



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

## NOTICE

### DEGREE COLLEGE

The International Yoga Day will be celebrated in collaboration with Kaivalyadham. NSS and NCC Program officers will coordinate with student leaders and students and assemble in Saboo Hall on 21<sup>st</sup> June 2022 in batches from 11 am onwards.



  
**Principal**

**PRINCIPAL**  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt, of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)



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## BROCHURE



Hindi Vidya Prachar Samiti's



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Opposite Ghatkopar Railway Station, Ghatkopar (W), Mumbai 400 086.

In Collaboration with

KAIVALYADHAM

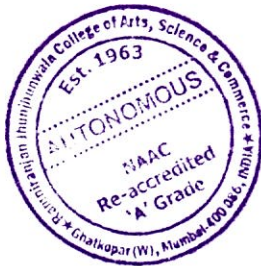
Celebrates

International Yoga Day

Time: 11 am

Date: 21<sup>st</sup> June 2022

Venue: Saboo Hall



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## REPORT

Yoga is way of life. Our Honourable Prime Minister has taken yoga to the international level. This traditional system of well being is now being universally practised. On 21<sup>st</sup> June every year international yoga day is celebrated to inculcate the values and ethos in our young generation as well as our staff. A large number of ailments can be prevented if yoga is practiced every day. We have signed a MoU with Kaivalyadham. Their trained personnel conduct yoga on yoga day with large student numbers. This program is held in a staggered manner in Saboo Hall and other venues in the college.



  
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**PHOTOGRAPHS OF THE YOGA TRAINING SESSION HELD ON 21<sup>ST</sup> JUNE 2022**



19°5'14", 72°54'34", -35.3m, 208°  
21 Jun 2022 11:45:29 am

Yoga trainer from Kaivalyadhama during the session



19°5'14", 72°54'34", -36.6m, 60°  
21 Jun 2022 11:42:27 am



19°5'14", 72°54'34", -38.6m, 46°  
21 Jun 2022 11:41:57 am

Students and teachers during the session



*(Handwritten Signature)*

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