



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

17.06.19

## NOTICE

NSS UNIT of Ramniranjan Jhunjhunwala College celebrates International Yoga Day with Ambika Yoga Kutir.

Date: 21st June, 2019

Venue: Seminar Hall, R. J. College

Time: 08:30 am

NSS Programme officer

Dr. Geeta Joshi

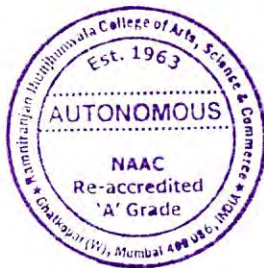
NSS Programme Officer

Dr. Mangesh Panchal

Principal

PRINCIPAL

RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

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## NSS EVENT REPORT

**Name of the Event:** Yoga Day Celebration

**Date:** 21st June, 2019

**Venue:** Seminar Hall, R. J. College

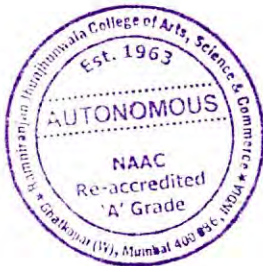
**Objective of the Activity:** The purpose of the programme was to highlight the importance of Yoga and its benefits on our mind and body.

**Number of Volunteers:** 11

**Organized by:** NSS UNIT of R. J. College and Ambika Yoga Kutir.

**Brief Description:** NSS UNIT of Ramniranjan Jhunjhunwala College celebrates International Yoga Day with Ambika Yoga Kutir to promote a healthy approach in life.

**Outcome Of Programme:** Highlighting the immense benefits of practicing yoga as it serves as a reminder of the importance of embracing this ancient discipline to enhance physical, mental, and spiritual well-being, contributing towards UNSDG3.



*U. S.*

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## PHOTOS OF INTERNATIONAL YOGA DAY HELD ON 21<sup>ST</sup> JUNE 2019



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# Activity 1

## [Activity] - I

Name of Event - International Yoga Day      Date - 21-6-19  
 Place of Event - R. J College      Time - 8:30 to 11:30  
 No. of Volunteers - 11

Sr. No.	Name of Volunteers	class / Div / Rollno.	Sign
1	Anmol Mishra	SYBSC / C / 523	
2	Uttam Yadav	SYBSC [CS] / F / 83	
3	Vinay Mishra	SYB.com / C / 413	
4	Diptirani Panda	SYBSC [CS] / F /	
5	Shrutika Parbalkar	TYB.com / C / 475	
6	Shubhadra Kale	SYBSC / C /	
7	Shivam Suryavanshi	SYBSC / A / 059	
8	Rushikesh Akharkar	TYB.com / B / 252	
9	Kritika Acharya	SYBA / A /	
10	Komal Tiwari	SYBBI / D / 54	
11	Pooja Jaiswal	SYB.com / B. / 217	

Travelling charge - 0/-

Refreshment - 0/-



PO Sign

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In-charge  
 PO Sign



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## CERTIFICATE

Hindi Vidya Prachar Samiti's  
RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE AND  
COMMERCE (AUTONOMOUS) GHATKOPAR - (W) MUMBAI-400070

 **NSS UNIT OF RJ COLLEGE** 

**CERTIFICATE OF PARTICIPATION**

This is to Certify that

Mr./Ms. ANMOL MISHRA

has participated in INTERNATIONAL YOGA DAY

held on 21<sup>ST</sup> JUNE 2019

  
Dr. Geeta Joshi  
NSS Programming Officer

  
Dr. Mangesh Panchal  
NSS Programming Officer

  
Dr. Usha Mukundan  
Principal, RJ College



  
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