



# R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date:21/01/23

## Notice

### ROTARACT CLUB OF RAMNIRANJAN JHUNJHUNWALA COLLEGE

The Rotaract Club of Ramniranjan Jhunjhunwala college is organizing an event called GOONJ. It is a Public Relations and Marketing Initiative. The motto of this event was to promote empowerment, leadership, and community development among youth.

Name of the event: GOONJ 22-23

Start Date: 23/01/23

End date: 28/01/23

Principal

Dr. Himanshu Dawda  
PRINCIPAL  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



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## BROCHURE

District 3141  
**Rotaract**

2022 - 23  
**GOONJ**  
-AN ECHO OF AWARENESS

Goonj - An echo of awareness  
Goonj is a legacy project where we conduct  
mega awareness events,  
happening from last 6 years , this year will be  
7th year of this project.

**Starting from 23rd January 2023**

RSVP  
Rtr. Pooja Singh (+91 7380720402)  
Rtr. Tarun Ootwal (+91 9167659609)

@rotaract\_club\_of\_rj\_college rcrjcollege@gmail.com RCRJ @RCRJ\_college RCRJ College



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## Report

The main aim GOONJ is to promote understanding of right and wrong in our society and to continue the legacy of our club. By raising public awareness through tailored posters, we drew attention to specific issues and encouraged discussions.

One way to raise awareness is through events like the Cycle Rally, hence we aimed to spread awareness about youth problems such as bullying, depression, and hypertension. Additionally, we wanted to promote physical fitness and educate about health disorders like stress and obesity. To create a world beyond racism and discrimination, where everyone can get their human rights. To help people understand the reasons behind the stressful life many individuals face. Promoting the importance of social topics and being a responsible citizen was our another objective. By addressing issues like bullying and racism in schools and colleges, we took the responsibility for those suffering in our society. Understanding the impact of depression is crucial, as it affects people of all ages and backgrounds worldwide we conducted a public interview named as "Voice of youth" Events like the wash focused on menstrual health and hygiene, which are essential for safeguarding women's dignity, privacy, and self-efficacy. We recognized the challenges faced by those without access to sanitary products, so we decided to distribute sanitary pads as neglecting menstrual hygiene can lead to serious health risks, including infections and complications in reproductive and urinary tract health. The cycle rally was also involved in goonj as we wanted to promote empowerment, leadership, and community development among youth. By participating in the rally, many individuals gained a sense of ownership and a platform to communicate their goals while receiving feedback from the community.

Youth awareness initiatives have a profound impact on various aspects of student well-being. Through interventions, instances of bullying decreased, both in terms of students bullying others and students experiencing bullying. Additionally, there were improvements in anxiety, depression, and overall well-being among students. By openly discussing mental health, misconceptions and stigma were reduced, and individuals were encouraged to seek help and find support networks.

This event was a huge success, leaving a lasting impact on both the participants and the community. The event encompassed various activities aimed at raising awareness about important issues affecting the youth. One such activity was a poster awareness event that focused on topics like depression and bullying in college, sparking meaningful conversations and counseling sessions to address mental health concerns. Additionally, the event provided a platform for members to improve their communication skills and boost self-confidence through

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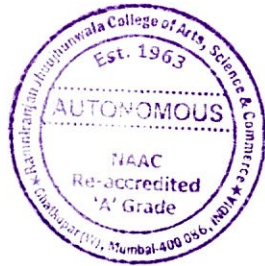
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interactions with the public. The highlight of the event was the cycle rally, which not only promoted the importance of saving fuel and maintaining a safe environment but also engaged the youth effectively. Discussions on sanitation, health problems, and menstruation awareness were also conducted, further educating the villagers and donating sanitary pads. Overall, the event was a grand success.



  
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## PHOTOGRAPHS OF ROTARACT VOLUNTEERS



  
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**Attendance**

Roll no	Full Name	Class	Roll no.	Full Name	Class
2135	Tarun Praveen ootwal	FYBMS	2152	TabishBandri	TYBMS
2126	Khalil Shaikh	FYBMS	2044	PriyaRatneshYadav	TYBMS
2069	Aasthakatoch	FYBMS	2074	Devanaygi	FYBMS
2048	Prathamesh Rajesh shinde	FYBMS	2084	Mohit Mishra	FYBMS
610	REETIKA SANTOSHKUMAR SINGH	SYBSC	2205	Premprakash. Bhagwan. Prajapati	TYBMS
2035	AditiPradeepYadav	SYBMS	2128	JyotiTiwari	SYBMS
2060	AshwiniMukesh Sharma	FYBMS	2015	SanjanaShivkumar Singh	FYBMS
			2057	ShrawaniKhebadde	SYBSC
2028	ShubhangiAbhiramTiwari	SYBMS	2121	SNEHA BACHCHANLAL PATEL	FYBMS
2031	Ishaqueashfaqueshaiikh	FYBMS	814	sohamshinde	SYBCOM
2077	ManishaArun Pal	FYBMS	645	Amber Malandkar	FYBCOM
2032	Jaya Sandeep Singh	FYBMS	2095	MukeshVishwakarma	FYBMS
837	vedantivishwajitkhandke	SYBCOM	2103	Harsh SantoshSonawane	FYBMS
2107	Shaikh Fatima Iqbal	TYBMS	2001	NIKHIL TRIPATHI	FYBMS
2017	PriyaRamnareshYadav	FYBMS	2056	SUMEET RAJESH GUPTA	TYBMS
2119	Nawaz Shaikh	TYBMS	2017	AtulHiralal Gupta	Ty BMS finance
2151	PushkarPatil	TYBMS	2070	Hitesh Kumar Mohanlalsharma	FYBMS
2016	Sayalichinchalkar	FYBMS	2137	Aryan Lagad	FYBMS
			2097	AditiLalitJadhav	FYBMS
			57	Yadav Mahesh Ghanshyam Shanti Devi	TYBSC



  
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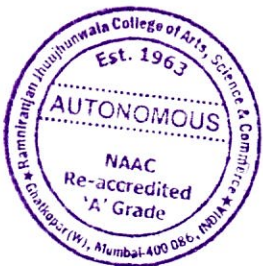
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## Certificates



  
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