



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's) **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)**

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in

Email: rjcollege@rjcollege.edu.in

Tel No: +91 22 25151763

Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Project Name: Career Project (CP)

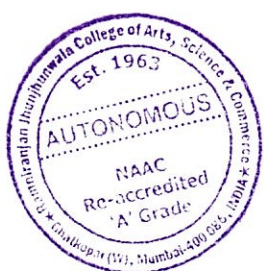
Teacher Incharge: Mr Rahul Tiwari

Number of beneficiaries: 58

Report on Career Project (CP)

The department carries out extension work projects related to Career. Career Project (CP) is one such project offered by DLLE. Around 48 students from various streams of Ramniranjan Jhunjhunwala College have enrolled for the project.

Students enrolling under this activity have to interview any two persons from any field. A questionnaire is prepared for interviewing and collecting the data, an excel worksheet is prepared for further analysis. The questionnaire contains questions about the respondent's personal details and different career options. Students have to exhibit at their own college or school or at the University and share knowledge on various career options through the charts, brochures and short talk. Finally, the project report has to be prepared systematically on completion of 120 hours of work on the Extension Work Projects undertaken by them as per the required formats based on the observations and analysis.




PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

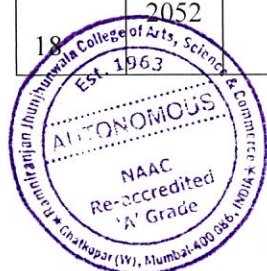
2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

2018: Autonomous Status by University Grants Commission (No. F. 22-1/2018(AC) - 28.05.2018) & by University of Mumbai (No.Aff./ICD/18-19/440 - 08.06.2018)

List of Students Enrolled for Career Project (CP)

SR NO	ROLL NO	M/F	NAME OF STUDENT	EMAIL-ID	Class
1	87	Female	Vishwakarma Sapna	sapnavishwa03@gmail.com	FYBCOM
2	208	Female	Tiwari Archita Vijayshankar	rjcarchita11tcom.393@gmail.com	FYBCOM
3	413	Male	Shaikh Mustafa Iqbal tasneem	mustafaiqbalshaikh@gmail.com	FYBCOM
4	610	Female	Choudhary Akshitha Srikanth chandrakala	akshithachoudhry@gmail.com	FYBCOM
5	809	Female	Hule samruddhi babaji Suvarna	samruddhihule72@gmail.com	FYBCOM
6	4003	Female	Kurmi Khushboo Mahendra Kusumavati	kurmikhushboo62@gmail.com	SYBAF
7	4037	Female	More Purva Prabhakar Pratiksha.	pmore5483@gmail.com	SYBAF
8	4049	Female	Nikam Sanjivani Kisan Kavita	sanjivaninikam192003@gmail.com	SYBAF
9	4057	Female	Gunjal Shruti Babaji Sushama	shrutigunjal352@gmail.com	SYBAF
10	2001	Male	Poojari Varun Jagannatha Shalini	varunpoojari16102003@grjcollege.edu.in	SYBAMMC
11	2014	Female	Tadgonda Saakshi Mallesh Yashoda	saakshitadgonda11092003@rjcollege.edu.in	SYBAMMC
12	1035	Male	Yadav Vickykumar Santoshkumar Munni	vr21467@gmail.com	SYBBI
13	2021	Female	Chaurasia Aditi Sunil Kusum	chaurasiaaditi1109@gmail.com	SYBMS
14	2024	Female	Vishwakarma Riya Ganesh Anita	kuriyavishwakarma07062004@rjcollege.edu.in	SYBMS
15	2032	Female	Sharma kamlesh Kajol	kajolsharma25022003@rjcollege.edu.in	SYBMS
16	2045	Female	Choudhary-iqra-abdul hakeem-shaheda	iqrachoudhary740@gmail.com	SYBMS
17	2047	Female	Dixit Neha Rajkumar Suman	nehadixit15062004@rjcollege.edu.in	SYBMS
18	2052	Female	Chaudhary Madiha Mohd Salim Shamsunnisa	madihachaudhary12062003@rjcollege.edu.in	SYBMS



(Signature)

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2013: DST-FIST

2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra

2016: ISO 14001:2015

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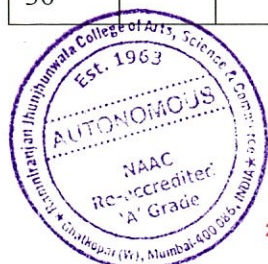
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19	2073	Female	Vishwakarma Nikita Vinod Geeta	nikitavishwakarma2008@gmail.com	SYBMS
20	2085	Male	Prabhu Anmol Gopalkrishna Renuka	anmolprabhu03042003@rjcollege.edu.in	SYBMS
21	13	Male	Sumbhe Nivrutti Jitendra Chhaya	NIVRUTTISUMBHE30062004@rjcollege.edu.in	SYBSC
22	240	Male	Mishra Aditya Indrakumar Sudha	ammumish7@gmail.com	SYBSC
23	245	Male	Dora Rahul bhaskar jyoti	rahuldora2204@gmail.com	SYBSC
24	311	Female	Indulkar Sakshi Tushar	sakshiindulkar2003@gmail.com	SYBSC
25	660	Female	Karthullyl Aswathy Shajan Dhanya	aswathyathu18@gmail.com	SYBSC
26	2011	Female	Gupta Riya Sajanlal Asha	rg857383@gmail.com	SYBSC COMP SCI
27	3029	Male	Prajapati Shivam Parmesh Tara	SHIVAMPRAJAPATI22102004@rjcollege.edu.in	SYBSC IT
28	1029	Female	Gaud Pooja Rajendra	POOJAGAUD28022004@rjcollege.edu.in	SYBSC BT
29	1040	Female	Singh Neha Ramprasad Sangeeta	singhneha0448@gmail.com	SYBSC BT
30	3005	Female	Vishwakarma Pratibha Omprakash Sona	PRATIBHAVISHWAKARMA12082002@rjcollege.edu.in	TYBAMMC
31	3007	Female	Singh Neha Sunil Vandana	NEHASINGH27042002@rjcollege.edu.in	TYBAMMC
32	3012	Female	Shukla Kirti Jay Prakash Sheela	kirtishukla04052003@rjcollege.edu.in	TYBAMMC
33	3014	Male	Gaikwad Akash Gorakh Seema	AKASHGAIKWAD11032001@rjcollege.edu.in	TYBAMMC
34	3022	Male	Kotian Yash Dinesh Prasanya	Yashkotian062002@rjcollege.edu.in	TYBAMMC
35	3024	Male	Dasandla Uday Kumar Shanthikumar Sumalatha	udaykumardasandla27082000@rjcollege.edu.in	TYBAMMC
36	3030	Female	Singh Purna Rajendra Meena	prernasingh280320021@rjcollege.edu.in	TYBAMMC



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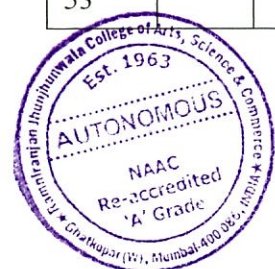
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37	3033	Female	Kale Janvi Mahesh Sujata	janvikale27062002@rjcollege.edu.in	TYBAMMC
38	3040	Male	Ojha Rishabh Mahendrakumar Kavita	RISHABHOJHA30032002@rjcollege.edu.in	TYBAMMC
39	3102	Female	Pathak Anushka Shashi Bhushan Suman	anushkapathak30072001@rjcollege.edu.in	TYBAMMC
40	3111	Male	Pandey Tushar Dharmendra Sadhana	TUSHARPANDEY28122001@rjcollege.edu.in	TYBAMMC
41	3107	Female	Mishra Priya Lalji Suman	priyamishra05022003@rjcollege.edu.in	TYBAMMC
42	3109	Female	Bubere Nuha Shoab Nobil	nuhabubere09112002@rjcollege.edu.in	TYBAMMC
43	3111	Female	Pandey Pragya Santosh Padmawati	pragyapandey489@gmail.com	TYBAMMC
44	2007	Female	Jaiswal Vishakha	vishakhajaiswal16@gmail.com	TYBSC COMP SCI
45	2039	Female	Gupta Durgavati Brahmaprasad Meera	durgag2442@gmail.com	TYBSC COMP SCI
46	2060	Male	Vishwakarma Shubham Amarnath Bindu	shubhamsss2001s.v@gmail.com	TYBSC COMP SCI
47	2061	Female	Gupta Bhumika Ramkomal Munnidevi	bhumikagupta437@gmail.com	TYBSC COMP SCI
48	2065	Male	Gupta Sandip Rajendra Vidhya	sandip.gupta.110502@gmail.com	TYBSC COMP SCI
49	2073	Female	Mishra Nandini shreedhar Punita	nandinimishra411@gmail.com	TYBSC COMP SCI
50	201	Male	Yashwant Ostwal	oyash.inn@gmail.com	TYBSC PHY
51	202	Male	Varma Ujwal Sanjay Suman	ujwal1234varma@gmail.com	TYBSC PHY
52	212	Male	GIRI AAKASH SUGRIV CHITRAKALA	aakashgiri929@gmail.com	TYBSC PHY
53	225	Male	Kumawat Vishal Navranglal Sunita	vishal976924@gmail.com	TYBSC PHY



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54	219	Male	Shubham Chandrabhushan Pandey	shubhampandey99443@gmail.com	TYBSC PHY
55	615	Female	Singh Shivangi vinay mithlesh	Vsinghshivangi26@gmail.com	TYBSC ZOO
56	626	Female	Jamkhanewala Nafia Navid Nuzhat	enjay1303@gmail.com	TYBSC ZOO
57	627	Male	Jamkhanewala Naif Navid Nuzhat	ahmed30naif@gmail.com	TYBSC ZOO
58	659	Female	Gupta Karishma Indrajeet manju	gkarishma2003@gmail.com	TYBSC ZOO



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University of Mumbai



University of Mumbai
DEPARTMENT OF LIFELONG LEARNING AND EXTENSION

"EXTENSION WORK PROJECT REPORT"

Name of the Student : Nikam Sanjivani Kisan
(Beginning with Surname)

Class : SYBAF Div: G Roll No.: 4049

Name and Address of the College :

HVPS's Ramniranjan Jhunjhunwala College
Opp. Ghatkopar Railway station, Ghatkopar (W),
Mumbai - 400086

Name of the Extension Work Project: Career Project

Kunal
Signature of Extension Work Teacher
Asst. Prof. Shushma Singh

Vaishali
11/03/23
Signature of Field Co-ordinator
Prof. Vaishali Dhaware



Signature of Principal
& College Seal
Dr. Himanshu Dawda

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A

Kunal D. Jadhav
Dr. Kunal D. Jadhav
Professor & Director
Lifelong Learning & Extension
UNIVERSITY OF MUMBAI

Signature of the Director, D.L.L. with Seal

**Certified as
TRUE COPY**

[Signature]
Principal
Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

From the Desk of the Director ...

Dear students,

It gives me a great pleasure to provide you guidelines about the Project Report to be submitted for your participation in annual extension work activities and partial fulfillment to avail the benefit of additional 10 grace marks in your final examination.

The Department of Lifelong Learning & Extension (DLLE) is established on October 12, 1978 and had been recognized as a Statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. Now it is recognized as one of the Teaching Department of University of Mumbai.

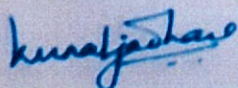
The Department acts as a focal agency in the University system for all Lifelong Learning Six Extension Work programmes and to provide academic and technical resource support for community based activities in collaboration with Universities, departments and colleges. The Department serves as an intellectual intervention in the community's living problems which need to overcome through an educational process. It helps to deepen the teachers' & students' knowledge through a wider exposure to real life situations through a variety of programs.

In addition to our other teaching responsibilities, the Department committed to conduct community oriented activities to **reach to unreached** sections of the society. To facilitate the sensitization of the student to the socio-cultural realities, the Department offers for the student, extension work projects encompassing social issues to develop a sense of responsibility towards society. These programs will help you to face life and its challenges with greater social commitment and thus create an ambience for a learning society. This will also enhance your employability skills & develop positive attitude towards community development work.

Hence, we anticipate investing your one hundred and twenty hours in one academic year for the welfare of the society through various activities involved in extension work. I am sure the qualities like Time Management, Decision-making, Interpersonal Relations, Leadership, Self-Confidence, Communication and Group Discussion Skills will be developed by your participation in these activities which are very much useful to become good citizen of India.

Here, I expect you to submit the brief record of hard work carried out by you to reach to unreached sections of the society. Please submit your observations, views and offer your constructive suggestions for our improvement.

Thanks to all,
Sincerely yours,



Dr. Kunal D. Jadhav
Professor & Director (I/c.)

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Principal

Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

- Acknowledgement by the Student**

(Please mention the kind of support provided by DLLE Unit, Principal & Extension teachers, work place staff, community and others.)

- 1) Dr. Vaishali Raikwar
(DLLE Convener)
- 2) Prof. Vaishali Dhaware
(Field coordinator)
- 3) Prof. Priyanka Nimse
(Prof. Incharge)
- 4) Ujala Yadav
(Student Manager)

My field Co-ordinator, provided the valuable advices how to get about extension work. Incharge Professor guiding us throughout the extension work activity. And a student manager also helping us and providing us the necessary support whenever required.

- My reason for joining Extension Work Activity:**

- 1) Extension work helps me to develop the Communication skill
- 2) To gain knowledge about different career path available
- 3) To Develop the research skill.

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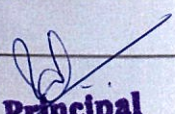

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- Please write about:

- How I started
- How I was trained – acquired skills
- How I built rapport with the others / community around.
- How I worked and the kind of work, carried out

After joining extension work firstly I have to select career which is unique so I search about the career then I choose 'Fashion Designer' to work on that career. Then I get the information about Fashion Designer. After I prepared the 4 charts based on that career. Then I attend a training programme arranged by our DLE Convener Dr. Vaishali Raikwar and Field Coordinator Prof. Vaishali Dhaware in which they gave information about how the work to be carried on in DLE Extension. We also have organised career exhibition in which we guide the students about various careers. Then we also take the interview of 2 persons who followed that career. So I asked 8-10 questions to them. I also participated in the competition arranged by DLE Unit like Quiz, etc.

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Principal

**Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.**

- Please write about your expectations from extension work activities. Are your expectations fulfilled? Please brief.

Yes, my expectations from the extension work activities were fulfilled. I will be guided properly at the time of every activity from beginning to the end. Other expectations like I learn many new things like interview technique, and many other skills which improves the overall personality.

- Please write about the difficulties you faced while conducting activities (if any):

Firstly, it was difficult to me to search a such career which has a unique characteristics. Then after searching that career it difficult to find a person who pursue that career, and also if he/she agree to give interview or not.

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Principal
Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

- How did you overcome the difficulties?

Being student in the extension activity

The group managers, teachers, and our convenor always helps, guided throughout the work so it helps me a lot. For carry extension activities. I search about how to take interview of person, learn things so it helps me to take interview easily and smoothly.

- How did you carry out activities? Give specific project related data / experience here.)

We arrange a career exhibition in college. In this students of 9th, 10th and other classes were involved. We gave them the information about the various careers available to pursue. So it helps them to know career opportunities available to pursue. So it is very kind of like interacting with them. Students are also learn it very carefully. So it gives us immense pleasure. We did our best to explain them information about the career.

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Principal

**Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086,**

- What did you learn by Extension Activities? (gain / loss)

It helps me to develop my research skills. I come to know the information about various career opportunities available to explore. It also helps to develop and to improve my communication skills as well. Also helps me to learn to how to take the interview that is the interview technique.

- How will Extension Work help you to contribute to the Society?

Many students had visited in our Career exhibition, we gave them detailed information about the various career options available so it helps them to find a way about the various career aspects to pursue and how to pursue them. They also get information about various career opportunities at one place. They get to know about the job prospects of the career being explored.

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Principal

**Ramniranjan Jhunjhunwala College,
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- What do you say about improving Extension Work: (Your Experience, views, suggestions, etc.)

Extension work is good activity due to this students personality gets improved they learn various skills which is necessary. students develops their inner abilities. Helps to convey their thoughts in front of the society.

- Remarks & feedback for extension work with suggestions (with illustrations if any):

I am very positive about my experience in DLLE activities. I learned a lot new things while carrying out the activities. The teachers, Convenor and student managers helps us, guided us throughout the extension activities. Because of their guidance we carry out the activities of DLLE smoothly. It helps us to improve our skills. I enjoyed a lot in this project. So, I am positive about my experience in DLLE activities.

Ayadans

Sign of Student Manager

no 2

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Salikema

Sign of Student

Principal

**Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.**

- Names of the College & Community Level Activities in which student has taken active participation such as: street play, group songs, poster, elocution, speech, lessons, industrial visit etc. (any other)

Sr. No	Date	Name of the activity such as: Street Play, group songs, poster, allocution, speech lessons etc.	Topic of the activity: (Save Food, Child Labor, Environment, Pollution, women empowerment etc.)	Participation for / as: writing, directing, performing, music or singing, poster designing, painting etc.	Location/ Place of performance (College / Community)	Poster prepared Yes / No	No of Hours	Signature of the Extension Work Teacher
1	6/8/2022 to 19/1/23	Information Collection & interview	Fashion Designer as career	Interviewer	-	Yes	80	2 J #
2	12/10/22 to 31/1/23	Training	-	Extension student	RJ college Ghatkopar	-	10	
3	6/8/22 to 19/1/23	Festival/Talks/exhibition Essay writing/seminar	Social environment career related	Extension student	RJ College Ghatkopar	Yes	20	
4	16/01/22 to 10/02/23	Project Report	Fashion Designer as career	Extension student	RJ college Ghatkopar	Yes	10	
		Total					120	

Please give other details (if any):

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Principal

Ramniranjan Jhunjhunwala College,
Ghatkopar (W), Mumbai-400086.

• Details of the activities attended by you performed at college or community level:

Sr. No	Name of the Activity	Yes / No	Date	Place / Location	Topic / Subject	Participated as	No. of Participants	No of Hours
i	Exhibition	Yes	20/12/22	RJ College Ghatkopar	-	Extension student	240	5
ii	Seminar, Talk, Speeches	Yes	6/8/22 to 10/12/22	RJ College Ghatkopar	Stress management, etc	Extension student	100	10
iii	Visits	No						
iv	Street Play							
v	Competitions held such as Elocution, Rangoli, Poster Making, Street Play, Quiz, Debate, Essay, Craft Making, etc.	Yes	3/11/22 to 12/12/23	RJ College Ghatkopar	Quiz, Drawing	Extension student	45	10
vi	Lessons taken by students if any (for B. Ed. students)	Yes	16/6/22 to 31/1/23	-	Career	-	8	80
vii	Interview / survey	Yes	16/6/22 to 31/1/23	No. of persons interviewed	Career	-	-	80
viii	Any other Activity	Yes	16/1/23 to 10/2/23	RJ College Ghatkopar	CP	Extension student	-	10

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Principal

**Ramniranjan Jhunjhunwala College,
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Name - Sanjivani Kisan Nikam

Class - SYBAF Div - G

Roll No - 4049

Topic - Career project (Fashion Designer)

Page No.	
Date	

Interview Questions

Fashion Designer -

Interviewee - Arati Deshpande

1) What key qualities one should possess for becoming a fashion designer?

⇒ For becoming a fashion designer one should have a excellent drawing, a strong imagination power, and for portraying an art and always be come up with innovative.

2) Qualification necessary for entry in Fashion Designer.

⇒ Pursue a bachelor's degree in design.
Some courses to pursue in design like BDes, BFTech, BSc in Fashion Design, etc.

3) Describe your process for creating new design.

⇒ Firstly I research some new designs. So one's I get that, I start sketching out my designs, also I used a some softwares such as CAD, CorelDraw, etc to create my designs, once in I finalized design I select fabric and then stitching.

4) What is your favourite part about being a designer?

⇒ I love to sketch. I really enjoy a lot while sketching the designs. I enjoy all of the creative, artistic and technical aspects of the designing

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my clothing.

- 5) How do you stay up to date with fashion?
- ⇒ Mostly I keep up to date through fashion m. and websites, ^{they} are great for keeping up with tre. Also, like from TV shows, some fashion show.
- 6) Essential element needed for successful fashion Designer.
- ⇒ Keep update about the trends, as trends keep change and accordingly customers demand. so its important to have eye on the changing trends in the market.
- 7) What challenges does a Fashion designer encounter?
- ⇒ Increasing competition in the market. Because of increase number of too many Fashion industries, fashion designers. So Competition is also growing.
- 8) Who do you follow in the fashion industry?
- ⇒ I Follow to Manish Malhotra. He has been designing Costumes for many celebrities and movies, he considered as the most successful Fashion designer in India.

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Interviewee - Trupti Pawar

What key qualities one should possess for becoming a fashion designer?

One must have a good sense of style, a lot of creativity and have a good communication skills and also be detail oriented about the fashion trends.

Qualification necessary for entry in fashion designer
To pursue a bachelor's degree in fashion design. Also, other qualification like training in Computer assisted design programs (CAD), Corel Draw, etc.

Describe your process for creating new design.
Firstly I decide ~~the~~ theme that is for which style I've to design the dress then I imagine what will the design for dress then I sketch that what I imagine, then Fabric selection, pattern making then I stitch and finishing the dress.

What is your favourite part about being a designer?
I enjoy every aspect about designing, but I like the most part is stitching the clothes.

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5) How do you stay up to date with fashion?
⇒ Mostly I search it on the internet, by attending the fashion shows or by reading magazines, by studying technical manuals.

6) Essential element needed for successful fashion designer

⇒ I believe the essential element required is the Creativity. As a fashion designer we have to come with innovative design. It's essential to be able to think outside the box, and always come up with innovative. Your designs need to be accepted by p

7) What challenges does a Fashion Designer encounter?
⇒ I think the most challenge is handling the customers. Fashion trends are always keep changing every time, according to customer's taste changes. So, it's gets difficult to get perfect custom style, knowing exactly what customers want and reading their minds.

8) Who do you follow in the fashion industry?
⇒ Sabyasachi Mukherjee. He is specially famous for Indian Bridal wear.

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Essay Writing / Additional Information

Environment - pollution & its effect on health.

Today Environment pollution is the biggest issue in our today's world. So, basically what does the environment, it means everything present around us is our environment, so it includes all living and non-living things in our surroundings. Pollution means impurity. So, environment pollution is effect caused by undesirable changes in our surrounding and have negative impact. So, Environment pollution is badly affect developing and developed countries. It is the enemy of living organisms. But, we are the only humans a most reason for environment pollution. There are the various reasons for environmental pollution like deforestation, noise comes from horns of the car, Factory chemicals, disposable plastic, sewage water of factories, etc.

There are various types of environmental pollution -

- | | |
|-------------------|--------------------|
| 1) Air pollution | 2) Water pollution |
| 3) Soil pollution | 4) Noise pollution |

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1) Air Pollution - Air pollution is very serious problem in today's growing world as rate of air pollution in the atmosphere is getting at higher rate and it causes a negative impact on humans. So, it makes a environment dirty. So, Air pollution can cause due to burning of the Fossil Fuels like Coal and other Fuels. Smoke from the vehicles such as buses, trucks, trains, etc. Carbon monoxide leaked from factories, etc.

So, due to air pollution there are various effects on human health like - • Respiratory problems like asthma • Respiration diseases • Headache • Anxiety • Harm to the liver • irritation of the eyes, throat • Can cause serious health hazards like cancer • Can also damage cells in the respiratory system

2) Water Pollution - Water pollution is a pollution in the rivers, lakes, sea oceans, etc. due to human activities. Water pollution is increasing day by day so we have to take measures to reduce it as without water there would be no life on earth because we need to consume water for survival and also need for other activities like cleaning,

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washing, cooking, etc. So, water pollution can cause due to sewage water dumped into pond, rivers, etc. leakages from oil tankers, washing clothes, bathing rattles in rivers and pond by humans. plastics thrown by humans in river, pond, etc.

Effects of water pollution on human health like -

- By drinking impure water, many people suffer from many diseases like typhoid, malaria, cancer, etc
- Consumption of highly contaminated water can cause injury to heart, kidney. we can also cause skin problems, hair loss. Produce a sore throat, Fever, diarrhoea in certain people and if it continues it may even death.

3) Soil Pollution - soil pollution can be defined as the increase of persistent toxic elements in soil like presence of chemicals, salts, radioactive waste, etc. that causes changes in soil's quality. Soil pollution can cause due to increasing use of fertilizers, Acid rain, deforestation, wrong agricultural practices, etc.

Effect of soil pollution on human health like -

- Effect of soil contamination on human health include

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breathing disorders, birth defects, skin diseases & cancer

- Can cause skin problems like irritation and eyes • weakness
- headache • vomiting • cause damage to kidney and liver, risk of developing cancer

4) Noise Pollution - Refers to excessive noise in the environment that may harm the activities or balance of humans. Noise pollution can cause due to heavy machinery being used in large factory, noise from traffic vehicles, noise from household equipment, loud speaker, unnecessary use of fire crackers, etc.

Various effect of Noise pollution on human health like -

- Cause damage to ears and person may not be able to hear correctly, sometimes even go deaf • Causes the heart problems, lack of sleep and cannot concentrate
- Cause high Blood Pressure, Headache • Increase the rate of heartbeat & stress • Disrupts child's Cognitive performance.

So, the environmental pollution is increasing day by day and if we can't tackle this problem then it adversely affect environment, health. we can reduce this pollution by planting trees, conserve energy, use eco-friendly chemicals, etc because these is need of future generation as well.

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