



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Department of Life Long Learning and Extension (DLLE) Unit, Ramniranjan Jhunjhunwala College, Ghatkopar (Autonomous)

Report on projects carried out by registered students

Academic Year 2020-2021

Co-ordinator: Dr Vaishali Raikwar

Total beneficiaries:121

The Department of Life Long Learning and Extension is a statutory department under the Mumbai University formed in 1978 to promote meaningful and sustained rapport between the university and the community. The motto of DLLE is "TO REACH THE UNREACHED". The department carries out extension work projects encompassing social issues. Students get themselves registered for the projects by paying the registration fee of Rs 100. The First term training programme and Second term training session are arranged for the students. During the training teachers give insight about the activities to be conducted in the first term for the extension activities and also brief them about the format of the report to be submitted by the students at the year-end in second term training, details about the students participation in UDAAN festival and its benefit is also shared with the students.



PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

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2. Project Name: Survey of Women's Status (SWS)

Teacher Incharge: Mrs. Jeba Roselet and Ms. Priyanka Nimse

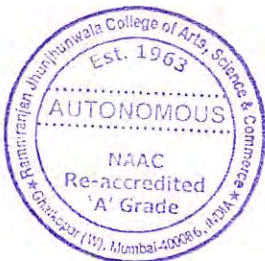
Number of beneficiaries: 61

Report on Survey of Women's Status (SWS)

Survey of Women's Status (SWS) is one project offered by DLLE. Around 61 students from various Streams of Ramniranjan Jhunjhunwala College have enrolled for the project. This is a survey-based project. Students get themselves registered for the project by paying the registration fee of Rs 100. The First term training programme and Second term training session are arranged for the student. During the training teachers give insight about the activities to be conducted in the first term for the SWS activity and also brief them about the format of the report to be submitted by the students at the year-end in second term training, details about the student's participation in UDAAN festival and its benefit is also shared with the students.

Students enrolling under the activity have to survey the women from the age group of 18 to 45. A Google form quiz is prepared for interviewing and collecting the data, an excel worksheet is prepared for further analysis. The questionnaire contains 20 questions about the respondents' personal details, views, their rights and their awareness in understanding the status of women in society. Students have to determine the area for survey, build rapport with the community and share knowledge on various women policies. Finally, the project report has to be prepared systematically on completion of 120 hours of work on the Extension Work Projects undertaken by them as per the required formats based on the observations and analysis. They need to draw a conclusion about the Status of Women in Society.

Students undertaking this survey can boost their confidence level by connecting with society, develop their analytical skill, understand socio-economic problems faced by women and to create awareness among society in understanding their rights.




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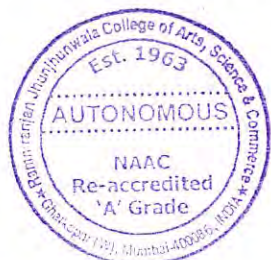
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List of Students Enrolled for Survey of Women's Status (SWS) Project

Sr No.	Class	Roll Number	Gender	Name	Email Id
01	FY BBI	31	M	Pandey Suraj Anilkumar	surajpandey2401@gmal.com
02	FY BSc	22	F	Jha Prerna Anil	jhaprerna2003@gmail.com
03	FY BSc	82	M	Singh Vishal Rajkumar	vs886625@gmail.com
04	FY BSc	105	F	Yadav UjalaIndrapal	ujalay52003@gmail.com
05	FY BSc	210	F	KusundalTaram Mohan	taramkusundal@gmail.com
06	FY BSc	780	M	Takkalaki Ganesh Chandrakant	ganesh.takkalaki@gmail.com
07	FY BCom	242	M	Jaiswal Hemant Anil	hemantjaiswal454@gmail.com
08	SYBAF	17	F	Mishra JanhviIndramaniShobhavati	mishrajanhvi500@gmail.com
09	SYBAF	29	F	Shukla Neha Mukesh Kumar	nehashuk202@gmail.com
10	SYBAF	37	F	Yadav Neha Siddhant	nehu86d2002@gmail.com
11	SYBAF	49	F	MaitySupriyaKhudiram	supriyamaity312@gmail.com
12	SYBAF	51	F	Singh Yashi Sushil	yashisingh45769@gmail.com
13	SY BBI	3	F	Dubey Priya Sudarshan	priyadubey2318@gmai.com
14	SY BBI	11	M	Khan Naved Noor Mohd Shahnaz	kzuhaan27@gmail.com
15	SY BBI	19	M	Pandey Shubham Chandraprakash	shubhpandey121213@gmail.com
16	SY BBI	24	F	Pujari Jaya Gurunath	jayapujari2002@gmail.com
17	SY BBI	30	F	Shukla Annu Ravindra Kumar	8657227201annu@gmail.com
18	SY BBI	38	F	Vishwakarma Kiran Shobhnath	kiranvishwakarma9951@gmail.com
19	SY BBI	42	F	Yadav Suruchi Surendra	suruchiyadav11092@gmail.com
20	SYBCom	17	F	Chauhan Gudiya Vijaynarayan	gudiyachauhan114@gmail.com
21	SYBCom	243	F	Jaiswar Priya Kamlesh	jaiswarpriya7@gmail.com
22	SYBCom	307	F	Sharma Kajal Jayprakash	kajalsh2k21234@gmail.com



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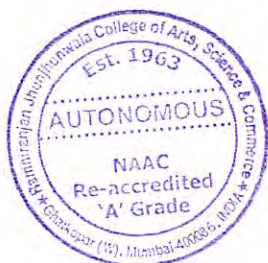
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23	SYBCom	348	F	Yadav Nidhi Mahesh	nidhiyadav1308@gmail.com
24	SYBCom	350	F	Yadav Palak Subhashsingh	yadavpalak2907@gmail.com
25	SYBCom	462	F	Mishra SuchiShyamsundar	mishrasuchi10@gmail.com
26	SYBCom	463	F	Mishra TanuChandraprakash Anita	tanuucm@gmail.com
27	SYBCom	487	F	Siddiqui Nikhat Jahan Meraj Ahmed.	nikhatsiddiqui1947@gmail.com
28	SYBCom	493	F	Singh Diksha	dikshasingh90222@gmail.com
29	SYBSc	74	F	Khan Arsheya Aziz	arsheyakhan890@gmail.com
30	SYBSc	530	F	Yadav Pranjal Rajendra	pranjalrajendrayadav@gmail.com
31	SYBSc	551	F	Vishwakarma Sneha Ramesh	snehavishwakarma71101@gmail.com
32	SYBSc	611	F	Gupta Ritu Amarnath	ritu9550@gmail.com
33	SYBSc Comp Sci	69	F	Singh Janvi Prem	janvisinghjs306@gmail.com
34	TY BBI	1	F	Agam Kajal Dada	kajalagam2001@gmail.com
35	TY BBI	2	F	BhogleDivya Pradeep	bhogledivyanita@gmail.com
36	TY BBI	7	F	GirkarKrutika Sham	krutikagirkar514@gmail.com
37	TY BBI	17	F	Khond Harshada Rajendra	aakukhond@gmail.com
38	TY BBI	25	M	Prasad Sachin Rajendra	prasadsachin23@gmail.com
39	TY BBI	35	F	Tiwari Komal Jagdish	0208tiwarikomal@gmail.com
40	TY BBI	40	F	Siddique Atifa Abdul Kalam	naziyasiddique2630@gmail.com
41	TY BBI	42	M	MaitriSimanBhamshah	simanmaitri2312@gmail.com
42	TY BCom	48	F	LanjwalAkshata Vishwas	akshatalanjwal967@gmail.com
43	TY BCom	57	F	Mane Mansi Ulhas	manemansi817@gmail.com
44	TY BCom	75	F	Rai Vanshika Krishna Kumar	vanshikarai37@gmail.com
45	TY BCom	212	F	Chavan AkshataNamdev	akshatac121@gmail.com
46	TY BCom	274	F	Patel Heena Adam	patelheena1012@gmail.com
47	TY BCom	336	F	Thosar Kalyani Vijay	kalyanithosar19@gmail.com
48	TY BCom	367	F	Yadav Laxmi Rajesh	laxmiyadav25820@gmail.com
49	TY BCom	402	F	Awati Namrata Bahubali Ujwala	namrataawati982@gmail.com




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50	TY BMM	1	F	Shaikh AashiShahalam	Aashishahalamshaikh@gmail.com
51	TY BMM	13	F	PoojariAnupriya Sudhakar	poojarianupriya@gmail.com
52	TY BSc Comp Sci	7	F	Gupta Anjali Omprakash	anjalogupta0424@gmail.com
53	TY BSc Comp Sci	57	F	Singh Srishti Bijendra	srishtisingh924@gmail.com
54	TY BSc Comp Sci	74	F	DumbreSrushtiDilip	dumbresrushti20@gmail.com
55	TY BSc Comp Sci	76	M	Mallah Vishnu Mohan	mallahvishnu150200@gmail.com
56	TY BSc Comp Sci	98	M	Yadav UttamRadheshyam	yuttam67@gmail.com
57	TY BSc Zoology	615	F	Gunjal Poonam Jijaba	gunjalpoonam17200@gmail.com
58	TY BSc Zoology	617	F	Gupta Roma Pawankumar	romagpt2001@gmail.com
59	TY BSc Zoology	645	F	Singh Aanchal Nagendra	aanchalsingh.9029@gmail.com
60	TY BSc Zoology	646	F	Singh Anchal Dharmendra	achalsingh156@gmail.com
61	TY BSc Zoology	668	F	Yadav Neha Vijay Sadhana	ynvsofficial@gmail.com




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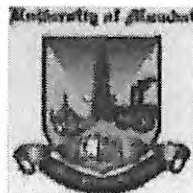
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UNIVERSITY OF MUMBAI

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student: Singh Aanchal Nagendra

(Beginning with Surname)

Class : TY .BSc Div: C

Roll No.:645

Name and Address of the College: Ramniranjan Jhunjunwala College of Arts Science and Ghatkopar West Mumbai 86

Name of the Extension Work Project: SWS(status of women in society)

Mrs Sushma Singh

Prof Vaishali Dhaware

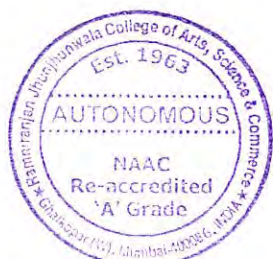
Signature of Extension Work Teacher


Signature of Field Co-ordinator

Signature of Principal

& College Seal

Signature of the Director, DLLE with Seal




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- Acknowledgement of the student

(Please mention the kind of support provided by DLLE Unit, Principal & Extension Teachers, work place staff, community and others.

It was great experience to work with entire DLLE Unit

I have been helped and motivated through out the activities

Even though in such critical pandemic situation too our student manager never failed to help us with all the queries.

I am really grateful to be part of this project.

Thanks To Field Co-ordinator Vaishali Dhaware mam .

- My Reason for joining Extension Work Activity:

One of my professor from the DLLE Unit informed us about this activity

So, I came across extension activity last year and the topic that spoke to me the most was SWS .

I was very much influenced by the topic I needed to know what really is the status of women in society I was willing to acknowledge those women who were still struggling to fit in the society according to society.

who were unaware laws made for women and importance of education , where they stand in decision making of their families whether they are treated equally in their family.

I needed to know if there are such women who has made something out of their selves and I wanted to help to those who wanted to do so.

We wanted to know where we women stand in the society, what are their thoughts and what changes should be brought in our society for women.

- Please write about:

- How I started
- How I was trained — acquired skills
- How I built rapport with the others / community around.
- How I worked and the kind of work, carried out

In S.Y.Bsc one of the teachers from DLLE UNIT informed us about this activity .

We there was a seminar conducted last year and I participated and was excited to be a part of DLLE I chose the topic status of women in society (SWS)




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Last year we did surveys with an analytical form of survey and there were many competitions held. I felt like joining this year too.

Even in the situation of covid we did online social surveys and maintained a record.

We gathered information from different womens of different age group by interviewing them about various questions related to their experience in society.

We interviewed 50 womens and maintained a record.

We were trained by conducting online seminars and were given step by step manuals to operate the survey forms and to maintain records were given tips about our communication skills and to spread awareness.

We build an individual report with the help of survey forms provided we helped each other out about queries and we shared Our experiences and summary at the end we discussed how further we can do this and contribute to our society

We started to interview womens there were many willing to take the questions and the were times when we were turned down and were said no so it wasn't easy after all but it was our work then to make them understand that why it was important to take the interview how it is going to help you and help us the same time.

It was a great experience at the end to be help of some kind to those who want to understand better.

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.

Yes. I wanted to be more gain more confidence by interacting with people

And I am very satisfied by this activity.

- Please write about the difficulties you faced while conducting activities (if any):

There were few difficulty which I over came with time .there was language barrier so I translated the questions to the language which was known to them. Due to this pandemic we were not allowed to move outside so I just tried to video call few relatives.

- How did you overcome the difficulties?

I just translated the questions n explained them n tried digitally reach to the people



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- How did you carry out activities? Give specific project related data / experience here.
- All activities were carried online through google survey forms and we maintained record in wordpad. It wasn't easy at first attempt but it easy to maintain an online data and submit it through online media.
- What did you learn from Extension Activities? (gain / loss)

I have learned in this activity is how to approach someone and form an conversation to have that persons interested in giving interview and learn about status of women ion society and what we can do to spread more about it.

- How will Extension Work help you to contribute to the Society?

It has helped me to know more about our stauts (womens status) in society the negative and the positive feedbacks has encouraged me to change the negative feedbacks and encourage the positive feedbacks. And bring change for food.

- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)

It's perfect but I think it should be more fun and interactive activities .

- Remarks & feedback for extension work with suggestions (with illustrations if any):

It is quite a good activity for students to gain more confidence .I am glad I joined this group.


Miss Fatima Saiyed

Anshal Singh

Sign of Student Manager

Sign of Student




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R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's) **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce**

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

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Sr. No	Name of the Activity	Yes/ No	Date	Place/ Location	Topic/ Subject	Participated as	No of Participants	No of Hours
i.	Exhibition							
ii.	Seminar, Talk, Speeches	Yes	20th Oct 2020	Zoom online Platform	"Dealing with Stress and Anxiety among children and Adolescents "	participant	231	2
iii.	Talk	Yes	19th Nov 2020	Zoom online Platform	"A New Age Women Entrepreneur: A Journey from Ps to Es"	participant	96	2
iv.	Talk	Yes	2 nd Jan 2021	Zoom online Platform	"Harit Shapath" (Green Oath) an oath taking program on "Save The Earth"	participant	56	2
v.	Visits	--						
vi.	Street Play	--						
vii.	Competition held such as Elocution, Rangoli, Poster Making, Street Play, Quiz Debate, Essay, Craft Making, etc			Zoom online Platform	PEC (Event names)	Event Manager/Participant	Write number of participants	
viii.	Lessons taken by students if any (for B.Ed students)	--			--	--		--
ix.	survey	Yes		Google form/online Platform	SWS	Surveyer/		120



[Signature]

I/PRINCIPAL
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Name of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit, etc. (any other)

Sr. No	Date	Name of the activity such as:	Topic of the activity: (Save3 Food, Child Labor, Environment Pollution, Women empowerment etc.)	Participation for/as: Writing, directing, performing, music or singing, poster designing, painting, etc.	Location/Place of performance (College/ Community)	Poster Prepared Yes/No	No of Hours	Signature of the Extension Work Teacher
1.	11 Nov 2020 to 20 Mar 2021	SWS	Survey of 50 women	Surveyer	Community Vikroli Ghatkopar etc	NO	80+40 =120	

Please give other details (if any):

Details of the activities attended by you performed at college or community level:




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STATISTICAL ANALYSIS OF DATA COLLECTED THROUGH THE SURVEY OF WOMEN'S STATUS

IMPACT OF EDUCATION	HAS				HAS NOT			
	TALLY MARKS		TOTAL		TALLY MARKS		TOTAL	
	 		40				10	
INCOME GROUP	LOWER		MIDDLE		HIGHER			
	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL
	 	29	 	18		3		
FAMILY PROFILE	JOINT				NUCLEAR			
	TALLY MARKS		TOTAL		TALLY MARKS		TOTAL	
			4		 		46	
GROWTH PROFILE	POSITIVE		NEGATIVE		NO GROWTH			
	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL
	 	39		1		10		
STATUS	INHIBITED		INFORMED		AWARE		LIBERATED	
	TALLY MARK	TOTAL	TALLY MARK	TOTAL	TALLY MARK	TOTAL	TALLY MARK	TOTAL
		10	 	15	 	15		10



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CRITICAL ANALYSIS

Statistical Analysis of Data Collected In Detail

(Eg. IMPACT OF EDUCATION : According to survey and analysis done, we get to know that 35 women's i.e. 70% women have Impact of education, while 15 women's i.e. 30% do not have impact of education. Similar analysis has to be done for remaining part.)

IMPACT OF EDUCATION:- According to survey and analysis done we get to know that 40 women's i.e. 80% women have impact of education while 10 women's i.e. 20% do not have impact of education.


INCOME GROUP :- According to survey and analysis done we get to know that 29 women's i.e. 58% women have lower income , 19 women's i.e. 38% women have middle income and 2 women's i.e. 4% women have higher income

FAMILY PROFILE :- According to survey and analysis done we get to know that 3 women's i.e. 6% women have joint family and 47 women's i.e. 94% women have nuclear family.

GROWTH PROFILE :- According to survey and analysis done we get to know that 39 women's i.e. 78% women have positive growth , 1 women i.e. 2% women have negative growth and 10 women's i.e. 20% women have no growth.

STATUS :- According to survey and analysis done we get to know that 10 women i.e. 20% women are inhibited , 15 women's i.e. 30% women are informed , 15 women's i.e. 30% women are aware and 10 women i.e. 20% women are liberated.




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(For SWS students)

Statistical Data Table

Inference	Total score	%
Women who are liberated	10	20
Women who are Informed	15	30
Women who are Aware	15	30
Women who are Inhibited	10	20
Total	50	100

CONCLUSION : (Conclusion Of Analysis Done Above)

According to survey and analysis done we get to know that most of the women are living in nuclear family, 10 women i.e. 20% women are inhibited , 15 women's i.e. 30% women are informed , 15 women's i.e. 30% women are aware and 10 women i.e. 20% women are liberated.

Essay Writing (For ALL Students)

Select any one topic from the list and write an essay. (Approximately 1500 words)

Status of Women In society

The concept of status is central to sociology which reflects a person's evaluation of his or her position in the status hierarchy (i.e., prestige) in terms of occupation, education, income, inheritance and the like. Status denotes the relative position of a person in relation to other person or in a group of persons on a hierarchy of social worth. It is closely linked with honour or prestige.

Broadly speaking, status refers to the position which a person occupies in a social structure or a group or a social system. In this sense, 'wife' and 'husband' are statuses.




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Today, women in India are well conscious of their rights and privileges and they are politically, socially, economically and educationally not backward anymore. Their participation in the democratic process and elections has been quite impressive. In a large number of constituencies women voters outnumber men voters on the days of polling. They are contesting

elections at various levels in far greater numbers. Their political wisdom and social sagacity has now been fully recognized. The status of women in India in modern times has undergone a sea change. During the last few decades, India has produced many great women leaders, social workers, administrators, reformers and literary personalities like Annie Besant, Vijay Lakshmi Pandit, Sachet Kripalani, Indira Gandhi, P.T. Usha, Raj Kumari Amrit Kaur, Padmaja Naidu, Kalpana Chawla, Mother Teresa, Mahadevi Verma, Subhadra Kumari Chauhan, and Amrita Pritam, etc. India really feels very proud because of these great women and their great achievements in various fields. Their contribution in the fields of art, science, and sports, etc. has also been equally significant and memorable.

Their active participation in various social, political, economic, educational, scientific and other nation- building activities as mothers, wives, sisters and daughters has been of vital importance in taking the country to greater heights. And yet, there is no room for any complacency. They are doubly burdened as they have to work hard, both as

employed women and housewives. Ours is still a male- dominated society and women have to depend on men for protection and help at every stage of life. As a daughter, she needs protection from her father; as a married woman, she has to depend on her husband; and, in old age again, she has to depend upon her husband or son.

Women in India are still exploited and abused. They are still regarded as inferior to men. The birth of a female child is considered a curse in parts of the country. Daughters are considered a liability because of many social evils like dowry, etc. In spite of full legal and Constitutional protection, in practice, women are still much exploited and abused. Their condition in villages is far worse. They are not aware at all about their rights and privileges and fully depend on men. Even very highly educated and gainfully employed women in urban India cannot spend their earnings as they like. The strings of their purses are controlled by their menfolk. This unhealthy attitude of men towards women, with regard to their privilege to spend their hard earned money, has been a source of much tension in the families. Thus, in our tradition-oriented society male dominance still prevails.





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A husband has a far superior position over his wife and all major decisions are taken by him without taking into consideration her wishes and aspirations. This has created an imbalance and disharmony in the families. There has been appreciable change in our attitude as far as the employment of women is concerned. We do like that our wives, daughters or sisters are gainfully employed but as far as their right to spend their earnings is concerned, our attitude is still unchanged and conservative. A working woman helps her husband by bringing additional income, but as a housewife she has no help from her husband. Men regard household chores below their dignity and never help women in their work. Thus, women are doubly burdened, which often causes tension, maladjustment and family problems.

There is much to be done towards emancipation of women in India. They are still subdued and dominated by men and cannot assert their equality as desired in every walk of life. In a number of our states, the custom of child marriage still exists, widow remarriage is not allowed, and girls are still given away in marriages against their will. Then there is the dowry system. Poor parents cannot afford to give dowry and so are obliged either to keep their daughters or give them away in marriages to unmatched husbands. Women, especially in rural India, still find themselves weak, helpless and exploited. The rate of literacy among them is alarmingly low. Sometimes they are treated no better than commodities. They are still confined to the four walls of room

Indian women are intelligent, hard-working, courageous and full of love, and compassion. With these qualities of head and heart they are quite competent in breaking all the bondage that binds them in traditional subordination and slavery. Endowed with the qualities of beauty, love, strength, tolerance, sacrifice, and creativity, etc. they can do wonders for themselves and for others. In the present day India, they can further consolidate their position and redefine their relationship with men, based on equality and mutual respect by using their strengths more wisely. It is of no use to curse and bemoan their fate as the weaker sex. They should unite and struggle against injustice, discrimination, ill-treatment, abuse and exploitation. Much really depends on women themselves. The future of women in India seems bright but it is women themselves who can ensure it by being vigilant, alert and united. They will have to raise their voices against any violation of their rights and privileges. It is said that God helps those who help themselves and it is equally true in the case of the equality and liberty of women in India.




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UNIVERSITY OF MUMBAI

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student: Poojari Anupriya Sudhakar

(Beginning with Surname)

Class: TYBMM

Div: C

Roll No.: 13

Name and Address of the College: HVPS RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE AND COMMERCE(AUTONOMOUS) Opposite Ghatkopar Railway Station, Ghatkopar(W), Mumbai 400086

Name of the Extension Work Project: Status of Women in Society

Pooja Bhardwaj

Prof Vaishali Dhaware

Signature of Extension Work Teacher

Signature of Field Co-Ordinator

Signature of Principal

& College Seal

Signature of the Director, DLLE with Seal




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- **Acknowledgement of the student**

(Please mention the kind of support provided by DLLE Unit, Principal & Extension Teachers, work place staff, community and others.)

The entire DLLE Unit & Prof Vaishali Raikwar has helped a lot throughout this survey, as we know this year it was online so as I faced some difficulties at the same time the entire unit has faced it because it was new for them too but still they sorted out everything and guided us in every possible thing.

- **My Reason for joining Extension Work Activity:**

- I joined this program to know more about women's around me and the problems they are facing or what else they think about other women or its like are they safe in the society in which they are living or are they aware about what's going on in society for women.

- **Please write about:**

- **How I started**

As we were informed to take survey of the women's around us, so it started from there as we forwarded the survey forms to women's to get some information about themselves and some of their views about them as how they feel or how they think of it.

- **How I was trained — acquired skills**

I was trained under our student manager

- **How I built rapport with the others / community around.**

As I said it was online this time so it was like bit difficult to maintain that rapport with them as I forwarded the survey form to them but I couldn't interact with them face to face.

- **How I worked and the kind of work, carried out**

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.




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- I had an expectation while I thought when I'll be working for it I will actually get to know more about how it works for women but as per the survey I got very few information about that, and I think we should get more thing to add on for this work.

- Please write about the difficulties you faced while conducting activities (if any):

I had some of the difficulties while doing this survey, as it was online so I couldn't get to interact with women and the second thing as I couldn't connect with them personally so it was like I don't know whether they are comfort to answer the question or not, and the next thing would be like few of them didn't get what were the questions.

- How did you overcome the difficulties?

- like I said few women had some difficulty while filling up the form so while they were doing it I was there to say them and explain what exactly the questions means.

- How did you carry out activities? Give specific project related data / experience here.

- What did you learn by Extension Activities? (gain / loss)

- It was kind of loss for me as I was expecting more for this work , further we can add on more important things to it which can actually be helpful.

- How will Extension Work help you to contribute to the Society?

- It will help me in a way to aware more women about the society they are living in.

- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)?

- I would like to suggest that in many of the questions we had limited options to select as while I was taking the survey many of the women didn't agree to the question or might the felt wrong about it, so I think we need to give them more options or else let them give their opinion about the questions we are asking for.

- Remarks & feedback for extension work with suggestions (with illustrations if any):

Sonali Swarnakar

Sign of Student Manager

Anupriya Poojari

Sign of Student



Principal
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Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

- Name of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit, etc. (any other)

Sr. No	Date	Name of the activity such as: street play, group songs, poster, elocution, speech, lessons, etc.	Topic of the activity: (Save3 Food, Child Labor, Environment Pollution, Women empowerment etc.)	Participation for/as: Writing, directing, performing, music or singing, poster designing, painting, etc.	Location/Place of performance (College/ Community)	Poster Prepared Yes/No	No. of Hours	Signature of the Extension Work Teacher
1.	11 Nov 2020 to 20 Mar 2021	SWS	Survey of 50 women	Surveyer	Community Online Platform	NO	80+40 =120	

Please give other details (if any):

(You can add screen shots of activities you have conducted online)

Details of the activities attended by you performed at college or community level:




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Sr. No	Name of the Activity	Yes/No	Date	Place/Location	Topic/Subject	Participated as	No of Participants	No of Hours
i.	Exhibition							
ii.	Seminar, Talk, Speeches	Yes	20th Oct 2020	Zoom online Platform	"Dealing with Stress and Anxiety among children and Adolescents"	participant	231	2
iii.	Talk	Yes	19th Nov 2020	Zoom online Platform	"A New Age Women Entrepreneur: A Journey from Ps to Es"	participant	96	2
iv.	Talk	Yes	2nd Jan 2021	Zoom online Platform	"Harit Shapath" (Green Oath) an oath taking program on "Save The Earth"	participant	56	2
v.	Visits	--						
vi.	Street Play	--						
vii.	Competition held such as Elocution, Rangoli, Poster Making, Street Play, Quiz			Zoom online Platform	PEC (Event names)	Event Manager/P aricipant	Write number of participants	
	Debate, Essay, Craft Making, etc.							
viii.	Lessons taken by students if any (for B.Ed.students)	--			--	--		--
ix.	Survey	Yes		Google form/ online Platform	SWS	Surveyer/		120



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STATISTICAL ANALYSIS OF DATA COLLECTED THROUGH THE SURVEY OF WOMEN'S STATUS

IMPACT OF EDUCATION	HAS				HAS NOT			
	TALLY MARKS		TOTAL		TALLY MARKS		TOTAL	
	#####						0	
#####		52						
INCOME GROUP	LOWER		MIDDLE		HIGHER			
	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL		
	///	3	////	4	#####		45	
FAMILY PROFILE	JOINT				NUCLEAR			
	TALLY MARKS		TOTAL		TALLY MARKS		TOTAL	
	##////		9		#####		43	
GROWTH PROFILE	POSITIVE		NEGATIVE		NO GROWTH			
	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL	TALLY MARKS	TOTAL		
	#####	39	/	1	####//	12		
STATUS	INHIBITED		INFORMED		AWARE		LIBERATED	
	TALLY MARK	TOTAL	TALLY MARK	TOTAL	TALLY MARK	TOTAL	TALLY MARK	TOTAL
	-	0	//	2	#####	17	#####	33




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CRITICAL ANALYSIS

Statistical Analysis of Data Collected in Detail

(Eg. IMPACT OF EDUCATION : According to survey and analysis done, we get to know that 35 women's i.e. 70% women have Impact of education, while 15 women's i.e. 30% do not have impact of education. Similar analysis has to be done for remaining part.)

IMPACT OF EDUCATION: - According to survey and analysis done, we get to know that 52 women's i.e., 100% women have Impact of Education.

INCOME GROUP: - According to survey and analysis done, we get to know that 3 Women are from Lower Income Group i.e., 5% women, while 4 Women are from Middle Income Group i.e., 8% women, while most of the count that is around 45 Women are from Higher Income Group i.e., 87% women.

FAMILY PROFILE: - According to survey and analysis done, we get to know that 9 women i.e., 17% of the women live as a Joint Family, while 43 women i.e., 83% of the women live as a Nuclear Family.

GROWTH PROFILE: - According to survey and analysis done, we get to know that 39 women i.e., 75% of the women are more educated than their mother's level of education, while 1 woman i.e., 2% of the women has lower the education than the level of education of her mother, while 12 women i.e., 23% of the women has no growth in education that means the women and her mother have same level of education.

STATUS: - According to survey and analysis done, we get to know that none of the women is Inhibited, while 2 women i.e., 3% of the women are informed about the situation, while 17 women i.e., 33% of the women are aware about the situations of a women around them, while 33 women i.e., 64% women are liberated about the situation and they are well educated about these things.

Statistical Data Table

Inference	Total score	%
Women who are liberated	33	64
Women who are Informed	2	3
Women who are Aware	17	33
Women who are Inhibited	0	0
Total	52	100




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Essay Writing

Select any one topic from the list and write an essay. (Approximately 1500 words)

Human Rights

Human rights developed as a concept after the conclusion of the Second World War. This was because the prisoners of war were tortured by the countries which took them. There were no diplomatic arrangements that ensured the safety and security of the prisoner of wars. There were agreements between countries on aspects of the treatment of prisoners, but seldom did anyone respect them. Eleanor Roosevelt is usually credited for the incorporation of human rights into the charter of the United Nations. She was not only an advocate of human rights but also someone who supported the essential universal freedom of humans. She was the wife of then US President Franklin D. Roosevelt. Human rights constitute the necessary rights to which every individual is entitled to. Although most countries having a constitution incorporate articles on fundamental rights and freedoms, human rights is an important issue. They are necessary because many countries do not adhere to them. Human rights are a set of rights which every human is entitled to. Every human being is inherited with these rights no matter what caste, creed, gender, the economic status they belong to. Human rights are very important for making sure that all humans get treated equally. They are in fact essential for a good standard of living in the world. There have been numerous examples of human rights violations across the entire world, what we should consider is that human rights are multidimensional and include a lot of things. There is no such method of designating or classifying rights under the category. For the sake of simplicity, the two crucial aspects of human rights are that they are fundamental rights, and they are universal. Human rights are essentially divided into two categories of civil and political rights, and social rights. This classification is important because it clears the concept of human rights further. Plus, they also make humans realize their role in different spheres. Moreover, human rights safeguard the interests of the citizens of a country. You are liable to have human rights if you're a human being. They will help in giving you a good life full of happiness and prosperity. When we talk about civil and political rights, we refer to the classic rights of humans. These rights are responsible for limiting the government's authority that may affect any individual's independence. Furthermore, these rights allow humans to contribute to the involvement of the government. In addition to the determination of laws as well. Human rights are extremely important for the overall development of a country and individuals on a personal level. If we take a look at the basic human rights, we see how there are right to life, the right to practice any religion, freedom of movement, freedom from movement and more. Each right plays a major role in the well-being of any human.

Next up, the social rights of people guide the government to encourage ways to plan various ways which will help in improving the life quality of citizens. All the governments of countries are responsible for ensuring the well-being of their citizens. Human rights help countries in doing so efficiently. Right to life protects the lives of human beings. It ensures no one can kill you and thus safeguards your peace of mind.



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Subsequently, the freedom of thought and religion allows citizens to follow any religion they wish to. Moreover, it also means anyone can think freely. Further, freedom of movement is helpful in people's mobilization. It ensures no one is restricted from traveling and residing in any state of their choice. It allows you to grab opportunities wherever you wish to. Next up, human rights also give you the right to a fair trial. Every human being has the right to move to the court where there will be impartial decision making. They can trust the court to give them justice when everything else fails. Most importantly, humans are now free from any form of slavery. No other human being can indulge in slavery and make them their slaves. Further, humans are also free to speak and express their opinion. In short, human rights are very essential for a happy living of human beings. However, these days they are violated endlessly and we need to come together to tackle this issue. The governments and citizens must take efforts to protect each other and progress for the better. In other words, this will ensure happiness and prosperity all over the world. Every person has dignity and value. One of the ways that we recognize the fundamental worth of every person is by acknowledging and respecting their human rights. Human rights are a set of principles concerned with equality and fairness. They recognize our freedom to make choices about our lives and to develop our potential as human beings. They are about living a life free from fear, harassment or discrimination. Human rights can broadly be defined as a number of basic rights that people from around the world have agreed are essential. These include the right to life, the right to a fair trial, freedom from torture and other cruel and inhuman treatment, freedom of speech, freedom of religion, and the rights to health, education and an adequate standard of living. These human rights are the same for all people everywhere – men and women, young and old, rich and poor, regardless of our background, where we live, what we think or what we believe. This is what makes human rights 'universal'. Human rights connect us to each other through a shared set of rights and responsibilities. A person's ability to enjoy their human rights depends on other people respecting those rights. This means that human rights involve responsibility and duties towards other people and the community. Individuals have a responsibility to ensure that they exercise their rights with consideration for the rights of others. For example, when someone uses their right to freedom of speech, they should do so without interfering with someone else's right to privacy. Governments have a particular responsibility to ensure that people are able to enjoy their rights. They are required to establish and maintain laws and services that enable people to enjoy a life in which their rights are respected and protected. For example, the right to education says that everyone is entitled to a good education. This means that governments have an obligation to provide good quality education facilities and services to their people. Whether or not governments actually do this, it is generally accepted that this is the government's responsibility and people can call them to account if they fail to respect or protect their basic human rights. Human rights cover virtually every area of human activity. They include civil and political rights, which refer to a person's rights to take part in the civil and political life of their community without discrimination or oppression. These include rights and freedoms such as the right to vote, the right to privacy, freedom of speech and freedom from torture.





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They also include economic, social and cultural rights, which relate to a person's rights to prosper and grow and totake part in social and cultural activities. This group includes rights such as the right to health, the right to education and the right to work. The right to education is an example of an economic, social and cultural right. One of the main differences between these two groups of rights is that, in the case of civil and political rights, governments must make sure that they, or any other group, are not denying people access to their rights, whereas in relation to economic, social and cultural rights, governments must take active steps to ensure rights are being fulfilled. As well as belonging to every individual, there are some rights that also belong to groups of people. This is often in recognition of the fact that these groups have been disadvantaged and marginalized throughout history and consequently need greater protection of their rights. These rights are called collective rights. For example, Aboriginal and Torres Strait Islander people possess collective rights to their ancestral lands, which are known as native title rights. Rights that can only apply to individuals, for example the right to a fair trial, are called individual rights. Values of tolerance, equality and respect can help reduce friction within society. Putting human rights ideas into practice can help us create the kind of society we want to live in. In recent decades, there has been a tremendous growth in how we think about and apply human rights ideas. This has had many positive results - knowledge about human rights can empower individuals and offer solutions for specific problems. Human rights are an important part of how people interact with others at all levels in society - in the family, the community, schools, the workplace, in politics and in international relations. It is vital therefore that people everywhere should strive to understand what human rights are. When people better understand human rights, it is easier for them to promote justice and the well-being of society. A person's human rights cannot be taken away. In its final Article, the Universal Declaration of Human Rights states that no State, group or person '[has] any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein'. This doesn't mean that abuses and violations of human rights don't occur. On television and in newspapers every day we hear tragic stories of murder, violence, racism, hunger; unemployment, poverty, abuse, homelessness and discrimination. However, the Universal Declaration and other human rights treaties are more than just noble aspirations. They are essential legal principles. To meet their international human rights obligations, many nations have incorporated these principles into their own laws. This provides an opportunity for individuals to have a complaint settled by a court in their own country. Individuals from some countries may also be able to take a complaint of human rights violations to a United Nations committee of experts, which would then give its opinion. In addition, education about human rights is just as important as having laws to protect people. Long term progress can really only be made when people are aware of what human rights are and what standards exist.




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