



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Department of Life Long Learning and Extension (DLLE) Unit, Ramniranjan Jhunjunwala College, Ghatkopar (Autonomous)

Report on projects carried out by registered students

Academic Year 2020-2021

Co-ordinator: Dr Vaishali Raikwar

Total beneficiaries:121

The Department of Life Long Learning and Extension is a statutory department under the Mumbai University formed in 1978 to promote meaningful and sustained rapport between the university and the community. The motto of DLLE is "TO REACH THE UNREACHED". The department carries out extension work projects encompassing social issues. Students get themselves registered for the projects by paying the registration fee of Rs 100. The First term training programme and Second term training session are arranged for the students. During the training teachers give insight about the activities to be conducted in the first term for the extension activities and also brief them about the format of the report to be submitted by the students at the year-end in second term training, details about the students participation in UDAAN festival and its benefit is also shared with the students.





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2019: Star College Status by DBT

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4. Project Name: Population Education Club (PEC)

Teacher Incharge: MrsSushma Singh

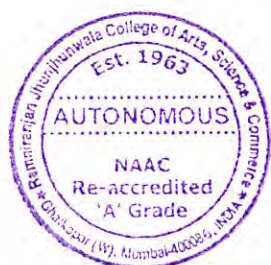
Number of beneficiaries: 21


Report on Population Education Club (PEC)

While working on PEC project students learn to organize knowledge, goal setting, planning and time management. They will develop sensitivity towards dignity of labor, student will also develop accuracy in observation, and widening their mental horizon through beliefs and prejudices being overcome when exposed to socio-cultural realities. Projects help to raise awareness amongst masses on relevant environmental and social issues like e-waste management, Dowry etc. Students conduct various activities like poster making, essay writing competitions at their own college and community level and submit a report at the end of the term.

Total 21 students worked in group of 5 each, from following classes FY BA, FYBSc, MCom II, SY. BAMMC, TY BSc Physics. Further details are given in the table given below.

SR.NO	CLASS	ROLL No.	GEN DER	NAME	EMAIL ID
01	FY BA.	60	F	Pal Sweta Subhash	swetapal0215@gmail.com
02	FYBSc.	763	F	Prajapati Anjali Dayanand	anjaliiprajapti1603@gmail.com
03	FYBSc.	703	M	Chandela Ronak Narottam	ronakchandela158@gmail.com
04	FYBSc.	706	F	Chaurasiya Kavita Patiram	kckavi99@gmail.com
05	FYBSc.	775	M	Shinde Chinmay Sanjay	chinmayshinde111.cs@gmail.com
06	FYBSc.	788	M	Vishwakarma Gopi Panchamram	gopivish2001@gmail.com
07	MCom II	132	M	Yadav Suraj Subhash Urmiladevi	suraj.yadav2019@teachforindia.org
08	SY. BAMMC	3	M	Chavan Rohit Salil	chavanrohit44789@gmail.com
09	SY.	9	M	Gupta Santosh Mohanlal	santoshg0103@gmail.com




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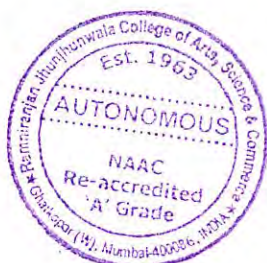
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	BAMMC				
10	SY. BAMMC	29	M	Rai Saket Kaushal Kumar	saketrail212@gmail.com
11	SY. BAMMC	41	M	Singh Aadarsh Anil	singhaadarshrajpoot@gmail.com
12	SY. BAMMC	62	M	Mishra Adarsh Dinesh	adarshm5554@gmail.com
13	TY BSc Physics	201	F	Ansari Zinnatjanha Badruddin	zinnat1077@gmail.com
14	TY BSc Physics	205	M	Dhar Karan Pradeep	karandhar1901@gmail.com
15	TY BSc Physics	208	M	Dubey Rishabh Shailendra	rishabhd726@gmail.com
16	TY BSc Physics	213	F	Gupta PritiPreamsagar	guptapritipreamsagar@gmail.com
17	TY BSc Physics	214	M	Jaiswal Suraj Rajkumar	surajjr29022@gmail.com
18	TY BSc Physics	219	M	Kher Abhishek Dinesh	abhishekhergh7172096@gmail.com
19	TY BSc Physics	229	M	Patel Satyam Chandan	patelsatyam594@gmail.com
20	TY BSc Physics	237	F	Shaikh Sufiya Ilyas	ssufiya1098@gmail.com
21	TY BSc Physics	240	M	Singh Kunal Hardeep	kunalsinghg334@gmail.com



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UNIVERSITY OF MUMBAI

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student: Shinde Chinmay Sanjay

Class: F.Y.B.Sc (PMS)

Div: D

Roll No.: 775

Name and Address of the College: Ramniranjan Jhunjunwala College, Ghatkopar West, Mumbai

Name of the Extension Work Project: Population Education Club (PEC)

Signature of Extension Work Teacher

Signature of Field Co-ordinator

Signature of Principal

& College Seal

Signature of the Director, DLLE with Seal




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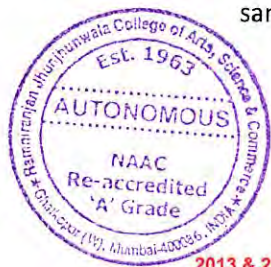
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- Acknowledgement of the student
(Please mention the kind of support provided by DLLE Unit, Principal & Extension Teachers, work place staff, community and others.)
- ➔ Being a fresher in extension activity work, I received a lots of support and help from our Principal -Dr Himanshu Dawada sir, Extension teacher- Vaishali Raikwar mam, Field co-ordinator mam- Vaishali Dhaware mam from Surajba College of education, Student Manager - Fatima Saiyed and extension student managers. They gave us ideas as well as the motivation required for the work. They were available for us at any time always with the great ideas and wonderful talks. Not only student manager or teacher but the group members were also very supportive and energetic which resulted the beautiful teamwork among us
- My Reason for joining Extension Work Activity:
 - ➔ My primary reason to join extension work activity is to gain the skills of communication and presenting myself in front of other like a gentleman. Also when I heard that we will have to conduct activities for students as well on social level, I was excited since I knew it will ultimately increase my creativity and out-of-the-box thinking. And due to COVID-19 I was pretty sure that I will learn some new software and improve my experience eventually. And the other reason to join the activity work was to get to know about our teachers as well our seniors.
- Please write about:
 - How I started
 - How I was trained — acquired skills
 - How I built rapport with the others / community around.
 - How I worked and the kind of work, carried out
- ➔ Firstly through our extension teacher I got to know about the extension program like what was it and what we have to do, then I had filled a form regarding the DLLE extension work to register myself for the work. Then after some days I was allotted in a group of 5 people. Then through whatsapp and group calls we got to know in detail about how to conduct such activities and all that informative stuff. We started our first project under the guidance of our Convener and student manager which was an art competition through google forms. It was a success with a total of 71 responses. After the first activity we received a lots of beautiful comments from our teacher and student managers which eventually boosted our confidence level for other activities. On 11 November 2020 in evening our teachers and student manager arranged a meeting for all of us which was a training program which helped everybody in every manner. Conducting activities for other students was very much satisfying as well as challenging at the same time.




J.C. PRASAD
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Our group also made a short video to bring a social awareness on Pollution Free Diwali which was posted on YouTube; in this process we received quite a lot of inspiration and motivation from our student managers and our Convener. We also conducted quiz using software called Crowd purr along with Zoom meeting app which was really a success of our teamwork. The task of certifying everyone with a custom made certificate was really great since it improved my many skills. For any queries I had given my number from which my communicating skills with other improved quite a lot. Overall I faced many challenges, learned many new things and skills but at the end the trust and motivation and guidance of student manager and our Convener made me as well my group successful in all activities.

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.
- ➔ My primary expectation of extension work activities was that I will be guided properly at the time of every activity which was very true. Other expectations were like I will learn many new things and eventually I learned new softwares like Google Forms, Google Slides, Mail, Crowdpuur, Zoom, and Canva. One of the expectation which is still pending is whether our group remains same or not. Other expectation was that will my teacher or student manager would support my ideas and at what extent will they help us and that expectation was fulfilled perfectly. One of the expectation is also that will I get a chance to overcome my stage-fear which was not possible this time due to online means but then also presenting myself on the camera literally fulfilled my this expectation as a head start.
- Please write about the difficulties you faced while conducting activities (if any):
 - ➔ Being a new student in the extension activity work I faced many difficulties like learning new things from you tube trying to focus on the work. Network issues was one of the biggest problem always. Discussing the ideas on group calls was bit of hectic since it was not a easy task. Thinking about something unique and creative always was also a challenge. Firstly it was very difficult and uneasy to contact with the teacher and student manager since I didn't knew them and was anxious little bit.
- How did you overcome the difficulties?
 - ➔ But eventually after two successful activities I learned how to tackle with them and to improve on the situation. The group and student's manager and our Convener always motivated and pushed me to the limits for the wonderful result. Gradually my communications skills are also improving so the difficulties are very much reduced.




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- How did you carry out activities? Give specific project related data / experience here.
 - ➔ I and my team had conducted a total 5 activities. Among the 5, I will talk about my work in the 3rd activity. We were talking on the phone what new and unique can we do, after 20 mins of discussion an idea strike me that we may conduct a Photography competition since everyone takes photograph every now and then. So I suggested some topics which was made final by other team members also. Our student manager and Convener also approved it. This activity was conducted by google form. I prepared the Google forms for it based on the topics. We received many response for it for topic 1 we got 384 responses while for topic 2 we got 112 responses. (The most responses we ever got!) And then the certification work was also done by me with other members help. Rest work was done by the other members.
- What did you learn by Extension Activities? (gain / loss)
 - ➔ I learned many new things like software such as like Google Forms, Google Slides, Mail, Crowdprur, Zoom, Canva. Also my communication skills and thinking skills improved gradually. The only loss was time which I felt but then I realized on my own that it shaped me for my betterment.
- How will Extension Work help you to contribute to the Society?
 - ➔ The video made by us on awareness of Pollution Free Diwali surely contributes my work for the society in a positive way. And if I become well equipped with skills and proper thoughts so eventually society also improves cause we all are the society.
- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)
 - ➔ Extension Work is really nice and the Teachers and Student managers are trying their best to make everyone successful in their work. My suggestion is that the department must provide the group money if possible (if the group need it then only) so that they can use it as cash prize for the winners which boosts the participation as well as skills of participants.
- Remarks & feedback for extension work with suggestions (with illustrations if any):
 - ➔ Overall I am very positive about my experience in the Extension work. The functionality of the DLE is good in terms of staff and frequent contacts and guidance. The most admirable thing in Extension activity is the student manager and the group members since you get to learn many new things as well as joyful moments in your life.

Fatima Saiyed

Sign of Student Manager

Chinmay Shinde

Sign of the Student



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- Name of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit, etc. (any other)

Sr. No	Date	Name of the activity such as: street play, group songs, poster, elocution, speech, lessons, etc.	Topic of the activity: (Save3 Food, Child Labor, Environment Pollution, Women empowerment etc.)	Participation for/as: Writing, directing, performing, music or singing, poster designing, painting, etc.	Location/Place of performance (College/Community)	Poster Prepared Yes/No	No. of Hours	Signature of the Extension Work Teacher
1.	18 Oct 2020 to 17 Mar 2021	PEC (Population Education Club)	1) Art Competition 2) Video on Awareness of Pollution Free Diwali 3) Photography Competition 4) Meme-O-Mania Quiz 5) Face Mask Design Contest	Event Manager	Zoom Meeting App, Crowdppurr, Google Forms, YouTube.	NO	170 hours	



Principal
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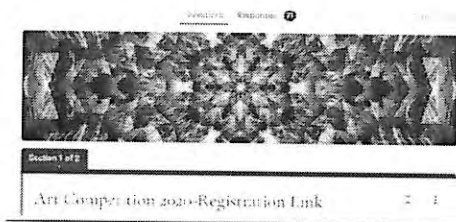
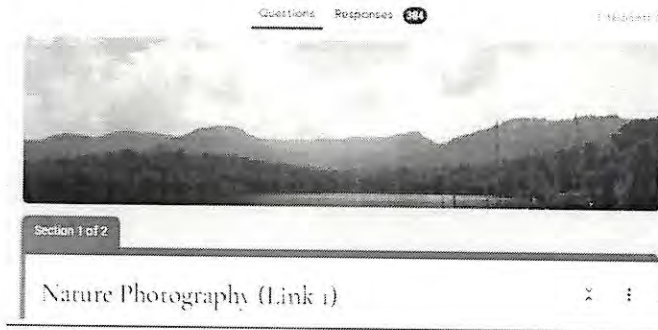
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Please give other details (if any):



<https://youtu.be/1WqcGrhPK9Y>



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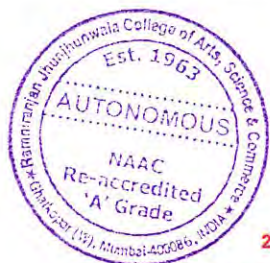
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Details of the activities attended by you performed at college or community level:

Sr. No	Name of the Activity	Yes/No	Date	Place/Location	Topic/Subject	Participated as	No of Participants	No of Hours
i.	Exhibition							
ii	Seminar, Talk, Speeches	Yes	20th Oct 2020	Zoom online Platform	"Dealing with Stress and Anxiety among children and Adolescents"	Participant	231	2
iii	Talk	Yes	19th Nov 2020	Zoom online Platform	"A New Age Women Entrepreneur: A Journey from Ps to Es"	Participant	96	2
iv	Talk	Yes	2 nd Jan 2021	Zoom online Platform	"Harit Shapath" (Green Oath) an oath taking program on "Save The Earth"	Participant	56	2
v.	Visits	--	--	--	--	--	--	--
vi	Street Play	--	--	--	--	--	--	--
vii	Competition held such as Elocution, Rangoli, Poster Making, Street Play, Quiz Debate, Essay, Craft Making, etc.	Yes	18 Oct 2020 to 17 Mar 2021	Zoom online Platform, Crowdpuir, Google Forms	1) Art Competition 2) Video on Awareness of Pollution Free Diwali 3) Photography Competition 4) Meme-O-Mania Quiz 5) Face Mask Design Contest	Event Manager	1) 71 3A) 284 3B) 112 4) 48 5) 6	170
viii	Lessons taken by students if any (for B.Ed. students)	--	--		--	--	--	--



[Signature]
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RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS),
Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA

2019: Star College Status by DBT

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Essay Writing

Global Warming

Global warming is the greatest challenge facing our planet. It is, in fact, the increase in the temperature of the earth's near-surface air. It is one of the most current and widely discussed factors. It has far-reaching impact on biodiversity and climatic conditions of the planet. Several current trends clearly demonstrate that global warming is directly impacting on rising sea levels, the melting of ice caps and significant worldwide climate changes. In short, global warming represents a fundamental threat to all living things on earth.

Global average temperature rose significantly during the past century. The prevailing scientific view is that most of the temperature increases since mid-20th century has been caused by increases in atmospheric greenhouse gas concentrations produced by human activity. Most scientists agree that planet's temperature has risen 0.5 degree Celsius since 1900 and will continue to increase at an increasing rate. As a result, the world is getting warmer. The year 1990 was the hottest year in the last century. This increase in earth's average temperature is called Global warming. More or less all specialists studying the climate record of the earth have the same opinion now that human actions, mainly the discharge of greenhouse gases from smokestacks, vehicles, and burning forests, are perhaps the leading power driving the fashion.

The gases append to the planet's normal greenhouse effect, permitting sunlight in, but stopping some of the ensuing heat from burning back to space. Based on the study on past climate shifts, notes of current situations, and computer simulations, many climate scientists say that lacking of big curbs in greenhouse gas discharges, the 21st century might see temperatures rise of about 3 to 8 degrees, climate patterns piercingly shift, ice sheets contract and seas rise several feet. With the probable exemption of one more world war, a huge asteroid, a fatal plague, or global warming may be the only worst dangers to our planet earth.

The major cause of global warming is the release of greenhouse gases like carbon dioxide, methane, nitrous oxide etc. into the atmosphere. The major source of the carbon dioxide is the power plants. These power plants emit large amounts of carbon dioxide produced from burning of fossil fuels for the purpose of electricity generation. About twenty percent of carbon dioxide emitted in the atmosphere comes from burning of gasoline in the engines of the vehicles. Buildings, both commercial and residential represent a larger source of global warming pollution than cars and trucks.

Building of these structures require a lot of fuel to be burnt which emits a large amount of carbon dioxide in the atmosphere. Methane is more than 20 times as effectual as CO₂ at entrapping heat in the atmosphere. Methane is obtained from resources such as rice paddies, bovine flatulence, bacteria in bogs and fossil fuel manufacture. The main sources of nitrous oxide include nylon and nitric acid production, cars with catalytic converters, and the use of fertilisers in agriculture and the burning of organic matter. Another cause of global warming is deforestation that is caused by cutting and burning of forests for the purpose of residence and industrialisation.



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Scientists all over the world are making predictions about the ill effects of Global warming and connecting some of the events that have taken place in the past few decades as an alarm of global warming. The effect of global warming is increasing the average temperature of the earth. A rise in earth's temperatures can in turn cause to other alterations in the ecology, including an increasing sea level and modifying the quantity and pattern of rainfall. These modifications may boost the occurrence and concentration of severe climate events, such as floods, famines, heat waves, tornados, and twisters. Other consequences may comprise of higher or lower agricultural outputs, glacier melting, lesser summer stream flows, genus extinctions and rise in the ranges of disease vectors. As an effect of global warming, many species of birds and animals have already become extinct. As an effect of global warming various new diseases have emerged lately.

It is expected that many species will die off or become extinct due to the increase in the temperatures of the water, whereas various other species, which prefer warmer waters, will increase tremendously perhaps the most disturbing changes are expected in the coral reefs that are expected to die off as an effect of global warming. The global warming is expected to cause irreversible changes in the ecosystem and the behaviour of animals. Birds are a species that will be affected by a change in the climate. Global warming might result in birds finding a more permanent home in northern areas in the Northern Hemisphere.

The scientists tell us that the tundra is in danger of melting due to an amount of extra global warming pollution that is equivalent to the net amount that is previously in the earth's atmosphere. Likewise, earlier one more team of scientists reported that in a single year Greenland witnessed 32 glacial earthquakes between 4.6 and 5.1 on the Richter scale. This is a disturbing sign and points that a huge destabilisation that may now be in progress deep within the second biggest growth of ice on the planet. This ice would be enough to raise sea level 20 feet worldwide if it broke up and slipped into the sea.

Each day passing brings yet new proof that we are now in front of a global emergency, a climate emergency that needs instant action to shrilly decrease carbon dioxide emissions worldwide in order to turn down the earth's rising temperatures and avoids any calamity. It is not easy to attach any particular event to global warming, but studies prove the fact that human activities are increasing the earth's Temperature. Even though most predictions focus on the epoch up to 2100, even if no further greenhouse gases were discharged after this date, global warming and sea level would be likely to go onto rise for more than a millennium, since carbon dioxide has a long average atmospheric life span.

The greenhouse gases will stay in the atmosphere for many years since hundreds years ago. However, the effect that global warming will cause on earth are extremely serious. There are many effects that will happen in the future if global warming continues. That includes polar ice caps melting, economic consequences, warmer waters and more hurricanes, spread of diseases and earthquake. The future of emissions damage depends on several factors, demographics, economics, technology, policies and institutional developments. Future predictions do not look good for this planet if nothing is done soon.

Now there are solutions that we can stop global warming. However we human and governments need to move forward to implement the global warming solutions. To reduce global warming we can do to reduce the contribution of greenhouse gases to the atmosphere. Therefore, the solutions that we can reduce global warming are reducing gasoline, electricity and our activities that cause global warming.



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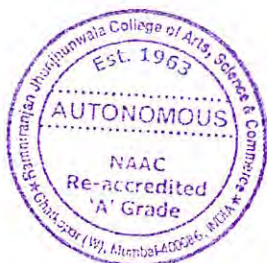
To reduce gasoline mean we have a choice to choose a hybrid car that reduce using gasoline. Besides, petrol price are increasing. If a person everyday drives to work they need to pump petrol after 3 days and causes carbon dioxide. Another way to reduce gasoline is take public transport or carpool to work. It can help reduce carbon dioxide and save cost.

Another way to reduce global warming is recycle. Recycle can reduce garbage by reusing plastic bags, bottles, papers or glass. For instance, when we buy foods, we can use our own containers instead of plastic bags. Another example is after finish drinking the water from the bottle; we can reuse it or use our own bottle. If all this is being reuse, human can reduce deforestation and help save environment. Besides, turn off electricity if unused. It can save thousands of carbon dioxide and buy product that have energy saving because it saves cost and save environment.

Finally, human should stop open burning such as burning dry leaves or burning garbage. It will release carbon dioxide and toxic if burning garbage with plastic. Besides, government should reduce deforestation because the earth temperatures are increasing. Trees will help to improve the temperature on earth.

Overall of this essay we must have understood that our earth is "sick". We humans need to "heal" the earth. Global Warming have causes many problem for human but we human who make global warming happens. Many people have died because of disease or disaster. It also affects the economics of the country.

However, we need to be reduce the global warming by using less gasoline, recycle and human should help to reduce global warming instead of making the earth temperature increased. Our generation should start taking care of the earth because in the next generation they will suffer if we do not do reduce global warming. Therefore, global warming is a serious issue now. As a business student we are learning it because we need to understand the effect of climate change that will affect us when we have our business and we can start saving the earth.



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University of Mumbai



UNIVERSITY OF MUMBAI

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student: Dhar Karan Pradeep

Class : TYBsc (Physics)

Div: B

Roll No.: 205

Name and Address of the College:

HVPS Ramniranjan Jhunjunwala College (Autonomous), Station Road, Opposite Ghatkopar Railway Station, Ghatkopar West, Mumbai, Maharashtra - 400086

Name of the Extension Work Project: PEC (Population Education Club)

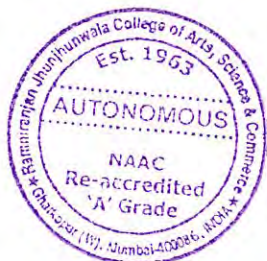
Signature of Extension Work Teacher

Signature of Field Co-ordinator

Signature of Principal

& College Seal

Signature of the Director, DLLE with Seal




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- **Acknowledgement of the student**

Project Report's inspiration and motivation has always played a key role in the success of any venture. Project Report is like a bridge between Theoretical and practical working.

First of all, I would like to thank the Supreme Power the Almighty God who is obviously the one guided and supported me to work on the right path of my life. Next to him is my Mother, whom I greatly indebted for me brought up with love and encouragement to this stage.

I pay my deep sense of gratitude to Dr. Vaishali Raikwar Head Conveyer, DLLE Unit, HVPS Ramniranjan Jhunjhunwala College, Ghatkopar to encourage me to highest peak and to provide me the opportunity to prepare the project.

A big big thanks to our honourable Principal, Dr. Himanshu Dawda who gave his unflinching support and encouraged me to work on this activity.

I am immensely obliged to Ms. Vaishali Dawde Ma'am, Field co-ordinator for elevating inspiration, encouraging guidance and kind supervision of my project.

Last, but not the least, I would like to thank our Student manager Fatima Saiyed, is an important inspiration from her valuable guidance and kind supervision given to me throughout the course which present work as its show.

I express my gratitude to all of my team members without our teamwork none of the project has been so successful and enjoyable.

- **My Reason for joining Extension Work Activity:**

Personally, I have always been a strong believer in adding value to myself by way of knowledge. Through this Extension activity, I have only managed to add to my knowledge domain. Also, I firmly believe that extra-curricular activities that help you to learn along with college academics is extremely important for the overall development of an individual's personality.

DLLE has given me the opportunity to thrive on both these fronts and execute them both in an appropriate manner. Based on the kind of topics available, there was so much that was desired to be learnt.




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- Please write about:

- How I started
- How I was trained — acquired skills
- How I built rapport with the others / community around.
- How I worked and the kind of work, carried out

My Journey in DLLE IS quite interesting as this is this DLLE was going to be online it was bit challenging than usual. At first I joined DLLE by looking my Friends community work which I was keen of from early days, after enrolling through Google Forms provided by our College DLLE Unit Cell we attend a seminar regarding the rules and regulations of DLLE. Here, we became quite familiar with our topics after the meeting we were assigned by our teachers to particular student manager. I made Friends during the training session which helped me a lot in the later ways as I became more friendly with the term Team Spirit, we took off some extravagant hours to successfully run our first activity and it did really well, it was our very first time in making certificates, questions and managing time. I became friendlier with Microsoft Office due to the activities we had done with the help of DLLE Unit.

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.

I was hopeful of the fact that by end of the program, I will have sufficient information on the topics I have chosen and that my knowledge domain as a whole has increased.

- Please write about the difficulties you faced while conducting activities (if any):

The Only Problem I faced was the fact that keeping track of the number of hours of completion of the assignment was difficult.

- How did you overcome the difficulties?

One of our Group Member took the responsibility of keeping track of time we are allocating to our given event at the very first we faced some the difficulty regarding time management but later we all cleared it out.

- How did you carry out activities? Give specific project related data / experience here.

At First we discuss about what kind of activity we will undertake. After selecting and taking permission of particular topics. We start off with Google forms where we create the activity and using our long lost creativity we also design some certificates for the activity. Then sharing the link on the particular day of the activity and at the end of the day we congratulate ourselves for the successful completion of the Activity.



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- What did you learn by Extension Activities? (gain / loss)

It helps me to develop research skill I gained the deep and proper knowledge about specific subjects of society. It helps me to develop & improve communication skill and express my thoughts. Working in DLLE is a win-win situation for both the students and the society.

- How will Extension Work help you to contribute to the Society?

Extension Work provides us a platform to put our ideas, views and beliefs in front of society. Also, it provides us a proper direction to any work and it is very useful for developing oneself socially, economically, politically and also personal growth.

- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)

I personally don't think there is any need to improve Extension Work; it's at its best.

- Remarks & feedback for extension work with suggestions (with illustrations if any):

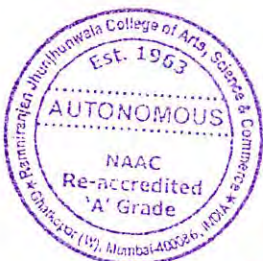
Extension works is good activity due to this students have developed their inner abilities students try to participating in making of posters, PowerPoint presentations, Quiz, webinars and talks. Students try to acquire skill of research and communication in the society due to extension work, students try to get deep knowledge so that they develop their personality and skills.

Fatima Saiyed

Name of Student Manager

Karan Dhar

Name of Student




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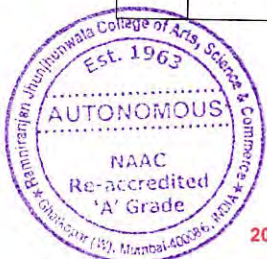
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- Name of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit, etc. (any other)

Sr. No	Date	Name of the activity such as:	Topic of the activity: (Save3 Food, Child Labor, Environment Pollution, Women empowerment etc.)	Participation for/as: Writing, directing, performing, music or singing, poster designing, painting, etc.	Location/Place of performance (College/ Community)	Poster Prepared Yes/No	No of Hours	Signature of the Extension Work Teacher
1.	11 Nov 2020 to 20 Mar 2021	PEC	Write Event names	Event Anchor, Quiz master, Quiz designer, Event manager etc.	College and Community	NO	80+40 =120	
	15 th Oct 2020		1.Dr.APJ Abdul Kalam	Event Manager	Place of event (If conducted online, then write online (Which platform? e.g Zoom) Google form			
	14 th Mar 2021		2.Sci – π	Event Manager	Google form			
	22 nd Mar 2021		3.World Water Day Elocution:	Event Manager	Google form			
	25 th Oct 2020		4.What if	Event Manager	Zoom online Platform			
	15 th Jan 2021		5.Business vaani	Event Manager	PowerPoint Presentation			



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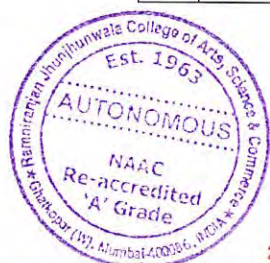
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Please give other details (if any):

Details of the activities attended by you performed at college or community level:

Sr. No	Name of the Activity	Yes/No	Date	Place/Location	Topic/Subject	Participated as	No of Participants	No of Hours
i.	Exhibition							
ii.	Seminar, Talk, Speeches	Yes	20th Oct 2020	Zoom online Platform	"Dealing with Stress and Anxiety among children and Adolescents"	Event Manager	231	2
iii.	Talk	Yes	19th Nov 2020	Zoom online Platform	"A New Age Women Entrepreneur: A Journey from Ps to Es"	Event Manager	96	2
iv.	Talk	Yes	2nd Jan 2021	Zoom online Platform	"Harit Shapath" (Green Oath) an oath taking program on "Save The Earth"	Event Manager	56	2
v.	Visits	--						
vi.	Street Play	--						
vii.	Competition held such as Elocution, Rangoli, Poster Making, StreetPlay, Quiz Debate, Essay,	Yes	15th Oct 2020	Zoom online Platform Google form	PEC (Event names) Quiz: 1.Dr.APJ Abdul Kalam	Event Manager/P participant Event Manager	Write number of participants 1045	120



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Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

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(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

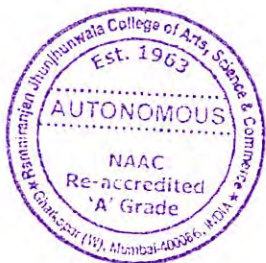
Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

	Craft Making,etc		14 th Marc 2021	Google form	2.Sci – π	Event Manager	263	
			22 nd Mar 2021	Google form	3.World Water Day	Event Manager	250	
			25 th Oct 2020	Zoom online Platform	Elocution: 4.What if	Event Manager	20	
			15 th Jan 2021	PowerPoint Presentation	5.Business vaani	Event Manager	2	
viii.	Lessons taken by students if any (for B.Ed students	--			--	--		--



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Essay Writing

Plastic Free India

Before trying to find a solution we need to acknowledge that there is a problem, only then one might find the solution. First, we have to accept that our country, India is not the cleanest in the world. Rather we can say that we are one of the dirtiest countries. (I, as an Indian, feel very bad to say this but this is the truth). We have to keep aside our nationalism and emotions and face this fact then only we might find a solution to this very pressing problem.

On August 15, in his Independence Day address, Prime Minister Narendra Modi announced the ban on single-use plastic i.e. plastic bags, cups, plates, pet bottles, straws and sachets under Plastic Waste Free India campaign from 2nd October 2019. Though it is not a sudden ban on single-use plastic, there is a big concern among the people and businesses alike. This campaign aims to end the use of single-use plastic by 2022.


Understanding the Problem

First, we have to understand that plastic is a very useful material. It is easy to produce, it is cheap, and many industries are already built around it. Plastic is used by everyone in their daily lives.

In some cases, plastic cannot be replaced easily e.g. retail, packaging, logistics, etc. because of the advantages the plastic offers. But to reduce the amount of plastic going into landfills, rivers, and oceans a ban or limited use of single-use plastic can work. Single-use plastic means plastic which cannot be reused or recycled i.e. PET bottles, straws, plastic foam containers, sachets, etc. This plastic ends up in landfills, rivers, and oceans which pollute the environment and ultimately comes into our food.

India generates 25940 tons of plastic every day, out of which 10300 tons is not collected. Cities like Delhi, Mumbai, Bangalore, Chennai, and Kolkata are the highest plastic waste generators. Plastic waste is a global problem; 6.3 billion tons of plastic waste is accumulated globally, out of which 79% of plastic ends up in landfills and natural environment. The United States of America has the highest plastic consumption per capita i.e. 109 kg. Second is China which consumes 38 kg per person and at 3rd spot, we Indians consuming 11 kg of plastic per capita.




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In India, the state of Sikkim is a pioneer in waste management. It has the lowest plastic footprint in India. They are working on it from 1998, Sikkim is also top state in organic produce. Sikkim is a small state so the strategies and policies worked there may or may not work in highly industrialized and geographically big states like Maharashtra, Madhya Pradesh, Rajasthan, etc.

- Policy Implementation

In 2016, amendments were made in Plastic Waste Management Rules which states rules for collecting, segregating and recycling plastic. After three years no significant progress is made in this regard. Municipal corporations across the country failed to implement the policy.

- Non-viable Plastic Alternatives

A lot of countries across the world like Israel, Britain and many other doing progress in finding the alternative to the plastics. Compostable biodegradable material can be used instead of plastic. Bagasse, flour, corn starch, seaweed are used for making an alternative to plastic. Evensilicon is considered as a plastic alternative, though it is not biodegradable it is easy to recycle.

Though the world is making good progress on finding the alternative to the plastic, all of these alternatives are not a viable solution; at least now. An alternative to plastic also needs to be easy and fast to produce, affordable and should offer better adaptability for businesses.

- Effect on Industries

Industries like packaging, retail use plastic in heavy quantities. They use plastic tapes, wrappers, foam fillers, containers. etc. E-commerce marketplaces like Amazon, Flipkart; food delivery businesses like Swiggy, Zomato is getting very popular in India. They process millions of orders monthly and they use the plastic items for packaging purposes.

Plastic cannot be simply banned in this case as there is no possible viable alternative on the horizon. Yes, but they can use different strategies to reduce plastic footprint. Amazon stopped using plastic packets to stick invoices on the delivery box, reduced the amounts of air in plasticair-filled bags. Such strategies can make small changes in the use of plastic but still these and similar business has to rely on plastic.

Lots of small and medium scale businesses are built around plastic. We use plastic buckets, chairs, doors, and whatnot. All these products are made with non-biodegradable plastic.

Banning all plastic products will make these and dependents businesses bankrupt. Millions will lose their jobs. That is why the government is not banning all types of plastic because they cannot. Because of these issues, the Plastic Waste Free India campaign is targeting single-use plastic only.




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- Effect on daily lives on a common man

The main item in single-use plastic category that common people use more is the carry bags. We use carry bags for various purposes like to get our groceries, meat, vegetable, etc. We use plastic or foam-based plates, cups, containers in parties and functions. We use plastic water bottles and straws at restaurants.

Ban on single-use plastic under the Plastic Waste Free India campaign will affect the common man's daily life. We have to accept that these plastic products do provide facility and convenience.

There are some things that people can do on their own like using cloth or paper bags, metal containers, etc. But even these good habits of using cloth, paper, metal will put more stress on the environment. More cotton needs to be grown for clothes, more trees need to be cut for paper, more ore needs to be mined and processed for metal products. Scientists using potato, corn starch, grain flour as a base to find an alternative to plastic, but in a country like India

where millions of people sleep on half stomach how they will produce these crops as an alternative to plastic?

- Social Awareness

European countries are known for their cleanliness. Most of the Indians have a dream to travel Europe for its architectural beauty and environment. European countries like Sweden imports millions of tons of waste garbage each year from Norway and the United Kingdom. Sweden has the best waste management policies and facilities. Only 1% of their garbage reach landfills and 99% of it is recycled, reused or converted into energy. When a tourist from India goes to these countries they never throw garbage, plastic on the road, but as soon as they come back to India they retreat to their old habits.

Even though it can cost our own and other's lives, we jump traffic signals, we don't wear helmets and seatbelt. If we segregate dry and wet garbage at home, it will be easier for waste management, but we don't do it. No authority in no country goes to people's homes to segregate dry and wet garbage. We, people need to change our habits. This plastic reaches landfills and water bodies because of us only. Yes, industries are responsible for more pollution, but these are the same people from the same society.

- Implementation

All of the plastic products or even single-use plastic cannot be banned overnight. It has to be a phased implementation. Startups, legacy businesses, social activists, scientists, and governments need to work together to minimize plastic use. The government needs to work with other countries and the global scientific community for waste management and recycling technology transfer.




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- Solutions to plastic pollution

To fight plastic pollution, a single method will never work, all parties need to work in harmony to find the working solution. The government urged the PWD and NHAI to use plastic waste using a hot mix process for bitumen-based roads, it increases road life and offers better resistance to water. It increases the life of the road by 2 years and saves 10% of the cost of materials. India authorities already started work on this and using plastic in road construction. This is one of the important points in the plastic waste-free India campaign.

On August 28, 2019, Union Minister of Science and Technology and Earth Sciences Harsh Vardhan Inaugurated a demonstration plant for converting plastic waste to diesel. This homegrown, environmentally friendly technology is developed by the Indian Institute of Petroleum (IIP) can convert 1 tonne of plastic (polyolefinic) waste into 800 litres of automotive-grade diesel every day. More than half of the Indian airports are now single-use plastic-free. Six private airports are also working in the same direction.

- Conclusion

It is a good sign that the prime minister of India is keenly interested in Swachh Bharat i.e clean India. In his first term, he started the Clean India Campaign. Though this is a very appreciable move, it hasn't reached its zenith. Now he is promoting the ban on single-use plastic under the Plastic Waste Free India campaign.

The plastic ban in India was probably the best thing that the Indian government did for the sake of our beautiful mother Earth. Plastic is the object that poses one of the most dangerous threats to our environment. Banning of plastic is, in almost all aspects, only advantageous. Plastic waste is terrible, it damages, kills, chokes, and is a hazard to all...

The success of this campaign needs to watch out. There are two variables in this equation, one is government and another is we, all – the people. Yes, the government is lacking in providing the basic infrastructure required for the clean country, but at the same time, the discipline and willingness to keep our country clean is absent in Indian people. If we, the people are part of the problem then we have to part of the solution too.




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