

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400 086, Maharashtra, INDIA. Tel. No.: +91 22 25151763 Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in

College is recognized under Section 2(f) & 12(B) of the UGC Act. 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

NOTICE



Post Graduate Diploma Courses Online Admission 2021-22

Important Instructions

For any Query regarding Postgraduate Diploma Couse admission please come an meet Deviprasad Shetty, First Floor, Office between 11.00 to 4.00 PM

Admission Procedure Booklet

admission21-ppt-PG-FY

AUTONOMOUS

NAAC Re-accredited

STEP 1: Filling of the Online admission Form

College of Online Registration on the portal

// eazyinstitute.com //firstyear/#/login

RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 086, Moharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

(W), Mumbai 2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff,/ICD/18-19/440 - 08.06.2018)



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Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400 086, Maharashtra, INDIA. Tel. No.: +91 22 25151763 Fax No: +91 22 25150957

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https://eazyinstitute.com//firstyear/#/first-register

Students who have passed TY in 2020-21 can use their login id and password of TY for Login https:// eazyinstitute.com //firstyear/#/login and students of other college and previous years should register fresh on portal https://eazyinstitute.com//firstyear/#/first-register

- 13. If there are any changes in dates, the revised schedule will be notified on the website, and students are requested to abide by this and keep looking into this page for notification
- 14. Portal will open on 25th June 2021.
- 15. Admission to for PGD Programs will be based on Sem V Marks. Hence, Students applying are required to enter the Sem V marks obtained and total marks in the Educational Details Tab. If you don't have marks obtained and total marks in the marksheet get a conversion certificate from your parent college.
- 16. Students are required to enter the correct mobile no (WhatsApp no) and email id while filling the online form since all communication will be sent on the same email id and WhatsApp no.
- 17. Students have to fill all the details correctly.
- 18. Students of Hindi Linguistic Minority should tick on Hindi Minority Option as Yes and if you have marked Yes then only you will be considered under Hindi Linguistic Minority Ouota.

STEP 2: Admission

- 15. Admission will be on First cum First basis for Postgraduate Diploma Courses. Once you subit your form wait for 24 hours. The fee payment tab will get activated. Once the seats are full the admission will close. No Merit List.
- 16. All Admission are provisional, subject to verification of documents and fulfilling the eligibility criteria for the course applied. If the documents and eligibility criteria is not fulfilled, the admission will be cancelled.
- 17. Your admission will be cancelled if any false information is provided for eq. Wrong entry of Sem V marks, not falling under Hindi Minority Quota, Failed or have pending ATKT in
- 18. The admission is based on merit and the College does not accept any donation for any
- 19. The Principal decision will be final and principal reserves the right to refuse admission for non-fulfilment of eligibility criteria of UGC and University of Mumbai
- 20. First preference will be given to students of 2020-21 batch
- 21. Refund rules are available on the website for reference.

PGD in Dietetics and Applied Nutrition

B.Sc Home Science, Biochemistry,

Life Science, Microbiology, Eligibility:

Biotechnology, Chemistry, Botany,

Zoology, MBBS, BAMS, BHMZ, BDS

Duration: 1 Year

College of Arts, Time

AUTONOMOUS

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Class

: Sunday (9.00 am to 2.00 pm)

RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

Re-accredited

'A' Grade

2019: Star College Status by DBT

2008: Best College by University of Mumbai

2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra

2013: DST-FIST

2014: DBT STAR College

2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



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Syllabus : Link



PRINCIPAL RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



Ms. Rashmi N. Bhanushali IDA no: LM 02/2008/990 rashmi.bhadra@gmail.com 9833876027 www.foodfitness.in https://m.facebook.com/rashmi2112 INSTA: @foodfitness3344 GMA member

My career mission is, to engage myself into a continuous learning process, whereby, my potentials are utilized to the maximum, enabling myself to grow faster, accomplishing my organization's requirements, efficiently; with vision towards "Healthy You".

Educational Background:

IDA member

M.Sc. (FSN) 2007 from SNDT University

B. Sc. Area of Specialization – Food Science and Nutrition (F.S.N) 2005

Focus: Nutrition and Food Processing

Diabetes Educator

Registered Dietitian training from Nair Hospital (Mumbai Central) under Dr. Salome Benjamin

Currently Working as Consultant Medical Nutritionist

- Attached as Honorary Consultant to various hospitals in Mumbai Ghatkopar Chembur Vikhroli Kanjur hospitals.
- Private practice as Medical Nutrition therapist founder owner of brand name Food Fitness @ Ghatkopar East
- Working as Nutrition consultant with CSA Mumbai Maharashtra regions since 2019
- Honorary Guest lecturer at Jhunjhunwala college Ghatkopar West 2020
- > Attached as Honarary Nutrition Counsellor With Income tax Dept. Mahalaxmi branch 2018
- Nutrition counsellor at Gurukul school of special children Ghatkopar West.
- > Conduct webinars on Nutriton, Healthy Lifetsyle, Nutritional Management.
- Member with Indian Dietetics Association & Ghatkopar Medical association, passed member at Indian Medical Association.

Clinic management details:

Personalized customized Lifestyle disease management Services @ Food Fitness Medical Nutritional Therapy for Diabetes (Type 1, 2 & GDM) Lifestyle Disease Reversal Hypertension



PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOLIS)
Ghatkopar (W), Mumbai-100 086, Mutadasana, Rolla

Kidney Diseases Cardiac Care Thyroid Menopause management **PCOD** Weight management: Obesity, underweight Pre & Post natal care, Pediatric Special need children Cancer RT, Peg feeds Hair & skin nourishment Healthy meal plans family & Individual

Online & Offline consultation facilities available

Previous Work experience

- Worked as Medical Nutritionist B.C.J Hospital and Asha Parekh Reasearch centre. Santacruz since June
- Attached to NNMC hospital as consultant Medical Nutritionist for Antenatal clinic Vashi and Airoli branch since Nov 2008
- · Worked as freelancer Medical Nutritionist at various Hospital
- Worked as Consultant Medical Nutrition Therapist at Sweet clinic (Diabetes and Weight management) -Vashi Sep 2008 - May 2009
- · Worked as Guest lecturer in All India Local-Self Govt. University Belapur and Netaji Subhash Chandra Bose College Kurla. Aug 2008 - May 2009
- Worked for Thalassemia patients as counselor at Pooja Blood Bank Mulund
- Worked as Dietician with Marico industries (Kaya life) for six months 2007
- Worked as part time nutrition counselor with Hexagon nutrition and GSK.
- Taken lecture for rotarary club (Powai) on Diabetes, cardiovascular disease conditions

Internships

- Amul, Kaira District Co-Operative Milk Producers' Union Ltd, Anand, Gujurat May-June 2007
- The Great Oasis Enterprises Pvt. Ltd. (Britannia), M.I.D.C., Marol, Andheri (E), Mumbai- 93, June 2006.
- J.J.Hospital, Byculla, Mumbai- 08, December 2005.

Academic Projects

- · Presently research on "Assessment of nutritional status in pre-surgery pediatric patients at B.Y.L. Nair hospital"
- · A comparative study on nutritional status and menstrual pattern of school going adolescence from the low and high socio-economic group".
- · Food Product Development for 'Healthy Bite'.
- Food Product Development for 'Papine', a nutri Spread.

Additional Qualification

• Completed Diploma in Basics Computers (MS-OFFICE) (2002-2003).

Extra Curricular Activities

- Participated 41st Annual National Conference of Indian Dietetic Association "Evidence Based Dietetics for a Healthy Nation" 5-6 Dec 2008, Hyderabad.
- Participated pre- workshop 4th Dec 2008, at NIN, HYD for tomorrow's Dietitian.



Participation II South Asian Universities Youth Festival – WELLNESS- 2007, organized at Juhu S.V.T.

• Participation in seminar on Palm oil, - June -2006

· Participation in Data Entry of Departmental Research Project on "Educational improvement needed for students". May - 2005.

Participation in Nestle Cooking Contest, (Second prize) February 2005, organized by Nestle India Limited.

Participated in 2-day programme on World Peace, N.S.S, at Lala Lajpatrai College.

Presented a seminar on Obesity as part of syallabus, at college level, 2004-2005.

• Participated in Yuva Mahotsav (intercollege competions), (September, 2003-2005, organized by S.N.D.T University.

Participated in duo-dance, debate competition at college level December, 2005.

Participation in Nestle Cooking Contest, February 2004, organized by Nestle India Limited.

Participated in Youth Parliament, December 2004, organized by S.N.D.T University.

Participation in Nestle Cooking Contest, (First prize), February 2003, organized by Nestle India Limited.

Participated in conference on Food Packing And Labelling, organized by PFNDI.

· Participation in the convention on 'Nutrition & Health or All'.

Personal Details:

Date of Birth: 21st November

Gender: Female

Hobbies: Counseling, Music, cooking innovative, surfing

Language Proficiency: English, Hindi, Marathi, Gujarati, Kutchi.

Permanent Address: C-204 New chandroday Chs Opp Bhanushali wadi Ghatkopar – (E) Mumbai - 77 Contact Detail: Mobile no: 9833876027

rashmi.bhadra@gmail.com

NAAC Re-accredited A' Grade

DOB: 26th Dec 1983

tusharagarwal.mca@gmail.com; (+91) 9820464707

Cross-Functional experience of Total 13 years with PhD and Masters in Business Administration from MET, India and University of Wolverhampton, UK, Cleared SET examination in first attempt

PROFESSIONAL EXPERIENCE	13 YEARS	
Agro Kissan Founder	2 years 06/2014 – Prese	ent
 Hydroponic Farming (Soilless Farming) Production & Sales Design & Training Managing the Farm 		
Chandrabhan Sharma College Head of Department (Full Time)	7 years 06/2012 - 05/2	019
 Subjects taken Principles of Marketing Logistics and Supply chain management Marketing & Human Resource Management Foundation of Human Skills Business Ethics and Governance 		
RJ College Lecturer (Visiting)	7 years 06/2014 – Pres	ent
 Subjects taken Production & Total Quality Management Finance for HR Professionals E-Commerce & Digital Marketing 		
Universal College Lecturer (Visiting)	1 year 09/2013 – 11/2	014
 Subjects taken Productivity & Quality Management Logistics and Supply chain management Ethics & CSR 		
Public Night Degree College	1 year 07/2013 - 06/20)14
Lecturer (Visiting)		
 Subjects taken Logistics & Supply Chain Management Productivity & Quality Management Business Environment 		
Indian Management Institute	1 year 07/2011 - 06/2	2012
Lecturer (Visiting)	~ /	
Januar College of 473	PRINCIPAL	
AUTONOMOUS COMPANY NAAC	RAMNIRANJAN JHUNJHUNWALA COU OF ARTS, SCIENCE & COMMERCE (AUTONO Ghatkopar (W), Mumbai-400 086, Maharashtra	10000

AUTONOMOUS NAAC Re-accredited 'A' Grade

DOB: 26th Dec 1983

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Subjects taken

- Business Mathematics and Statistics
- · Marketing Management
- Business Communication
- · People Management

SVKM-Institute of International Studies, Mumbai 1 year 07/2010 - 06/2011

Lecturer (Full Time)

Subjects taken

- Marketing Management
- Managing yourself and others (HRM)
- Quantitative Management
- Entrepreneurship development workshops
- Academic skills and development

Mumbai Education Trust, Nasik

3 months 01/2010 - 04/2010

Lecturer (Visiting)

Subjects taken

- Product and Brand Management
- Corporate Governance

M & C Saatchi, Mumbai

1 year

05/2007 - 08/2008

Client Servicing (Jet Airways)

Coordinating and managing the account

- Understanding the needs of the client and writing briefs
- Act as the mediator between the Creative team and the client
- Handle ad campaigns that require knowledge in marketing, promotions, creative design, and public relations

MCA Constructions, Mumbai Manager, Sales and Marketing

1 year

05/2004 - 04/2005

Strategic Involvement

- Developed strategic business and marketing plans for new market segment penetration along with analyzing organizational strengths, weaknesses and competition.
- Maintained and serviced internal and external relationships with employees, client corporate and non-corporate companies

Project Management

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- Identifying and marshaling resources; managing, monitoring, and communicating progress and parameters to team members and stakeholders.
- Manage 'on-time' and 'within budget' delivery of the program
- Meet or exceed quality objectives
- Reduce risk through planning and effective strategies.

Sales & Marketing Management

- Planning and achieving sales targets through a team of sales officers
- Execution of marketing initiatives as per the company's plans.

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Planning for sales related activities for the area to drive Sales, visibility & reach.

EDUCATIONAL QUALIFICATIONS	
PHD - MANAGEMENT - 2019	
JJT University	Mumbai
Corporate Governance – The application of the '5 Golden Rules' – (Nigel and Arthur)
STATE ELIGIBILITY TEST (SET) - MANAGEMENT - 2014	Mumbai
Pune University	Mumbai
POST - GRADUATE LEVEL (2012-2014)	
S.M University	36 1 2
M.COM – (I class)	Mumbai
POST - GRADUATE LEVEL (2008-2009)	
University of Wolverhampton, England	Wolverhampton
Masters in Business Administration (Management) (180 Credits)	
POST - GRADUATE LEVEL (2005-2007)	
Mumbai Education Trust	Mumbai
PGeMBA, (Marketing and Operations) (I class)	
GRADUATE LEVEL (2001-2004)	
Mithibai College, University of Mumbai	Mumbai
Graduate in Commerce, (Financial Accounting and Auditing) (II cla	ass)
UNDERGRADUATE LEVEL (2000-2001)	
Mithibai College, University of Mumbai	Mumbai
HSC, (II class)	
SCHOOL LEVEL (1998-1999)	
St Johns Evangelist High School	Mumbai
SSC, (II class)	

BOOKS PUBLISHED

Book	Publisher	ISBN
Productivity & Quality Management for SYBMS	Thakur Publications	978-93-83130-50-4
Foundation to Human Skills	Thakur Publications	978-93-82249-83-2
Total Production and Quality Management	Sheth Publication	978-93-5149-400-3
Indian Ethos in Management	Himalaya Publishing House	978-93-5262-504-8
Finance for HR Professionals and Compensation Management	Himalaya Publishing House	978-93-5262-216-0
E-commerce & Digital Marketing	Himalaya Publishing House	978-93-5262-183-5
Ethics & Governance	Himalaya Publishing House	978-93-5265-210-3

MINOR RESEARCH PROJECT



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TOPIC	YEAR	GRANT (RS)	STATUS
Job satisfaction and motivaion of teachers in unaided colleges affliated to University of Mumbai	2015 - 16	15,000	Completed

AREAS OF CONSULTANCY

AREA OF CONSULTANCY	INSTITUTION
Personality development workshops Faculty Development Programmes	Public Night Degree College - Mumbai
Marketing and Branding	MCA Constructions - Mumbai
Faculty Development Programmes	D.P.S, Dhamtari - CG

ARTICLE	ISSN / ISBN	Year
Mumbai Dabbawallas: Logistics & Supply Chain Management"	978-93-83072-75-1	2012
"Corporate Social Responsibility of Educational Institutions"	978-93-83072-65-6	2013
Change Management: A case study on Tata Group post 1991"	2277 - 4866	2014
Corporate Governance – Need & Benefits"	2231 - 1475	2014
Fast food marketing and the related issues in India"	978-93-83072-64-4	2014
Success stories of women entrepreneurs"	978-93-83072-58-3	2014
Corporate Social Responsibility: Challenges & Benefits in India"	978-93-83072-65-1	2014
How Indian Brands are using Innovative Advertising through Social Media"	978-93-83072-70-5	2015
"Role of health insurance in medical tourism"	978-81-928786-5-2	2015
Understanding job performance, absenteeism and turnover in the field of organizational behavior"	978-93-5249-029-5	2015
Impact of Globalization on Indian Higher Education"	978-93-5249-029-5	2016
Benefits of environmental accounting"	2319-2429	2016



Dr. Tushar Agarwal DOB: 26th Dec 1983

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Social Media for Business"	2319-2429	2016
Use of Plastic Money by Youth in Powai"	2231-1475	2017
Bitcoin- its relevance in today's era of digitalization"	2231-1475	2017
Impact of mobile commerce in today's modern world"	2231-1475	2017
Causes and Management of Stress at work in India	2278-8808 (Impact Factor – 6.17)	2018

PAPERS PRESENTED

ARTICLE	CONFERENCE / COLLEGE	DATE	
Mumbai Dabbawallas: Logistics & Supply Chain Management"	5th All India Commerce Conference of ICA – Hinduja College	9 th - 11 th November, 2012	
Change Management: A case study on Tata Group post 1991"	International Research Conference on Technology, Management & Humanities – JJT University	18 th - 19 th October, 2013	
"Corporate Social Responsibility of Educational Institutions"	Recent Trends in Sectoral development and their impact on Indian Economy – KM Doongursee College	21st - 22nd February, 2014	
Fast food marketing and the related issues in India"	Thakur College - PENDING	5 th December,2014	
Success stories of women entrepreneurs"	International Conference on Women in Globalised Era – KC Law College	11th October, 2014	
Impact of Globalization on Indian Higher Education"	World: A global village (issues & challenges) – Chandrabhan Sharma College & University of Mumbai	6 th January, 2016	
Use of Plastic Money by Youth in Powai"	Digitalization: A vehicle of the new age transformation – Chandrabhan Sharma College & JJT University	25 th March, 2017	
Bitcoin- its relevance in today's era of digitalization"	Digitalization: A vehicle of the new age transformation –	25 th March, 2017	



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	Chandrabhan Sharma College & JJT University	
Impact of mobile commerce in today's modern world"	Digitalization: A vehicle of the new age transformation – Chandrabhan Sharma College & JJT University	25 th March, 2017
Causes and Management of Stress at work in India	Transition & Transformation in 3 rd Millennium: Prospects, Issues & Challenges	7 th April, 2018

CONFERENCES & SEMINARS ATTENDED

SR. NO	CONFERENCE / WORKSHOP	DATE	
1	Workshop on "Research in Accountancy – Facts & Scope" – Chandrabhan Sharma College	1 st September, 2012	
2	Faculty Development Programme – "Enhancing your Research Skills"	25 th September, 2013	
3	Faculty Development Programme – "Enhancing your Research Skills – II"	25th October, 2013	
4	International Research Conference on Technology, Management & Humanities – JJT University	18 th – 19 th October, 2013	
5	Workshop on "Revised Syllabus of Commerce - TYBCOM"	30th June, 2014	
6	Workshop on "Revised Syllabus on FYBMS Semester I & II"	14 th July, 2014	
7	International Conference on Women in Globalised Era – KC Law College	11th October, 2014	
8	International Conference on Indian Political & Economic Scenario, Chandrabhan Sharma College	20th December, 2014	
9	Innovations in Research Workshop	10th January, 2015	
10	National Level Research Workshop Emerging Trends in Research"	4th to 6th February, 2015	
11	"International Conference India Calling – World of opportunities DTSS & Mumbai University	20th February, 2015	
12	International Conference Skill Development: Key to	7 th March, 2015	
13	One day workshop Revised Syllabus of SYBMS" – Chandrabhan Sharma College	6 th June, 2015	
14	Faculty Development Programme at Lonavla - Team Work"	25 th September, 2015	

TECHNICAL COMPETENCIES

Operating system - MS Windows XP/2000/98/95

Tools - MS Office



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EXTRACURRICULAR ACTIVITIES/LEADERSHIP POSITIONS

- Life Member of Indian Commerce of Association
- Awarded "Certificate of Excellence for Outstanding contribution in Education by Nationalist Congress Party
- Present BMS Coordinator (Since 2014)
- Convener to Placements and Career Guidance cell
- Started Soft skills workshop for students to develop and hone soft skills
- Former Member of Examination committee
- Staff-Secretary from 2015-2016
- Actively involved in organizing a job fair for School Dropouts with Kherwadi Social Welfare Association (KSWA) an NGO
- Member of LIFE "Let Individuals Feel for Everyone", an NGO involved in helping the distressed, disabled & handicapped people in India
- Participated in various street plays
- Hosted several International conferences at University of Mumbai

INTERESTS

- Reading Books Fiction
- Movies & Music

PERSONAL INFORMATION

- Nationality Indian
 Marital Status Married
- Languages known
 Address
 English, Hindi, Marathi
 501/A, Citiscape society,
 - Andheri Kurla road, Andheri (E), Mumbai 400059

AUTONOMOUS

Re-accredited

A' Grade

A' Grade

Nikhitta Aarya

5A, Sweet Home, Shivaji Park, Mahim West, Mumbai 400016

Email: nikhitta_aarya@yahoo.co.in

Personal Statement

Professional & Skilled Chef with over 10 years of expertise along with 3 years of teaching experience in this skill.

Quick and good learner who leads, manage and train the team. Flexible in task, job roles, organized & able to meet tight deadlines. A people's person who can add value to an organization.

Work Experience

NAAC Re-accredited 'A' Grade

Ramanath Payyade College of Hoapitality Management Studies, Mumbai, India Assistant Professor

June 2017 - Ongoing

- Food Production, Food Safety Nutrition & Human Resource Management; subjects taught
- Teaching Food Production Theory & Practical to First Year students
- Teaching Food Safety and Nutrition to First Year students
- Human Resource Management to Second Year students
- Indenting, Ordering and stock maintaining
- Conducting Practical and Theory examination & paper correction
- Student counselling & guidance
- Editing team for college website, magazine & prospectus
- Committee member for various activities in college such as Locker, Sports & Anti Ragging
- College events planning & organizing

Kohinoor College of Hotel & Tourism Management, Mumbai, India Food Production & Communication Skills Faculty

June 1, 2016 - May 2017

- Teaching Food Production Practical's for a batch of 40 students F.Y Mumbai University & Yashwant Rao Chawan University.
- Making Indent sheet every week for the Food Production Practical's.
- Monthly inventory of the Kitchen Equipment.
- Teaching Communication Skills English and Food Production theory for a batch of 80 students F.Y. Mumbai University.
- Making Power Point Presentations for Communication Skills and Food Production theory.
- Guiding & Monitoring students for extracurricular activities such as Essay competition, Debate competition, Group Discussion and Chef Competition.

PizzaExpress, Mumbai, India Assistant Manager Restaurant Excellence Operations

February 4, 2012 - 16 April 2016

- Helping in building standardized foodrecipes and documenting it, New Product Development.
- Coordinating, organizing, communicating the product launch with the International team / Supply / Marketing / Restaurant / Systems.
- Forming training plans in line with Head Trainer and training FOH & BOH team members in executing the products and its process.
- Conducting trainingsessions and Manage, Facilitate & Coordinate Entire Induction process.
- Developing and launching new products every quarterly.

College of Training team members on execution for launching the products and handling our customers.

Handing issues related to the products and its operation after the launch.

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- Setting up Dough Commissary for PizzaExpress.
- Conducting Vendor Audit.

Hilton London Metropole, London, United Kingdom Commis Chef

March 4,2011 - 15 September,2012

- Worked in the Larder section and live pizza pasta section.
- Reporting to the Head Chef, in his absence reporting to the Sous Chef.
- Preparing prep for the service, service of the food and plating of the dish.
- Doing the prep for the morning shift according to the health and safety.

Butlers Wharf Chop House (D&D), London, United Kingdom Commis Chef

November 17, 2009 - November 26, 2010

- Reporting to the Head Chef or the Sous Chef in his absence.
- Worked in respective section from production to the service of the product following the highest hygiene principles.
- Worked in Pastry section (6 months).
- Making of classical pastry dishes like sticky toffee pudding, bread & butter pudding etc. to innovative pastry dishes also included ice - creams and sorbets.
- Worked in Larder section (4months).
- Products made were salads, terrines, pate, shell fish etc.
- Worked in Garnish section (1month), where all the garnishes such as the roast gravy, pork crackling etc. were made.
- Worked in the Fish section (1month), where fish such as halibut, organic salmon, grey mullet, coed, lemon sole etc. also scotch eggs and kedgeree rice are made and served to the customers.
- Worked in the frontline (Mains) with beef, pork and turkey and breakfast which includes all types of egg, full English, porridge, kipper with toast etc.

Trident Nariman Point Oberoi, Mumbai, India Trainee Demi Chef De Partie

July 2009 - September 2009

- Reporting to the Pastry Chef.
- Worked in the Pastry and Cookie section.
- Production of Desserts for the Frangipani (restaurant) Buffet also A-la-Carte.
- Setting up the Buffet.
- Special training programmed given by Kitchen Executive Chefs (Handling of Knife, Processing fish& meat).
- A-la- Carte Plate Presentation.

Taj Lands End, Mumbai, India Internship

May 2008 - October 2008

- Worked in all department (Kitchen-3 months, Front Office, Food & Beverage & Housekeeping).
- Reporting to the Training Department.
- Misce-en-place for vegetables, seafood and meat products.
- Kitchen Training in Specialty restaurant, Ming Yang(Chinese) & Masala Bay (Indian).
- Worked in Live Station such as Pasta, Pav Bhajji in Banquets.
- Guest interaction, maintain guest profile and handling bills.
- Maintenance of guest room and looking after the room's cleanliness.

accredited A' Grade V. Mumbel ADOUBL

Education

Ealing, Hammersmith and West London College Master's in Business Administration in Hospitality, London

September 2011- March2015

Modules include:

- Business Administration
- Marketing
- Finance
- Operations
- Human Resource
- Strategy

Ealing, Hammersmith and West London College, London Postgraduate Diploma for Graduate Chefs in Culinary Arts

September 20009- June2011

Modules include:

- Kitchen Organization
- Food Safety
- European Cuisine
- Vegetarian Cuisine

BHTMS Hotel and Tourism Management Mumbai University, India

July 2006-May2009

Modules included:

- Food Production
- Rooms Division Management
- Food & Beverage Management
- Human Resources Management
- Finance
- Organization Design & Development
- Strategic Management
- Tourism

Skills and Achievements

- Achieved Food Safety and Hygiene Certificate from the College (ongoing) as well as fromButlers Wharf Chop House of level 2 and from Hilton London Metropole.
- Received the best employee of the month in Butlers Wharf Chop House and was sent for a complementary meal in Paternoster Chop House arranged by the HeadChef.
- Operates MS Office (Word, Excel, PowerPoint).
- October 2007: Appreciation Certificate for redesigning Training & Development department in Taj, Mumbai.

Languages

- Marathi Mother Tongue
- Hindi (Reading, Speaking, Writing)
- English (Reading, Speaking, Writing)



TAUQEER ZEHRA SAYED [Dietician and Nutritionist]

member of:

IDA - Indian Dietetic Association

ICDA - International Confederation of Dietetic Association

AFDA - Asian Federation of Dietetic Association

Address

: Flat #303, Building #36, Surbhi CHS, Nehru Nagar, Kurla East, Mumbai - 400 024

Email

: zehrarizvi111@gmail.com

Phone

: +91 9821279090

SUMMARY:

Motivated, qualified professional with experience in Diet Management, Diet planning, Health care Consultancy. Educate & advise a wide range of patients with dietary related disorders on the practical ways in which they can improve their health by adopting healthier eating habits. Translate the science of nutrition into everyday information about food. Constantly active in promoting healthy food choices & disease prevention by increasing awareness of the link between nutrition & health offering advice to the food & pharmaceutical industry.

CERTIFICATIONS:

Certified Diabetes Educator
 Basic Computer Certificate Course
 National Diabetes Educator Program
 Dr. BMN College Matunga, 2015

EDUCATIONAL QUALIFICATIONS:

Post-Graduation Diploma in Dietetics & Applied Nutrition
 Adv. Diploma in Physical Fitness & Weight Management
 B.Sc. (Food Science & Nutrition)
 H.S.C. (Science)
 S.S.C.
 Maharashtra State Board, 2012
 Maharashtra State Board, 2010

INTERNSHIP:

Nurture Health Solution as a <u>Dietician</u>
 ICDS Department, Sion Hospital as <u>Community Nutritionist</u>
 Talwalkar's Better Value Fitness as <u>Dietician</u>
 Digestive Health Institute of Dr. Muffazal Lakdawala as <u>Dietician</u>
 Picture This Imaging & Beyond by Jankharia Clinic as <u>Clinical Dietitian</u>
 I Month
 I Month



WORK EXPERIENCE :

- GoNutriWay
 Founder & Chief Dietician | March 2017 till present
- Ramniranjan Jhunjhunwala College, Mumbai
 Food Science (part-time) Lecturer | June 2018 till present
- MCGM and IDA, Mumbai
 Diabetes Educator in Beat Diabetes | December 2018 to March 2020
- Kanchan House of Nutrition, Mumbai Clinical Dietitian

EXTRA CURRICULAR:

- ✓ Did health camps with many corporate companies.
- ✓ Published food product research article in <u>"Standardization of Beetroot Khakhra(B Crunchy) and its</u> shelf life" in International Journal of Food and Nutritional Sciences.

PERSONAL INFORMATION:

Father's Name

Sayed Gulam Abbas

D.O.B

10th July 1995

Nationality

Indian

Gender

Female

Marital Status

Single

Linguistic Proficiency

English, Hindi & Urdu

DECLARATION:

I consider myself familiar with nutrition & fitness aspects and confident of my ability to work in an organization. I hereby declare that the information furnished above is true to the best of my knowledge

Tauqeer Zehra Sayyed



RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (ALT ONOT SUBS) Ghatkopar (W), Mumbai-400 086, Maharashira, andiA

Ushma Haria

(Registered Dietitian)

33, Geeta Bldg, Indian gymkhana corner, Matunga,

Mumbai - 400019

Email: ushmaharia@hotmail.com

Phone No: (+91)7039035117 / Res: 24010433

As it is said, youth shall reshape the world, exactly that way, I shall contribute to this by two way relation- learning from people, organization and sharing my knowledge with outer world, so as to reshape health.

Current Experience:

Nutrition Faculty at R J college, since August 2017

Head of Department (Nutrition & Dietetics) at Sushrut Hospital and Research Centre since November 2019

Prior Experience:

Visiting Nutrition Faculty at VLCC institute, Nerul, Feb 2016 - November 2019

Chief Dietician & Consulting Nutritionist at Acharya Shri Nanesh Hospital, Belapur, from May 2018 - March 2019

Goqii technologies as health coach from 2016 -2018, March

Consulting Dietician at Fabmoms, Nutrition during pregnancy and lactation, Vashi 2016-2017

Period:

28 th March, 2014 - 5 th April, 2015

Practice:

Neurogen BSI, StemAsia Hospital, Navi Mumbai

Period:

27 th Jan, 2009 - 27 th March, 2014

Practice:

Jaslok Hospital and Research Centre, Peddar road

Period:

8 Months (2 months college internship + 6 months RD internship)

Practice:

B.Y.L Ch Nair Hospital Under chief dietician, Mrs. Salome Benjamin.

Mumbai Central.



Educational Qualification:

Year of Passing	Degree	Percentage scored	University
2016	M.Sc in Dietetics and Applied Nutrition	70 %	IGNOU
2010	P.G Certificate in Diabetes Education	75 %	International Diabetes Federation
2008	Nutrition and exercise for fitness	63 %	Mumbai university
2008	P.G.D.in Dietetics and Applied Nutrition	71%	Mumbai university
2007	T.Y.BSc, Specialization in Foods, Nutrition And Dietetics.	67%	Mumbai University
2004	H.S.C	62%	Mumbai University
2002	S.S.C	80%	Swadhyay Bhuvan

Achievements:

Registered Dietitian, registration no. 045/2011

Ranked First in Post Graduate Diploma in Dietetics & Applied Nutrition, Mumbai University

Conducted workshop on **Child Nutrition** for parents and nursery children at Montana international preschool, Chembur , 2018

Conducted talk on Nutrition for diabetics at Diabetes camp, Belapur, 2018

Contributed **chapter on Nutrition** in two books, Parent guide book on **Cerebral Palsy** and parent guide book on **Muscular Dystrophy**, **Neurogen Publications**

Successfully Completed the Process of Data Collection for the Research Project "Nutritional Adequacy of Breakfast: It's Relationship to A Day's Nutrient Intake & Health Among Children, Adolescents & Adults." Sponsored By Kellogg India Pvt Ltd In 2008.

Participated in field work with ICDS organization to promote community nutrition and public



health as a part of academic curriculum.

Overview:

- > Conducted consultation in a 2 day event at CBD Belapur, food festival by collaborating with "NutriCare Solution" company, 2016
- ➤ Participated in 2 days On field consultation with "Bayer's" company, by imparting diet tips to marathon runners, in Hiranandani, Powai, 2014
- > Participated in workshop at Deutsche Bank, Goregoan on collaboration with company named, "STROMBSS", 2014

Delivered Diabetes Education on "Diet in Diabetes" to diabetic patients at Jaslok Hospital, 2012, 2013 & 2014

Participated in Nutri Meet 2012, November 1, at the Tetra Pak converting factory in Takwe, Pune.

Attended the Association of Diabetes Educators (ADE) conference held in Mumbai on October 7, 2012.

Presented on "Childhood Obesity", at Jaslok Hospital in June, 2009

Attended the workshop on cardio-pulmonary-cerebral Resuscitation at Nair Hospital and Jaslok Hospital.

Attended the training program on Fire and Non Fire Emergency at Jaslok Hospital, 2012.

Attended symposium on "Nutritional Challenges in Critical Care" organized by IDA, 20th July, 2012 at Nair hospital.

Conducted seminar on life style management at lions club of king's circle.

Successfully completed "Comprehensive course on Nutrition", August, 2010 at Saiffee Hospital.

Successfully completed Educational Program on "Malnutrition Assessment and Outcomes in Hospitalized Patients" by JADA, April, 2012.

Successfully completed the CME activity titled "Role of Enteral Feeding in Critically Ill Patients", July 2011 by ADA.

Completed the CME activity titled "Diet and Diabetes", Jan, 2011 by ADA.

Attended seminars on,

"Nutritional Challenges in Critical Care", by IDA Mumbai chapter in academic partnership with Nestle Nutrition Institute, July 2012.

XIV ISPEN National Conference "NUTRIFE[A]ST", November 2008 organised by ispen along with completion of 8 credits (fifteen sessions) certificate course in clinical nutrition level 1 – effective nutrition support in hospitalized



XXXXI Annual National Conference of Indian Dietetic Association in December 2008 at NIN, Hyderabad along with Participation in the pre-conference workshop on "preparing tomorrow's dietitians".

I.XL Annual National Conference of Indian Dietetic Association in December 2007.Short term government Certificate course on fruit and vegetable preservation and processing.

Trip to France as cultural exchange program offered by Nirmala Niketan, College of home science.

Participated in competition like, Nestle cookery contest.

Basics of computers and Photoshop with A+ Grade

'Entrepreneurship Awareness Camp' (2006) MITCON Consultancy Services Ltd.

Life member of IDA.(Indian Dietetic Association)

Member of AFST: Association Of Food Scientist & Technologists

Presentations up to regional levels (oil slicks, save tiger save nature, illiteracy eradication).

Personal Details:

Date of Birth

22-01-1986

Sex

:

Female

Marital Status

Single

Nationality

Indian

Linguistic Skills:

Languages	Read	Write	Speak
English	√	√	1
Hindi	√	√	V
Marathi	√	√	1
Gujarati	V	V	√

^{*}References would be provided on request.



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OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Chatkopar (W), Mumbai-400 036, Maharashira, INDIA



(Hindi Vidva Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400 086, Maharashtra, INDIA. Tel. No.: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act. 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

REPORT

The Post Graduate Diploma in Dietetics and Applied Nutrition commenced on 4th September 2021. The resource person for the program were Ms. Rashmi Bhanushali, Mr. Tushar Agarwal, Ms. Nikhitta Aarya, Ms. Taukeer Zehra Sayyed and Ms. Ushma Haria they are all trained and practicing dieticians or management personnel. The course was conducted through online mode and students were give Zoom links. The evaluation process was continuous and in two semesters to qualify for the PG Diploma program in Dietetics and Applied Nutrition, it is mandatory that the student completes three months internship at a hospital, clinic, or wellness centre.



RAMNIRANJAN JHUNJHUNWALA COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS) Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

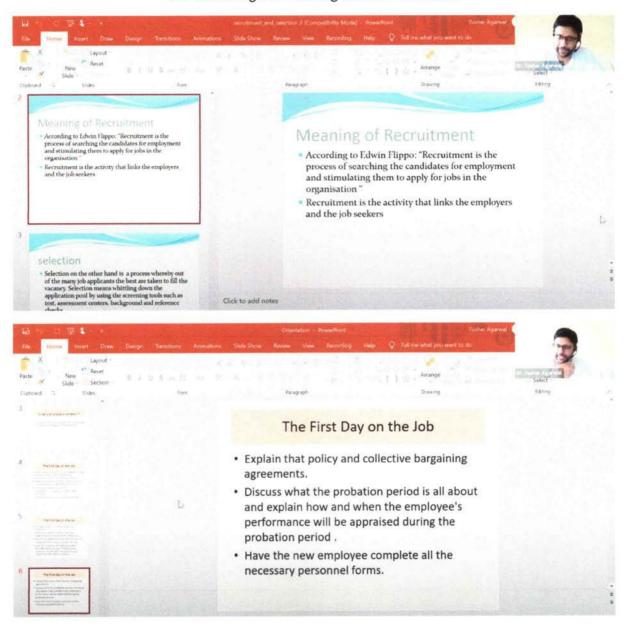
Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400 086, Maharashtra, INDIA. Fax No: +91 22 25150957 Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel. No.: +91 22 25151763

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SCREENSHOTS OF THE PROGRAM

Dr. Tushar Agarwal during the online session





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Re-accredited

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List of Students who Completed the Program

Sr No	Name	Division	Roll No
1	ANSARI ZAINAB MOHD NOORUDDIN SHABNAM	В	1
2	JAIN SWETA ASHOK MADHU	В	4
3	KHAN IFFAT ANSAR SAIRA	В	5
4	KHAN ANAM MOHAMMAD KAMRAN SHAILA	В	6
5	KHAN KHANSA HAFIZULLA ASMA	В	7
6	KHAN NAZNEEN ABDUL TAWWAB TAHIRA	В	8
7	KHAN ZAINAB ASFAND IMRANA	В	9
8	MANE DHANASHREE SANJAY MEENA	В	10
9	PANDARE SAMIKSHA SUDHAKAR SMITA	В	11
10	PANDEY NIDHI SURENDRA RAJESHWARI	В	12
11	PANDEY SHUBHA SHAILENDRA ANITA	В	13
12	PEDNEKAR HEMANGI SUNIL SEEMA	В	14
13	QURESHI MUSKAAN MUSHTAQ AHMED NASREEN	В	15
14	RANSHUR SNEHA LAXMAN SANGITA	В	16
15	SHAIKH SHAHEEN MOHAMMED ASLAM TEHRUNNISA	В	17
16	SIDDIQUI SANIYA MOHAMMAD ASLAM SHAKIRA	В	18
17	UPADHYAY DISHA RAJENDRA SEEMA	В	19
18	SHAIKH SABA FATIMA SIRAJ ZAHIDA	В	20
19	SAYYED MARIYAM KABIL SHEHNAZ	В	21
20	DEOLEKAR SIDDHI MANOJ MOHINI	В	22
21	SIDDIQUI FARHAT JAMALUDDIN ASIFA	В	23
22	ALFIYA QURESHI SAIFUDDIN ISHRAT	В	24
23	SHAH DISHA SAMIR CHERISHMA	В	25
24	BORHADE VINAYA VISHWANATH SAVITA	В	26
25	SHAIKH SAMIYA MD SHAFI SHABANA	В	27
26	ANSARI ASMA ABDUL AZIZ HUSNA	В	28
27	KHAN HINA SOHRAB AALAM KHAN YASMEEN KHAN	В	29
28	GUDHKA MIRAL PRAKASH PRAGNA	В	30
29	KAZI HUFSA SHAHID ALI SHAHANA	В	31
30	PATEL KASHISH PARVEZ GHAZALA	В	32
31	SHAIKH MASEERA FATIMA MOHD NAEEM NAHID KHANAM	В	33

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