



# R. J. COLLEGE of Arts, Science & Commerce (Empowered Autonomous)

(Hindi Vidya Prachar Samiti's) **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce**

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400086, Maharashtra, INDIA.

Website: [www.rjcollege.edu.in](http://www.rjcollege.edu.in) • Email : [rjcollege@rjcollege.edu.in](mailto:rjcollege@rjcollege.edu.in) • Tel No. + 91 22 25151763

*College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956*

**Affiliated to UNIVERSITY OF MUMBAI II NAAC Re-Accredited 'A' Grade (CGPA: 3.10)**

01/08/2023

## NOTICE

Speaker's Forum is organising a Session on **RELEVANCE OF INDIAN KNOWLEDGE SYSTEM IN TODAY'S LIFE** by **Mr. Sudhir Dave, Yog Guru, Life Coach and International Trainer** on **Tuesday, 8<sup>th</sup> August 2023** from **11 am onwards** in **MPSS Hall**.

Day: **Tuesday**

Date: **8<sup>th</sup> August 2023**

Time: **11 am onwards**

Venue: **MPSS Hall**



  
**PRINCIPAL**  
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## BROCHURE



Hindi Vidya Prachar Samiti's  
Ramniranjan Jhunjhunwala College of Arts, Science and Commerce, (Empowered Autonomous)  
Ghatkopar (West), Mumbai 86

### Speaker's Forum


Organises  
A Talk on

## RELEVANCE OF INDIAN KNOWLEDGE SYSTEM IN TODAY'S LIFE

By

### Mr. Sudhir Dave

Yog Guru, Life Coach and International Trainer



Day: Tuesday  
Date: August 8, 2023  
Time: 11 am -12.30 pm  
Venue: MPSS



  
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## REPORT

The Speaker's Forum organized an engaging session on the *Relevance of Indian Knowledge System in Today's Life* on Tuesday, 8th August 2023, at 11:00 AM in the MPSS Hall. The session was led by Mr. Sudhir Dave, a renowned Yog Guru, Life Coach, and International Trainer.

Mr. Dave eloquently highlighted the significance of ancient Indian wisdom, including yoga, Ayurveda, and holistic living, in addressing contemporary challenges. He emphasized integrating these timeless practices into daily life for personal and societal well-being.

The session witnessed active participation from 91 teachers and concluded with a lively Q&A, leaving attendees inspired and informed.



  
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## PHOTOGRAPHS OF THE SESSION ON POSITIVE ENERGY CONDUCTED ON 08/08/2023 FOR TEACHING STAFF MEMBERS



**Dr. Kiran Kolwankar felicitating Mr. Sudhir Dave**



**Mr. Sudhir Dave sharing with teachers the importance of Ancient Indian wisdom**



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## SPEAKER'S FORUM

### ORGANISES

#### A SESSION ON 'RELEVANCE OF INDIAN KNOWLEDGE SYSTEM IN TODAY'S LIFE' BY

MR. SUDHIR DAVE

Day: Friday

Date: 11<sup>th</sup> August 2023

Time: 11:00 am onwards

### Attendance

Sr. No	Name	Department	Signature
1.	DR. SARASWATHI MOORTHY	ACCOUNTANCY	S. Moorthy
2.	Sujata Kotian	DSAI	Sujata
3.	Mujtaba Shaikh	DSAI	M. Shaikh
4.	Rahel Yadav	DSAI	Rahel
5.	Dr. Tania Karipel	Biotechnology	Tania
6.	Vishriya Manoranjitham	Biotechnology	V. Manoranjitham
7.	Ritika Mahanty	Biotechnology	R. Mahanty
8.	Dr. Smita Jadhav	Biotechnology	S. Jadhav
9.	Shriya Yadav	Biotechnology	Shriya
10.	Dr. Rachana Acharya	Biotech	R. Acharya
11.	Dr. Janhavi A. Bhagwat	Zoology	J. Bhagwat
12.	Mr. Bhagirat Mishra	Zoology	B. Mishra
13.	Dr. Ashish Yadav	Physics	A. Yadav
14.	Dr. J. D. Girase	Chem	J. D. Girase
15.	Mr. M. D. Medhi	Chem	M. D. Medhi
16.	Ms. Kajal B. Shirke	BMS	K. Shirke
17.	Dr. Veena Kelkar	Botany	V. Kelkar
18.	Ms. Rochira Javkar	Botany	R. Javkar
19.	Dr. Suchela Golwalkar	Biotechnology	S. Golwalkar
20.	Jeetendernath B. Jha	Accountancy	J. B. Jha
21.	Sanket Tikare	Mathematics	S. Tikare
22.	Indrasingh Savel	Mathematics	I. Savel
23.	Jaisankar Singh	Statistics	J. Singh
24.	Rahel Tiwari	Statistics	R. Tiwari

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Sr. No	Name	Department	Signature
25	Pratap P. Kamble	chemistry	
26	Amol A. Kadam	chemistry	
27	Shah Wasif	Mathematics	
28	Ajaykumar Shukla	Mathematics	
29	Suresh Singh	Statistics	
30	Vaishnavi Nair	Statistics	
31	Darpana More	DSAI	
32	Jewel Sabhani	BVOC	
33	Vaidehi Deshpande	CS	
34	Vinita D. Singh	CS	
35	Anita Gaikwad	CS	
36	Nilam Patade	CS	
37	Shivani Deopa	CS	
38	Pooja Kushwaha	CS	
39	Prityanka Nimse	CS	
40	Tejaswini Pol	CS	
41	Bhazari Bhole	IT	
42	Archana Bhide	IT	
43	PUNAM SINDHU	IT	
44	Prachi A. Surve	IT	
45	Radhika Kapoor	IT	
46	Aditi Prajapati	IT	
47	Jeena Kasetkar	IT	
48	Dr. Yugandhara More	IT	
49	Dr. Bhushan Arekar	Political Science	
50	Steven Dobo	Pol. Science	
51	Dr. Subodh Barve	Commerce	
52	Dr. Mangesh V. Panchal	Accountancy	
53	Dr. Sucheta Joshi	Economics	
54	Pranali Karkik	Economics	



Sr. No	Name	Department	Signature
55	DR. GEETA M. JOSHI	ZOOLOGY	Geeta
56	Dr. Laxmi. Desai	B. Law	Laxmi
57	Sudhanshu M. Palav	Economics	Sudhanshu
58	Dr. Neeta Chakravarty	English	Neeta Chakravarty
59	Dr. Maria Sheikh	English	Maria
60	Dr. Vaishali Raikwar	Physics	Vaishali
61	Ms. Shraddha Sonavane	Botany	Shraddha
62	Ms. Gauri Joshi	ESDM	Gauri
63	Mr. Somnath Kangralkar	Botany	Somnath
64	Namrata Jaiswal	Botany	Namrata
65	Aishwarya Parab	Botany	Aishwarya
66	PRABHJIT BABA	Chemistry	Prabhjit
67	Dr. Sneha Deskar	Marathi	Sneha
68	Dr. Neelambari M. Kulkarni	Marathi	Neelambari
69	Ashwini Gole	Sociology	Ashwini
70	Preashita Parab	commerce	Preashita
71	Aswari Mokal	Chemistry	Aswari
72	Palak Chawle	Chemistry	Palak
73	VAISHNAVI SRIDHAR	Chemistry	Vaishnavi
74	Sangita Krishnan	chemistry	Sangita
75	Shamika V. Rao	Chemistry	Shamika
76	Saleha Khan	Biotech	Saleha
77	Dr. Rina Pitale Purodbhai	Philosophy	Rina
78	Dr. D.B. Singh	Botany	D.B. Singh
79	Dr. Anil E. Avhad	Botany	Anil
80	Mr. Chinmay S. Bapat	Psychology	Chinmay
81	Nandini J	BBT	Nandini
82	Mala Gopiani	BBT	Mala
83	Priya Shetty	BBT	Priya
84	Pravir G. Nayak	Botany	Pravir

*(Signature)*

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## CERTIFICATE

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<p><b>CERTIFICATE</b></p>	
<p>This is to certify that</p> <p><b>Dr. Saraswathi Moorthy</b></p>	
<p>participated in the <b>Capacity Building Session on Relevance of Indian Knowledge System in Today's Life</b> by <b>Mr. Sudhir Dave</b> organized on <b>11<sup>th</sup> August 2023</b>.</p>	
<p> Dr. Himanshu Dawda Principal</p>	



  
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