



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

Date: 01/09/2022

NOTICE

ROTARACT CLUB OF RJ COLLEGE

The Rotaract Club of Ramniranjan Jhunjunwala College is organising an event to spread awareness among people about drugs and alcohol with the help of a skit and to keep students and youth of today away from it as it can harm them heinously, especially because the effects of drugs can lead to lasting brain damages and put the consumer of substances at increased risk of dependence.

Date: 3 September 2022

Time: 2:30 to 5:30 pm

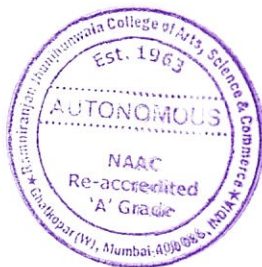
Venue: RJ College

Prof. Kalaiselvi Nadar

BMS Coordinator

Dr. Himanshu Dawda

Principal



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RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

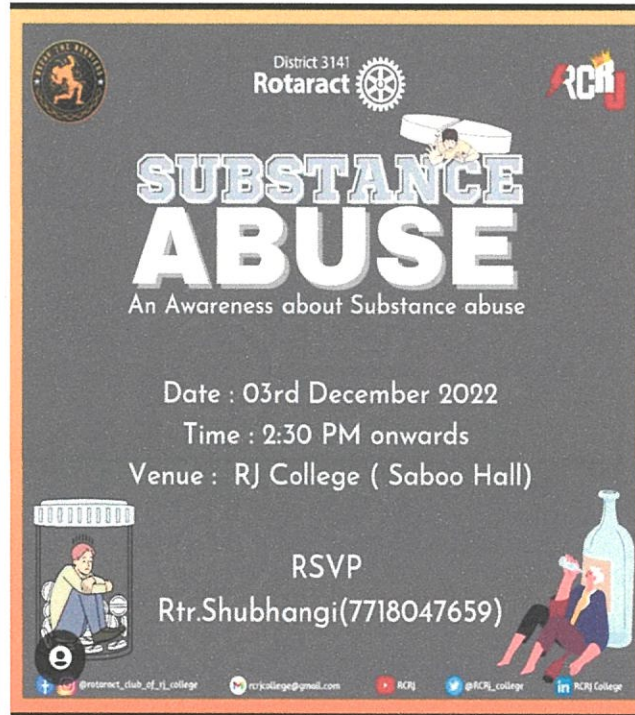
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BROCHURE



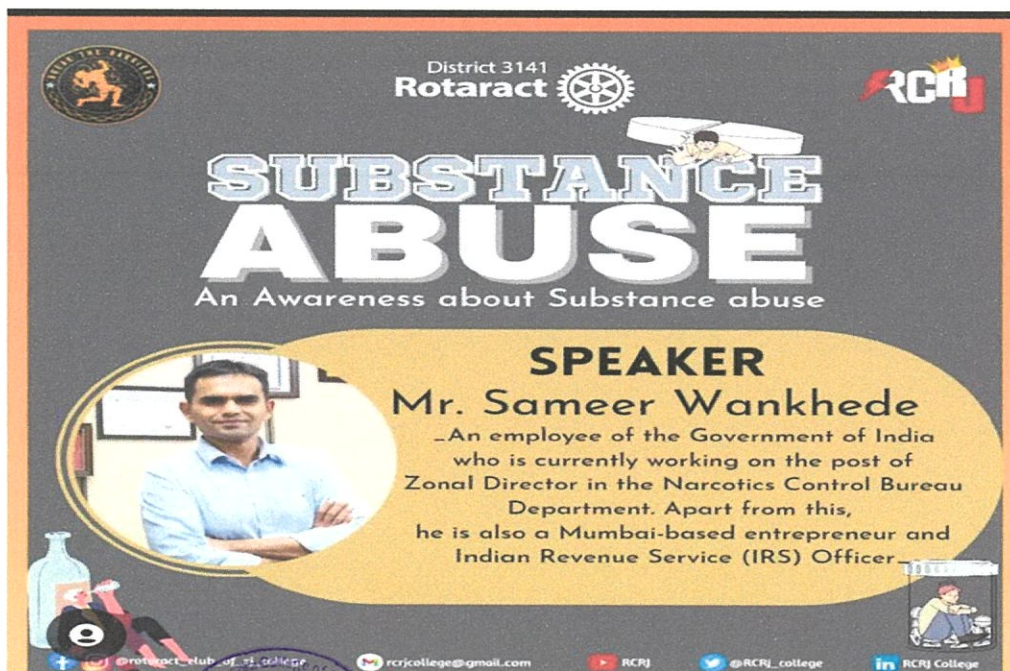
District 3141
 Rotaract

SUBSTANCE ABUSE
 An Awareness about Substance abuse

Date : 03rd December 2022
 Time : 2:30 PM onwards
 Venue : RJ College (Saboo Hall)

RSVP
 Rtr.Shubhangi(7718047659)

Logos: Rotaract, RCRJ, and social media handles for Rotaract Club of RJ College, rjcollege@gmail.com, RCRJ, @RCRJ_college, and RCRJ College.



District 3141
 Rotaract

SUBSTANCE ABUSE
 An Awareness about Substance abuse

SPEAKER
Mr. Sameer Wankhede
 ...An employee of the Government of India who is currently working on the post of Zonal Director in the Narcotics Control Bureau Department. Apart from this, he is also a Mumbai-based entrepreneur and Indian Revenue Service (IRS) Officer

Logos: Rotaract, RCRJ, and social media handles for Rotaract Club of RJ College, rjcollege@gmail.com, RCRJ, @RCRJ_college, and RCRJ College.



(Signature)

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REPORT

Name of the Event: Substance abuse

Date: 3 September 2022

Time: 2:30 to 5:30 pm

Venue: RJ College

This event was organised by the Rotaract club of Raminiranjan JhunJhunwala College to help people overcome withdrawal symptoms and abstain from alcohol or drug use. The project was handled through the professional development avenue under the chairmanship of Rtr. Shubhangi Tiwari. It was held on December 3, 2022, at RJ College. The event started at 2:30 p.m.

The aim of this event was to alleviate the use of drugs and alcohol, spread awareness among people with the help of a skit, and keep students and youths away from harmful substances. Our mission for this event was to increase awareness and knowledge of the potential health, social, and legal consequences of illicit drug use, for which our target group was young people aged 15 to 25 years old. Youth gets carried away easily as they want to be accepted by friends or peers who are doing drugs and to fit in, abused drugs can produce feelings of pleasure that leads them to consume them on a daily basis and then the young people suffer from depression, anxiety, stress-related disorders, to forget the physical pain they may consume drugs to try to get some relief or to get a feeling of numbness.

The impact of this event on participants was that the general body members, students, and parents got the opportunity to learn or relearn the social skills they need to cope with everyday life instead of resorting to substance abuse.

The overall event explained how alcohol and most drugs are linked to heart and blood vessel problems. This can lead to an irregular heartbeat, a heart attack, a stroke, and eventually death.

We were appreciated by our guest of honour, Sameer Wankhede sir, and he gave us some suggestions on how to make more people aware about drugs and alcohol.

The feedback we received was as follows:

Sameer Wankhede Sir appreciated and introduced a slogan to us: "Say no to drugs and yes to life."

Everyone gave a positive feedback and appreciated skit performed by our club members as well as the session. People were amazed by Sameer sir's speech and they found his words a great inspiration.

The event ended on a good note.




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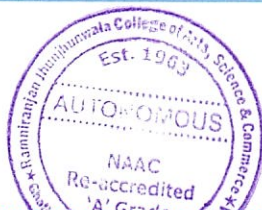
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PHOTOS OF SUBSTANCE ABUSE – SKIT CONDUCTED



PRINCIPAL

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ATTENDANCE

Roll no	Full Name	Class	Roll no.	Full Name	Class
1004	Prachi Ramtirth Sharma	SYBBI	2152	Tabish Bandri	TYBMS
2135	Tarun Praveen ootwal	FYBMS	2044	Priya Ratnesh Yadav	TYBMS
2126	Khalil Shaikh	FYBMS	2074	Devanaygi	FYBMS
2069	Aastha katoch	FYBMS	2084	Mohit Mishra	FYBMS
2059	Shabana kashamabdul shaikh	FYBMS	2145	Satyam sarvesh singh	TYBMS
2086	Smitesh Mahendra Yeole	FYBMS	2113	Mohammed Sanabano	SYBMS
2065	Sachin gupta	SYBMS	2030	Bijay mohan yadav	TYBMS
2110	Vedant Harishchandra Kamble	FYBMS	2021	Dayanand Ayodhya Maurya	TYBMS
665	Singh Sakshi Vinod	S.Y.B.Sc.	1002	Shubham Indrajeet Prajapati	TYBBI
2009	Iqra Ansari Shakil	TYBMS	2116	Shivprasad Gowda	TYBMS
2109	Rai Gaurav	TYBMS	2042	Rohan Rajendra Yadav	FYBMS
647	Jethe Krutika Sandesh	SYBSC	2089	Saima patel	FYBMS
2028	Saima Rabi Shaikh	SYBSC	2049	Harshika kailas Gaikwad	FYBMS
653	Chanda shambhu kanu	SYBSC	2049	Harshika kailas Gaikwad	FYBMS
2108	Tanvi Mamgain	FYBMS	2039	Aakash Dilipkumar Yadav	SYBMS
2132	Yashpal singh jaisingh rajpurohit	Tybms	2051	Amit Shivmurat Patel	SYBMS
610	REETIKA SANTOSHKUMAR SINGH	SYBSC	2128	Jyoti Tiwari	SYBMS
431	Vighnesh	Sybcom	284	Riddhi Singh	FYBA
2009	Deepti Kanaiya Thakkar	FYBMS	220	Vinayak singh	SYBCOM
2033	Ankita Uttam Singh	SYBMS	2047	DUSHYANT borana	FYBMS
2102	Khushi Singh	FY	2116	Shaikh UmeHabiba Salim	FYBMS
2007	Roshan Raisaheb Yadav	FYBMS	2064	Roshni Ashok Bind	FYBMS
2137	Gupta Shivam Brahmadeen	SYBMS	2121	SNEHA BACHCHANLAL PATEL	SYBMS
2119	Nawaz Shaikh	TYBMS	2097	Aditi Lalit Jadhav	FYBMS
2151	Pushkar Patil	TYBMS	57	Yadav Mahesh Ghanshyam Shanti Devi	TYBSC
2016	Sayali chinchalkar	FYBMS			



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CERTIFICATES



NAAC Re-Accredited 'A' Grade

District 3141
Rotaract
CLUB ID: 42889



Club of
Ramniranjan Jhunjunwala College
Rotary Club of Mumbai Ghatkopar

CERTIFICATE

This certificate is awarded to

Iqra Ansari

for participating in the event

"Substance abuse"
on 03-12-2022.



Rtr. Nawaz Shaikh
President 202223



Prof. Kalaiselvi Nadar
Teacher Coordinator



Dr. Himanshu Dawda
Principal



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Ramniranjan Jhunjunwala College
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CERTIFICATE

This certificate is awarded to

Tanvi Mamgain

for participating in the event

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President 202223



Prof. Kalaiselvi Nadar
Teacher Coordinator



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