



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

August 30, 2022

NOTICE

The Department of Economics is organising a talk on "Local food and its carbon footprint" by Dr. Anil Avhad (Associate Professor, Department of Botany, R. J. College) to celebrate National Nutrition Week (1st September to 7th September) on Wednesday, September 7, 2022 at 8.45 a.m. in Room 33.

All are cordially invited.

Dr. Sucheta Joshi

Head, Department of Economics

PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



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BROCHURE

RAMNIRANJAN JHUNJHUNWALA COLLEGE (AUTONOMOUS)

DEPARTMENT OF ECONOMICS

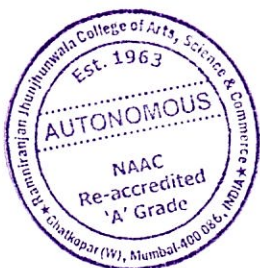
Celebrates
NUTRITION WEEK
(1st September 2022 to 7th September 2022)

A talk on "Local food and It's carbon footprints"

Wednesday, 7th September, 2022 at 8:30am
VENUE : ROOM NO.33

Dr. Anil Avhad Associate professor in department of Botany RJ college.

ALL ARE CORDIALLY INVITED !!




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Bio Data of Resource Person

NAME: Dr. ANIL EKNATH AVHAD

Educational qualification: MSc, Ph.D

TEACHING EXPERIENCE:

Total 25 years (UG teaching: 25 yrs and PG teaching 13 years)

Working as Associate Professor in Botany at Ramniranjan Jhunjhunwala College, Ghatkopar (w), Mumbai-86 since Aug-2001.

Recognized as a Postgraduate (MSc II- Plant Physiology) lecturer since July 2008.

RESEARCH EXPERIENCE

Recognized as a Research Guide for Ph.D in Botany, since December 2015. Currently Three students are enrolled. Published about 16 research papers in National and International Journals.




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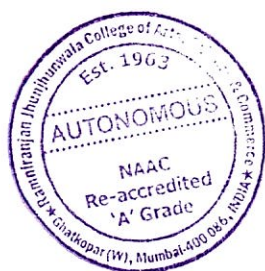
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Report

The Department of Economics organised a talk on "Local food and its carbon footprint" by Dr. Anil Avhad (Associate Professor, Department of Botany, R. J. College) to celebrate National Nutrition Week (1st September to 7th September 2022) on Wednesday, September 7, 2022, at 8.45 a.m. in Room 33.

Dr. Anil Avhad started his talk with the basics of climate change and its effect on individuals. He said that it is our collective responsibility to educate ourselves about nutrition and dietary intake which helps to tackle the problem of climate change and climate crisis. He talked about the overall benefits of eating local and nutritious food. Eat more locally available and seasonal fruits, vegetables, whole grains, millets and reduce your intake of processed food as it has carbon footprints. Eating healthy is the basic and the most important condition to be fit and healthy. The talk was very lucid and informative. The session was an eye opener in real sense.




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Photos of the Nutrition Week Celebrated from 1st to 7th September 2022



Dr. Sucheta Joshi HOD Economics giving a brief introduction of Dr. Anil Avhad to the students.



Dr. Anil Avhad during the session on 'Local Food and its Carbon Footprints'

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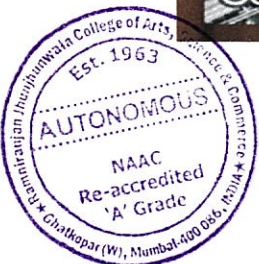
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List of Students who attended the Program.

NO	Name	Roll No	Signature
1	Pratiksha Kasabe	49	Kasabe.
2	Abba e Moaid Shaikh	46	Abba.
3	Aadesh Nagtilok	16	Nadesh.
4	Uroga Anand Pandey	20	Uroga.
5	Nafsa Anis Kheir	154	Of.
6)	Khan Sabreen Jinnah	201	Sabreen.
7	Shaikh Mariyam	134	Mariyam.
8	Shah Anam Abdul Majid	226	Anam.
9	Khan Shahina Shauhin	111	Shahina.
10	Shah Nozia Gul Hasan	101	Nozia.
11	Deepali Ram Lalit Jaiswal	32	Deepali.
12	Choukhary fatima	418	fatima.
13	Naziy Shaikh	66	Naziy.
14	Vandana Arvind Singh	163	Vandana.
15	Raj Vinod Kumar Raza	438	Raj.
16	Sonija Ramnagar Karasija	515	Sonija.
17	Manisha Reminwal Chourasia	505	Manisha.
18	Ansari Neha Rehimuddin	56	Neha.
19	Khan Nashra Obaidurrahman	41	Nashra.
20	Khan Arnaaz Mobin	44	Arnaaz.
21	Khan Sadia	37	Sadia.
22	Khan Ziya	39	Ziya.



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423	Sanskriti Pandey	14	<i>Sanskriti Pandey</i>
24	Khan Heena	24	Heena
25	Khan SOMAIFA	10	<i>Sofia</i>
26	KHAN NAJEEBA NAZ	11	<i>Najeeba</i>
27	Siddiqui Tabassum	19 (TYBA ECO)	<i>Tabassum</i>
28	Chaudhary Sabiha	7 (TYBA ECO)	<i>Sabiha</i>
29	Chaudhary Toba	51 (TYBA ECO)	<i>Toba</i>

INO	Name	Roll No	Signature
31	Shifa Khan	12 (TYBA ECO)	<i>Shifa</i>
32	Madhu Shukla	02 (TYBA ECO)	<i>Madhu</i>
33	Ahmed Khan	04 (TYBA ECO)	<i>Ahmed</i>
34	Anuj Jaiswar	31 (TYBA ECO)	<i>Anuj</i>
35	Sakshi Mohite	265 (TYBA ECO)	<i>Sakshi</i>
36	Bhavika Kumawat	450 (TYBA ECO)	<i>Bhavika</i>
37	Pallavi Ingale	05	<i>Pallavi</i>
38	Dhanapati Sastri	13	<i>Dhanapati</i>
39	Rahnuma Shaikh	40 (SYBA)	<i>Rahnuma</i>
40	Sabakhatun	143	<i>Sabakhatun</i>
41	Seeta K. Chaudhary	412 (TYBA ECO)	<i>S.K. Chaudhary</i>
42	Bigya Mishra	499 (TYBA ECO)	<i>Bigya</i>
43	Rupali Chaudhary	508 (TYBA)	<i>Rupali</i>



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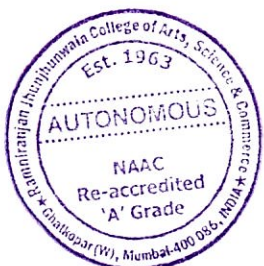
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44	Shivan Poojapati	43 (TYBA)	
45	Arzoo MD MOJASK	36 (TYBA)	Arzoo
46	Sejal Gupta	53 (TYBA)	Sejal
47	Sachin Rajbhar	33	Sachin R
48	Khan Iqba	21 TYBA (A)	07/09/22
49	Chaudhary Uzma Iqam	27 TYBA (A)	K. Iqba
50	Khan Bushra Sehar	47 TYBA	Uzma
51	Anand Pandey	282 SYBA	Anand
52	Ayush Singh	453 SYBA	Ayush
53	SOHAIL HASHMI	80 SYBA	Sohail
54	Vinay Harijan	161 SYBA	Vinay
55	Pradhum - J	138 SYBA	Pradhum
56	Gyanchand. Sharma.	291 SYBA	Gyanchand Sharma
57	Abhishek Kannaajirra	486 SYBA	Abhishek
58	Nikhil Nashed	451 (SYBA)	Nikhil

No.	Name	Roll No	Signature
57.	Aditya M khardagale	61.	Aditya
58.	Hamza Khan	28	Hamza
59	Pankaj Ashok Wad	221	Pankaj



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348 60	Mai om Panday	348	
61.	Varsha V. Dhuri	180 SYBA	
415 62.	Urmila H. Bochara	415 SYBA	
63	Sayali A. Nivilkar	219 SYBA	
64	Sakshi R. Tewari	501 SYBA	
65	Khairi Reena	SYBA/35	
66	Yadav Sneha	SYBA/53	
67	Ansari Ruksan	SYBA/89	
68	Debey Rama	SYBA/484	
69	Shaikh Aqsa M	(TYBA) Ed 17	



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Department of Economics/ Economics Association
Academic Year 20 20


CERTIFICATE

'Nurturing Aspirations Developing Potentials'

This is to certify that

Ms./Mr. Pratiksha Kasbe
of TUSA Economics participated / won _____ prize in the
Nutrition Week Celebration organised on 7th September 2022


Dr. Sucheta Joshi
Associate Professor and Head,
Department of Economics


Dr. Himanshu Dawda
Principal




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