



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

## 5. Project Name: Annapoorna Yojana (APY)

Teacher Incharge: Ms Priya Shetty

Number of beneficiaries: 16

### Report on Annapoorna Yojana (APY)

The department conducts extension work projects involving social issues and development of skills among the students. One such project offered by DLLE is the Annapoorna Yojana (APY) and its objective is to make students understand the concept of small-scale business and increase the self-reliance approach. Two training programs are conducted for the students yearly. In the first training program, students are oriented by teachers. During the training, teachers provide insight into the activities to be conducted in the first term for the Annapoorna Yojana (APY) activity, as well as brief them on the format of the report to be submitted by the students at the end of the year in second term training. 30 students from various streams participated in Annapoorna Yojana (APY) in the year 2021-22.

Under this project, students organize twenty-five sales (items to be sold can be food items or non-food items) either weekly or on alternate days on the college campus or nearby area or at the functions (Modes – Online, stalls, by order). They must keep an account of the cost incurred, sale proceeds, calculate profit/loss, etc. The students maintain a record in the below format.

Data / Records to be maintained:

Sr No.	Date	Items	Qty. Prepared	Unit cost	Total cost	Qty Sold	Unit Sale price	Total Sale Proceeds	Profit/Loss



2019: Star College Status by DBT

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2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence for the year 2009'  
2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College  
2015 & 2016: Gagari Jaanijancha Award by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) -28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



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Finally, upon completion of 120 hours of work on APY, the project report must be prepared in a systematic manner based on observations and analysis, and conclusions must be drawn by the students at the end of the year. The projects are then checked by In-charge teachers and then by Course Coordinator appointed by the University of Mumbai.

Students who participate in this activity gain qualities and skills such as time management, decision making, interpersonal relationships, self-confidence, communication skills and negotiating skills, and an understanding of production and marketing on a small scale.

List of students participated:

Sr No.	Class	Roll No.	M/F	Name	E mail ID
1	TYBBI	24	F	Mishra Soni Akhilesh Sunita	<a href="mailto:sonim6350@gmail.com">sonim6350@gmail.com</a>
2	TYBBI	34	F	Shukla Sarika Ram Manohar	<a href="mailto:shuklasarika33@gmail.com">shuklasarika33@gmail.com</a>
3	TYBBI	36	F	Shaikh Rimsha Faiyaz Ahmed Fatima	<a href="mailto:rimsha1089@gmail.com">rimsha1089@gmail.com</a>
4	TYBBI	53	F	Verma Manisha Uday Urmila	<a href="mailto:manishaverma3271@gmail.com">manishaverma3271@gmail.com</a>
5	SYBCOM	59	F	Shaikh Rukhsana Mehedihasan Sairabano	<a href="mailto:rukshahnashaikh471@gmail.com">rukshahnashaikh471@gmail.com</a>
6	SYBCOM	73	F	Qureshi Kenkasha Mohd. Azim Salma	<a href="mailto:gkenkas692@gmail.com">gkenkas692@gmail.com</a>
7	SYBCOM	327	F	Kumari Anjali Lalaram Laxmibai	<a href="mailto:kumari73anjali@gmail.com">kumari73anjali@gmail.com</a>
8	SYBCOM	358	F	Parab Mrunal Madhusudan Rajashree	<a href="mailto:mrunalmadhusudan@gmail.com">mrunalmadhusudan@gmail.com</a>
9	SYBCOM	457	F	Shaikh Shaheen Shahnawaz Noorjahan	<a href="mailto:shaikhshahina9716@gmail.com">shaikhshahina9716@gmail.com</a>
10	SYBBI	4	F	Chavan Vaishnavi Rajendra Asha	<a href="mailto:chavanvaishnavi@279gmail.com">chavanvaishnavi@279gmail.com</a>
11	FYBVOC REM	31	M	Tambde Bhushan shekhar jayshree	<a href="mailto:bhushantambde@gmail.com">bhushantambde@gmail.com</a>
12	FYBVOC REM	36	M	Chalke Swapnil Narayan Shevanti	<a href="mailto:swapnilkhalke1221@gmail.com">swapnilkhalke1221@gmail.com</a>
13	FYBVOC FMS	8	M	Maharana Suraj Prakash Sabita	<a href="mailto:maharanasuraj1999@gmail.com">maharanasuraj1999@gmail.com</a>
14	FYBVOC FMS	32	M	Aamle Shubham Gopi Sheetal	<a href="mailto:shubhamaamle681@gmail.com">shubhamaamle681@gmail.com</a>
15	FYBAF	46	F	Vishwakarma Aarti Ramanuj Chandravati	
16	FYBAF	47	F	Vishwakarma Aashna Algu Champa	<a href="mailto:vishwakarmaaashna792@gmail.com">vishwakarmaaashna792@gmail.com</a>



  
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**UNIVERSITY OF MUMBAI**  
**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**"EXTENSION WORK PROJECT REPORT"**

Name of the Student: **Mishra Soni Akhilesh**

(Beginning with Surname)

Class : TYBBI

Div: A

Roll No.:24

Name and Address of the College: Hindi Vidya Prachar Samiti's Ramniranjan Jhunjunwala College,  
Ghatkopar (W)

Name of the Extension Work Project: Annapoorna Yojana (APY)



Signature of Principal  
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Ghatkopar (W), Mumbai-400086.

- **Acknowledgement of the student**

(Please mention the kind of support provided by DLLE Unit, Principal & Extension Teachers, work place staff, community and others.)

I would like to express my gratitude towards PRIYA mam(teacher incharge) & Shikha Pandey (student manager) for guiding me throughout the project. I also feel thankful and express my kind gratitude towards our Principal Dr. Himanshu Dawda Sir for allowing me to conduct my DLLE project.

- **My Reason for joining Extension Work Activity:**

Extension works is good activity due to this student have developed their inner abilities students try to participating in making of posters, Slogans and street Play Students try to acquired Selling , Managing skills and communication in the society due to extension work.

- **Please write about:**

- **How I started** ○ **How I was trained — acquired skills** ○

- **How I built rapport with the others / community around.** ○

- **How I worked and the kind of work, carried out**

Firstly I started with Guidance of my teacher, who gave me information about extension activities I had trained by attending orientation programme.

I had good relationship with all participants and student manager they all were helping and very kind of each other. I have sold panipuri in my society in which I have learned management skill, selling and communication skills and wrote essay on Status of Women in India.


- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.

Yes, my expectation is fulfilled choosing this activity. It helps to improve my skills, communication, knowledge and ability. i never thought it would be so great experience. But I really enjoy to participate in this activity.

Please write about the difficulties you faced while conducting activities (if any):

As such I have not faced any difficulties while conducting the activities.

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- How did you overcome the difficulties?

My teacher and student manager helped me to over the difficulties.

- How did you carry out activities? Give specific project related data / experience here

First I have collected information about extension work from Priya Mam. I have selected extension work A.P.Y .In that training First-time program arranged by our Mam while for further work of extension. Second-term training program arranged by our Mam have also given some question to complete the firework of extension work come together and carried out and whole extension work sincerely.

What did you learn by Extension Activities? (gain / loss)

It help me to develop selling and management skills & it helps me to develop and improve my communication skills.

- How will Extension Work help you to contribute to the Society?

With the help of extension activity I have got the chance to contribute towards society by creating awareness about hygiene that we need to take into consideration while selling any eatable products.


- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)

extension work is good activity due to this we as a student develop the confident in communication and try to participate in competition and to acquire knowledge, skills etc.

- Remarks & feedback for extension work with suggestions (with illustrations if any):

DLE unit had done a great Job by conducting various activities for college students due to DLE unit student gets chance to work for society and student develops confidence in communication selling skills etc.

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Name of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit, etc. (any other)

Sr. No	Date	Name of the activity such as:	Topic of the activity: (Save3 Food, Child Labor, Environment Pollution, Women empowerment etc.)	Participation for/as: Writing, directing, performing, music or singing, poster designing, painting, etc.	Location/Place of performance (College/Community)	Poster Prepared Yes/No	No of Hours	Signature of the Extension Work Teacher
1.	11 Aug 2019 to 12 Jan' 2020	APY	25 Sales	Sales person	Place of sale (If online sale then write ONLINE)	NO	80+40 =120	

Please give other details (if any):

Details of the activities attended by you performed at college or community level:

Sr. No	Name of the Activity	Yes/No	Date	Place/Location	Topic/Subject	Participated as	No of Participants	No of Hours
i.	Exhibition	NO						
ii.	Seminar, Talk, Speeches	Yes	23th Nov 2019	RJ College, Ghatkopar	Women Huygiene	participant	105	2
iii.	Talk /competition	Yes	3 <sup>rd</sup> Dec 2019	RJ College, Ghatkopar	Out of box career	Participant	31	4

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iv.	Talk	Yes	2nd Jan 2021	Zoom online Platform		participant	56	2
v.	Visits	--						
vi.	Street Play	--						
vii.	Any other Activity	Yes		Whatsapp group/We bsite	APY	Sales person		120

APY Sales record:

Date	Item	Qty prepared	Per Unit cost	Total cost	Qty sold	Unit sale proceed	Profit Amt	Profit/loss
1/1/2021	Panipuri	10	15	30	2	30	10	Profit
2/1/2021	Panipuri	10	15	30	2	30	10	Profit
3/1/2021	Panipuri	10	15	15	1	15	5	Profit
5/1/2021	Panipuri	10	15	15	1	15	5	Profit
6/1/2021	Panipuri	10	15	30	2	60	10	Profit
7/1/2021	Panipuri	10	15	15	1	15	5	Profit
8/1/2021	Panipuri	10	15	15	1	15	5	Profit
9/1/2021	Panipuri	10	15	15	1	15	5	Profit
10/1/2021	Panipuri	10	15	15	1	15	5	Profit
11/1/2021	Panipuri	10	15	30	2	30	10	Profit
13/1/2021	Panipuri	10	15	15	1	15	5	Profit
14/1/2021	Panipuri	10	15	15	1	15	5	Profit
15/1/2021	Panipuri	10	15	15	1	15	5	Profit
16/1/2021	Panipuri	10	15	15	1	15	5	Profit
17/1/2021	Panipuri	10	15	15	1	15	5	Profit
19/1/2021	Panipuri	10	15	15	1	15	5	Profit
20/1/2021	Panipuri	10	15	15	1	15	5	Profit
21/1/2021	Panipuri	10	15	15	1	15	5	Profit
22/1/2021	Panipuri	10	15	15	1	15	5	Profit
23/1/2021	Panipuri	10	15	15	1	15	5	Profit
24/1/2021	Panipuri	10	15	15	1	15	5	Profit
25/1/2021	Panipuri	10	15	15	1	15	5	Profit
27/1/2021	Panipuri	10	15	15	1	15	5	Profit
28/1/2021	Panipuri	10	15	15	1	15	5	Profit
29/1/2021	Panipuri	10	15	30	2	30	10	Profit

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## Essay Writing


The position of women in ancient India has been a very complicated one because of the paradoxical statements in different religious scriptures and sometimes in the same text at different places. Some have described their status as 'equals to men', while others have held not only in disrespect but even in positive hatred. Therefore it has presented many problems to sociologists while evaluating women's status in India.

Since Independence there has been a lot of change for the better, as regards the status and rights of women in India. Several effective measures have been taken for their advancement and protection. For example, such legislations as Equal Remuneration Act, Sati Prevention Act, and Maternity Benefit Act etc. have been passed. The Constitution of India guarantees them equal rights and opportunities. Sincere efforts are being made to bring them in the national main stream on par with men. The programmes for the development of women include employment and income generation schemes, welfare and support services. The women belonging to the weaker sections of the society are being given condensed courses of education and vocational training. Working women of low income group are being provided safe and cheap hostel accommodation in big cities and towns. Many day-care centres have been opened for the children of such women.

As a result of these sustained efforts towards empowerment and employment of women engineers, judges, doctors advocates, teachers, stenographers, entrepreneurs, industrialists, administrators, architects and political leaders. India has produced a very strong powerful, astute and able Prime Minister in Mrs. Indira Gandhi. She succeeded wonderfully as a woman Prime Minister in this man dominated world. She ruled over the destiny of India for about 11years. Women in India now possess all social, political and economic rights. All types of discrimination against them have been removed. Indian women are now free to choose their careers, courses of life, life-partners and their future and destiny. Consequently, there have been many well-known women leaders, politicians, judges, governors, chief ministers etc. during the last three to four decades. The future of Indian women is quite safe, secure and bright. They possess great skills, mental abilities, courage, will to work and succeed. They are not inferior in any way to men. They can rise to the occasion and prove their metals, morals and mettle powers in any crisis.

But ours is still a male-dominated society. Women still continue to be exploited. In practice they are being denied their rights and privileges. No doubt, women in India are now much better off than they had been before independence and yet much has to be done and achieved. Only to work in the homes in practical life they are neither given equal rights or status nor opportunities. Sons are given preference and better treatments while daughters are considered as curse and liabilities. Their marriage is still a big problem and parents have to arrange for large dowries to get their daughters married. In some parts of the country the girl-infants are still killed. Women are still raped, molested, ill-treated humiliated, forced to adopt prostitution and burnt alive by their greedy in-laws. Even the educated and employed women have to depend on their husbands or in-laws for money etc. Employed women are the worst sufferers as they have to work hard both at home and in the office. Moreover, they don't have control on their purses and earnings. A woman as a daughter, wife, mother, widow etc. has to live in eternal economic slavery. She is still actually not free to choose and make her destiny.

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During the recently held fourth International Women's Conference in Beijing, the plight of women in general was properly highlighted. The facts that employed woman is still the odd woman out, that the average working woman's pay is much lower than the money earned by man. The truth that men still hog the limelight in public and that the Adams of the world continue to corner the lion's share of the national cake etc. were some of the issues discussed and highlighted there. These are genuine concerns but there are other issues and problems far more weighty and serious. They too must be addressed and solved.

India's population is estimated to be around 900 millions. This makes India the second largest populous country. Half of this population consists of females. According to the 1991 census there are 927 females after every 1000 males. Their higher number of males than females also reflects the sorry state of affairs as far as women are concerned. The literacy ratio in women is still more disappointing. It is merely 39 percent in comparison to that of men which is 65 percent. But women themselves are to blame for their present plight. They suffer from social inhibitions, taboos, economic dependence on males, male dominance and chauvinism, social injustice, martial discrimination, inferiority complex etc. They should never forget that self help is the best and God helps those who help themselves. They should rise in a body and wage a relentless struggle against injustice in its various forms. They should never think in terms of weaker and fair sex. The weak and helpless are destined to be ever exploited and discriminated against. They will have to raise, struggle and sweat for their rights, freedom, empowerment and economic independence. There is no room either for complexes or complacency. They should refuse to be treated as sex objects, a thing of domestic utility, as anatomically inferior or a movable biological asset of man in marriage. They should refuse to be used as sex-symbols and models to attract business. Let there be no beauty-contests where they are used as instruments to attract attention sensually.

In India woman have equal rights. They can inherit properly, can divorce; they have full freedom. Dowry is illegal and prostitution prohibited. Women in India are free to aspire and achieve any position in any field of life. There is no discrimination on the basis of gender. The laws are fine and favorable, but as their implementation is concerned there does not exist effective and foolproof administrative mechanism. Therefore, the women themselves should come forward united and fight for their rights, freedom, privileges and strict implementation of the laws enacted for their welfare and protection. They have yet to get their rightful place in home, office, factory, administration and galleries of power.

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