The main aim was to make the audience understand How we can except all the criticisms for us and use it for our self growth and tackle challenges in our ways powerfully. And to be the best version of own self. Firstly, we approached the speaker Nishtha Nishant. Sent her the invitation to join us on 8th August.
- Jpeg and PR message was released. A zoom meet was called out two days prior the event to fix the agenda. WhatsApp group was created and everyone was added in the group
- And through the group, sent instructions to members for maintaining decent image. After that meeting link was sent to our guest and audience likewise event started at 3:30 PM.
- It was a great event which took place where in After listening to Nishtha's experience and Achievements. everyone around was filled with motivation and some great life lessons which everyone should follow for a healthy and peaceful lifestyle.
- How the speaker conveyed the message to us was magical. Her experience as a transgender and her struggle in spreading the message was incredulous and amazing. She also gave the message that how LGBTQIA community is not different than others, and everyone should be treated equally in which ever stream they opt to work in. And speaker also addressed about mental health.



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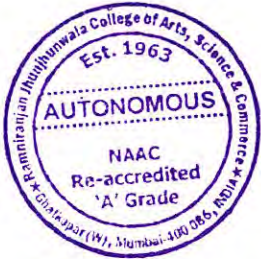
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ATTENDANCE

SR.NO	First Name	Last Name	SR.NO	First Name	Last Name
1	Mouzzam	Khan	17	ShaikhSohel	SalimShaikh
2	Shubhada	Avate	18	Ankit	Pandey
3	Rohan	Jana	19	Pratik	Jagadale
4	Esha	Singh	20	Sakshi	Singh
5	Aditi	Upadhya	21	Supriya Rajesh	Baranwal
6	Tulsi	Singh	22	Chaitanya	Thakur
7	Nupur	Rathod	23	Tapisha	Belkond
8	Shahin	Shaikh	24	Sushil	Gosavi
9	Akash	Varma	25	SayyedZakir	Israr Ahmed
10	Surbhi	Singh	26	Deepak	Yadav
11	Neha	Pandey	27	Manju	Yadav
12	Atharva	Talwar	28	Aditi	Sharma
13	Sahana	Shaikh	29	Vandana	Dalai
14	Aarti	Prajapati	30	Rahul	Shah
15	Yukti	Verma	31	Ritika	Singh
16	vikas	prajapati			




I/c PRINCIPAL
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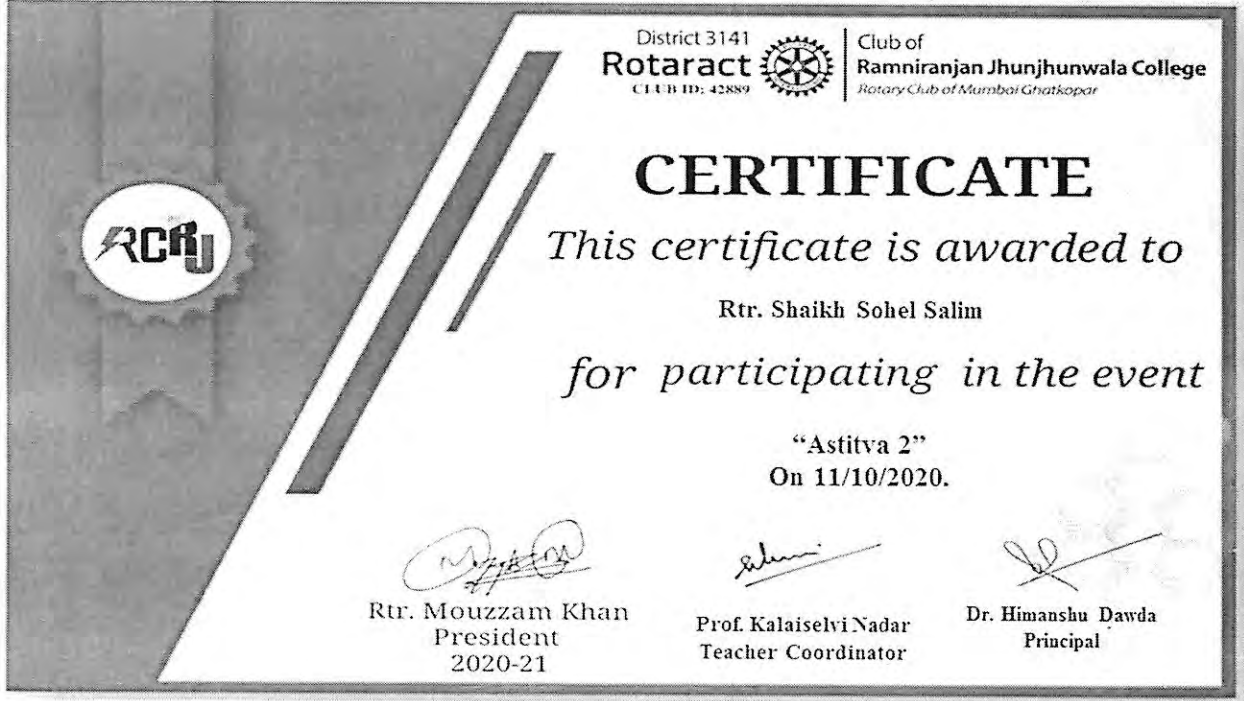
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Astitva 2



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