



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date: 16th January 2023

HVPS's Ramniranjan Jhunjunwala College (Autonomous)

The Department of lifelong learning and Extension (DLLE) Unit

Organizes 'Gita4youth' An interactive session on

✨ Art of mind control ✨

by **Janudvip Nitai ji** from ISKON

Date: Thursday, 19th Jan 2023

Venue: MPSS hall

Timing: 11am to 1pm

The motive of this session is

📌 A selfless attempt to spread love and education youth with ethical, moral and spiritual values of life.



📌 Saving youth from self- destructing habits. 🌈

📌 Equip youth with essential life skills through personality and character development. 😊

📌 Assist in their academic pursuits through tested study techniques and concentration methods. 🧑🏫🧑🏫

◆ After the discussion there will be a question answer session. 💬

◆ Prasadam will be given to each student after the session.

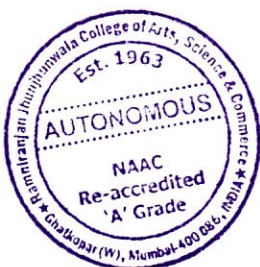
Link for registration

[https://docs.google.com/forms/d/e/1FAIpQLSdgBjInJKNu3DgCK5cDq2JkbApKkCFIsEIFGGM6TWvf\\_uSo0Yg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdgBjInJKNu3DgCK5cDq2JkbApKkCFIsEIFGGM6TWvf_uSo0Yg/viewform?usp=sf_link)

◆ For any queries, please contact 📞

➡ Roshan maurya: +91 97692 91455

➡ Sneha Chauhan: +918657225921



*Vaishali Raikwar*

Dr Vaishali Raikwar

Convenor, DLLE

*[Signature]*

PRINCIPAL  
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2019: Star College Status by DBT

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## BROCHURE

Hindi Vidya Prachar Samiti's  
Ramniranjan Jhunjhunwala College  
Ghatkopar West, Mumbai - 400 086

DLLE PEC STUDENTS PRESENTS

'Gita4youth' a special talk for students on  
*Art Of Mind Control*  
BY JAHANUDVIPA NITAI PRABHUJI

Date: Thursday, 19th Jan 2023  
Venue: Mpss hall  
Timing: 11 am to 1 pm

Prasadam will be given after the session

FIND YOUR INNER PEACE AND HEAL YOUR SOUL

GITA4YOUTH

ISKCON

About the speaker

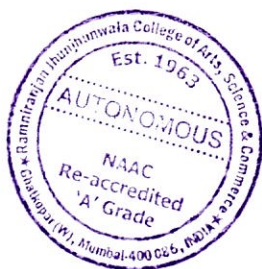
RGUKT IIT BASAR Mech Graduate,  
Assistant Engineer at L&T for 2 years

+91849990063  
Hare Krishna Land,  
ISKCON Juhu, Mumbai

Founder of Gita4youth  
Jahnudvipanital.jps@gmail.com

- A selfless attempt to spread love & educating youth with ethical, moral, and spiritual values of life.
- saving youth from self-destructing habits.
- Equip youth with essential life skills through personality & character development seminars.
- assist in their academic pursuits through tested study techniques & concentration methods.
- counseling and befriending to address troubled and confused youth.

For any queries, please contact:  
Sneha Chauhan: +918657225921  
Sonika Soni : +919821668078



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## REPORT

The PEC students of DLLE Unit organized a talk on “Art of mind control” on January 19, 2023 which was delivered by a monk from ISKON Jahanudvipa Nitai Prabhuji. The speaker explained the causes and remedies of stress and the art of mind control to get rid of many disorders related to mental health. 111 students participated in this talk. The motive of this session was to spread love and education youth with ethical, moral and spiritual values of life. Saving youth from self- destructing habits, equip youth with essential life skills through personality and character development.



  
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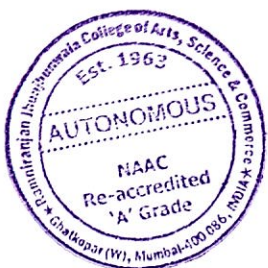
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## Photos of the Gita4Youth session



  
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GHATKOPAR (W), MUMBAI 400086

DEPARTMENT OF LIFE LONG LEARNING & EXTENSION UNIT - DLLE

(111) participants

EVENT ATTENDANCE LIST

EVENT NAME: Art of Mind Control DATE: 19/01/23 TIME: 11:00 to 1:00

Sr.No.	Name of the Participant	Class & Division	College / School Name	Sign.
28	Rohan Mawrya	FYCS	RJ College	<u>Rohan</u>
29	Ashish Gupta	FYCS	RJ college	<u>Ashish</u>
30	Bhavesh Meghwal	FYCS	RJ college	<u>Bhavesh</u>
31	Priyanka Kalpana Sahu	FYJC	RJ college	<u>Kalpana</u>
32	Virat Singh	TYBT	RJ college	<u>Virat</u>
33	Vishal Yadav	TYBSc	RJ college	<u>Vishal</u>
34	Jaswanth Pandey	TYBSc	RJ college	<u>Jaswanth</u>
35	Mawrya Rashan (v)	TYBSc	RJ college	<u>Mawrya</u>
36	Sneha Chauhan (v)	TYBSc	RJ college	<u>Sneha</u>
37	Sumit Gupta	FYJC	RJ college	<u>Sumit</u>
38	Sonika S. Soni (v)	TYBSc	RJ college	<u>Sonika</u>
39	UJWAL VARMA	TYBSc	RJ college	<u>Ujwal</u>
40	ASHISH PRASADATI (v)	TYBSc	RJ college	<u>Ashish</u>
41	Saima Shaikh	TYBSc	R. J College	<u>Saima</u>
42	Vivek V. Nitham (v)	TYBSc	R. J. college	<u>Vivek</u>
43	Anvita Paul (v)	"	"	<u>Anvita</u>
44	Shubham Tiwari (v)	"	"	<u>Shubham</u>
45	Mithilesh R. Shinde (SM)	TYBSc	R-J college	<u>Mithilesh</u>
46	ATUL JAISWAR	FYJC	R-J college	<u>Atul</u>
47	Pranshu Tiwari	FYJSci	R-J college	<u>Pranshu</u>
48	Shubham Tiwari	TYBSc	R-J college	<u>Shubham</u>
49	Shubham Pandey	TYBSc	RJ college	<u>Shubham</u>
50	Vivek D. Yadav	TYBSc	RJ college	<u>Vivek</u>
51	Krishna Mishra	FYJC	RJ college	<u>Krishna</u>
52	Rehan Khan	FYJC	RJ college	<u>Rehan</u>
53	Devedra Shingere	MSc P-1	RJ college	<u>Devedra</u>
54	Abhishek Singh	MSc P-1	PJ college	<u>Abhishek</u>
55	Rasik Mawre	MSc P-1	R-J college	<u>Rasik</u>
56	chetan katkar	MSc P-1	RJ college	<u>chetan</u>



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DEPARTMENT OF LIFE LONG LEARNING & EXTENSION UNIT – DLLE

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Sr.No.	Name of the Participant	Class & Division	College / School Name	Sign.
1.	Nishtha Yadav	FYBAMMC	RJ Clg	Nishtha
2.	Aradhana Mishra	FYBAMMC	RJ Clg	Aradhana
3.	Shamal Kamble	FYJC	RJ Clg	Shamal
4.	Shagun Singh	FYJC	R.J. College	Shagun
5.	Anjali Prasad	TYBSc	R.J. College	Anjali
6.	Prema Jha	TYBSc.	R.J. college	Prema
7.	Anshika Singh	TYBSc.	R-J College	Anshika
8.	Somkali Vishwakarma	TYBSc.	R-J College	Somkali
9.	Shivani Bhalerao	TYBSc	R.J. college	Shivani
10.	Vaishali Bhunya	TYBSc.	R.J. college	Vaishali
11.	Manisha Khan	FYBSC	R.J. Clg.	Manisha
12.	Anjali Ram	FYBSC	R. College	Anjali
13.	Shweta Sharma	SYBA	R.J. College	Shweta
14.	Ashana Ansari	TYBSc	R.J. College	Ashana
15.	Sheetal Yadav	MSc-1	R.J. College	Sheetal
16.	Ranjit Singh	MSc-1	R.J. College	Ranjit
17.	Shruti Kulkarni	FYJCS	R-J college	Shruti
18.	Ansari Manisha.	FYJCS	R-J college	Manisha
19.	Nisha Chand	FYJC Com.	R.J. College	Nisha
20.	Shivangi Yadav	FYJC SCI	R.J. College	Shivangi
21.	Laxmi Jha	TYBT	RJ. College	Laxmi
22.	Drishiti Singh	SYBMS	RJ College	Drishiti
23.	siddharth Agrawal	SYBA	R-J college	Siddharth
24.	Samika G. Yadav	FYCS	R.J. college	Samika
25.	Priyanka Sahy	SYBA	RJ College	Priyanka
26.	Sejal Pandey	FYCS	RJ college	Sejal
27.	Gargee Pawar	FYCS	RJ college	Gargee

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DEPARTMENT OF LIFE LONG LEARNING & EXTENSION UNIT – DLLE

EVENT ATTENDANCE LIST

EVENT NAME: Art of Mind Control DATE: 19/01/2023 TIME: 11:00 to 1:00

Sr.No.	Name of the Participant	Class & Division	College / School Name	Sign.
1	Esha Pandey	11 <sup>th</sup> sci / F		
2	Mahak Yadav	11 <sup>th</sup> sci / F		
3	Vanshika Pandey	SYBA		
4	Omkar Kanojiya	11 <sup>th</sup> sci / C		
5	Suraj Gupta	11 <sup>th</sup> sci / F		
6	Vishal Gupta	11 <sup>th</sup> sci / C		
7	Pradeep Murya	11 <sup>th</sup> sci / F		
8	Sakshi Tiwari	FYBSC(BT)		
9	Rani Kevat	11 <sup>th</sup> sci / D		
10	Pranjal Mishra	11 <sup>th</sup> sci / C		
11	Krishna Vishwakarma	11 <sup>th</sup> sci / F		
12	Pratham Shildhankar	FYB.A		
13	Gaurav K. Patel	11 <sup>th</sup> FYJC		
14	KOTIYAR ASHMITA	FYBA		
15	KIRTI GAUD	SYBCOM		
16	Bahl Singh	SYBCOM		
17	Kaustubh A. Upadhyay	TYIT		
18	Adarsh Yadav	TYIT		
19	Abhijeet Chauhan	TYIT		
20	Khan Asman	TYBSC		
21	Prince Yadav	FYBcom		
22	Shubham Jaiswal	FYBSCET		
23	Arpit Mallab	TYBSC C8		
24	Mishra Vanshika	FYJC		
25	Mishra Vedika	FYJC		
26	Gupta Pragati	FYJC		
27	Pratibha Mukhiya	FYBcom		

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1	Biddisatve. Hsif	TYBSC		
2	AKASH CAIRI	TYBSC		
3	Sujata Amand	SYBA		
4	Sandeep Prajapati	FYJC		
5	Mahendra Prajapati	FYJC		
6	Nupoor Rai	FYJC		
7	Pari Yadav	FYJC		
8	Craveen Chaubey	FYJC		
9	Sagar A. Mishra	FYJC		
10	Khushboo R. yadav	FYJC		
11	Sadunanisah S.A. Khan	FYJC		
12	Bharatkumar Obulapuram	FYBMS		
13	Bharti Falok	FYBMS		
14	Shani Bind	FYJC		
15	Krishna Kori	FYJC		
16	Ajanahand. Shasna.	SYBA		
17	Vinay Harjan	SYBA		
18	Harsh yadav	TYBSC B		
19	Laxmi yadav	FyBcom		
20	shweta yadav	FyBSC		
21	Roshani Dhani	Fybsc		
22	Anish Prajapati	Fybsc		
23	Shantanu Gupta	FYBSC		
24	Pandey Prerana	FyBSC		
25	Pooja Varma	FYJC		
26	Susaj Gupta	FYJC		