



R. J. COLLEGE of Arts, Science & Commerce (Empowered Autonomous)

(Hindi Vidya Prachar Samiti's) **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce**

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in • Email : rjcollege@rjcollege.edu.in • Tel No. + 91 22 25151763

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.10)

01/08/2023

NOTICE

Speaker's Forum is organising a Talk on **Positive Energy** for Non-Teaching Staff Members by **Mr. Sudhir Dave, Yog Guru, Life Coach and International Trainer** on **Tuesday, 8th August 2023** from **11 am onwards** in **MPSS Hall**.

Day: **Tuesday**

Date: **8th August 2023**

Time: **11 am onwards**

Venue: **MPSS Hall**




PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

2019: Star College Status by DBT

2008: Best College by University of Mumbai 2010: IMC RBNQ Award 'Performance Excellence' for the year 2009

2011: 'Best Teacher Award' by Government of Maharashtra 2013: DST-FIST 2014: DBT STAR College

2013 & 2014: 'Jagar Jaanivancha Award' by Govt. of Maharashtra 2016: ISO 14001:2015 2016: ISO 9001:2015 2017: ISO 27001:2013

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BROCHURE



Hindi Vidya Prachar Samiti's
Ramniranjan Jhunjunwala College of Arts, Science and Commerce, (Empowered Autonomous)
Ghatkopar (West), Mumbai 86

Speaker's Forum

Organises
A Talk on

POSITIVE ENERGY


For Non-teaching Staff

By

Mr. Sudhir Dave

Yog Guru, Life Coach and International Trainer

Day: Tuesday
Date: August 8, 2023
Time: 11 am –12.30 pm
Venue: MPSS






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REPORT

The Speaker's Forum organized an inspiring talk on "Positive Energy" for non-teaching staff members on Tuesday, 8th August 2023, in MPSS Hall. The session, conducted by Mr. Sudhir Dave, an esteemed Yog Guru, Life Coach, and International Trainer, commenced at 11 a.m. Mr. Dave emphasized techniques to harness positive energy, manage stress, and enhance productivity through practical strategies and yogic principles. The interactive session resonated well with the attendees, leaving them motivated and equipped with tools for personal and professional growth. The event was a resounding success, fostering a positive and enriching environment for all participants.



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PHOTOGRAPHS OF THE SESSION ON POSITIVE ENERGY CONDUCTED ON 08/08/2023



Mr. Sudhir Dave interacting with non-teaching staff members and sharing techniques to harness positive energy



Participants of the session actively participating in the session



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Speaker's Forum

organises

A Talk For Non-Teaching Staff.

PROGRAMME: 'Positive Energy' by Mr. Sudhir Dave

DAY: Tuesday DATE: 8th August '23 TIME: 11:00 am.

Sr. No	Name	Signature
1	Ravindra C. Arde	R. C. Arde
2	Sanjay Kumar H. Singh	S.H. Singh
3	Piyush K. Desale	P. Desale
4	B. S. Kamble	B. S. Kamble
5	Vikas J. More	V. More
6	Ramkrishna P. Patanliar	R. Patanliar
7	Dagdu P. Telpade	D. Telpade
8	Silvi S. Jethim	Silvi S. Jethim
9	S. D. Shule	S. D. Shule
10	M. S. Tambe	M. S. Tambe
11	R. B. Ahire	R. B. Ahire
12	D. D. Bharamat	D. D. Bharamat
13	Ashwini Chand	A. Chand
14	L. B. Gode	L. B. Gode
15	R. D. Baikar	R. D. Baikar
16	Sachin Jadhav	Sachin Jadhav
17	Shalaja Mathapali	S. Mathapali
18	Samkatha Prasad Yadav	S. P. Yadav
19	Yogesh More	Y. More
20	Sandesh Sangmesker	S. Sangmesker
21	Suraj's Jadhav	S. Jadhav
22	Shaikh Sohail	S. Shaikh
23	Anil Sahu	A. Sahu
24	Bosco FERREIRA	B. FERREIRA
25	Kiran Raut	K. Raut
26	RAJENDRA V. KAMAT	R. V. Kamat
27	Ashwin V. Solankar	A. Solankar
28	Sagar Patil	S. Patil
29	Pravin Gaud	P. Gaud
30	Jinu Y. Kanade	J. Kanade

Sr. No	Name	Signature
31	M.M. Ghanshi	Ghanshi
32	Jayesh Ramesh Zombade	Zombade
33	Nitin T. Pawar	Pawar
34	Sushant J. Parmar	Parmar
35	Kaushik Subramanian	Subramanian
36	Pankaj Singh	Singh
37	Waleed Muzi	Muzi
38	Pratull R. Shelar	Shelar
39	Shailendra G. Waghmare	Waghmare
40	Sanil Narayan Chougale	Chougale
41	Prasad A. Baid	Baid
42	Sahil C. Zombade	Zombade
43	Vijayeta M. Pachpute	Pachpute
44	Prachi S. Shirvan	Shirvan
45	Madhavi S. Shedge	Shedge
46	Madhuri S. Shirode	Shirode
47	Nilam S. Kadam	Kadam
48	Priyanka T. Jadhav	Jadhav
49	Prajakta Hatankar	Hatankar
50	Pratiksha R. Karanjkar	Karanjkar
51	Swarnali S. Sarwade	Sarwade
52	Poonam N. Salunkhe	Salunkhe
53	Mrs. Anushka S. Sawant	Sawant
54	Mrs. Vaishali N. Desai	Desai
55	Mrs. Neha N. Parab	Parab
56	Bakul N. Bagne	Bagne
57	Priyanka Morajkar	Morajkar
58	Komal Salunkhe	Salunkhe
59	Shweta Runde	Runde
60	Mrs. Madhuri D. More	More
61	Zeba Sayyad	Sayyad
62	Sayali Dayanand Narkar	Narkar
63	Snehal R. Mhatre	Mhatre
64	Pratibha R. Singh	Singh
65	K. S. Mann	Mann



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CERTIFICATE

This is to certify that

Mr. Ashok Gond

participated in the session on **Positive Energy** by Mr. Sudhir Dave organized by **Speaker's Forum** on **8th August 2023.**



Dr. Himanshu Dawda
Principal




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