



R. J. COLLEGE of Arts, Science & Commerce (AUTONOMOUS)

(Hindi Vidya Prachar Samiti's RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in Email: rjcollege@rjcollege.edu.in Tel No: +91 22 25151763 Fax No: +91 22 25150957

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.50)

January 01, 2024

NOTICE

ACADEMIC YEAR 2023-24

Effects of Consuming Junk Food - I

(Obesity Seriousness, Symptoms and Treatment)

January 06, 2024

The Department of Banking and Insurance will organise a session on 'Effects of Consuming Junk Food - I' (Obesity Seriousness, Symptoms and Treatment) BBI Students on January 06, 2024 between 2:30 pm to 3.30 pm. The Guest Speaker of the session will be Dr. S. Saravana Kumar, Head, Dept. of Obesity & Metabolic Surgery, GEM Obesity, Diabetes & Surgery Centre GEM Hospital, Coimbatore.

Mrs. Nandini Jagannaryan
Head, Dept. of B. Com (Banking and Insurance)

Dr. Himanshu Dawda
Principal

PRINCIPAL
RAMNIRANJAN JHUNJHUNWALA COLLEGE
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Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA



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Brochure

Hindi Vidya Prachar Samiti's
RAMNIRANJAN JHUNJHUNWALA COLLEGE
OF ARTS, SCIENCE AND COMMERCE
(EMPOWERED AUTONOMOUS)
DEPARTMENT OF B.COM (BANKING & INSURANCE)
ORGANISES
HEALTH IN YOUR HANDS !!!
A TALK ON
"Effects of Consuming Junk Food"

Obesity
Seriousness, Symptoms and Treatment

Gall Stones
Seriousness, Symptoms and Treatment

BY

DR. S. SARAVANA KUMAR
HEAD DEPT. OF OBESITY & METABOLIC SURGERY
DIET OBESITY, DIABETES & SURGERY CENTRE
ELM HOSPITAL, COIMBATORE

DR. S. PAULVANNAN
COLLECTOR, SURGICAL GASTRO - ADVANCED
LAPAROSCOPIC HPB AND GI ONCO SURGEON
ROYAL CARE SUPER SPECIALITY HOSPITAL, COIMBATORE

02:30 PM - 03:30 PM
GOOGLE MEET: hnb-rtht-ivh

06:30 PM - 07:30 PM
GOOGLE MEET: ped-jzth-ftw

ON SATURDAY, 6 JANUARY 2024




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Report

Topic: "Effects of Consuming Junk Food - I"

Date: January 06, 2024

Time: 2:30 pm to 3.30 pm.

Guest Speakers: Dr. S. Saravana Kumar, Head, Dept. of Obesity & Metabolic Surgery, GEM Obesity, Diabetes & Surgery Centre GEM Hospital, Coimbatore.

Objective: The talk was aimed at creating awareness about the ill effects of consuming junk food.

Both the doctors, spoke to the audience about the why one should avoid consuming junk food and what are the ill effects of consuming the same on one's health.

Outcome: The students got to know about the ill health effects of consuming junk food.

No. Of Attendance: 66

No. of Teachers Involved: 03 (Mrs. Nandini J., Ms. Mala. G. & Mrs. Priya. S.)

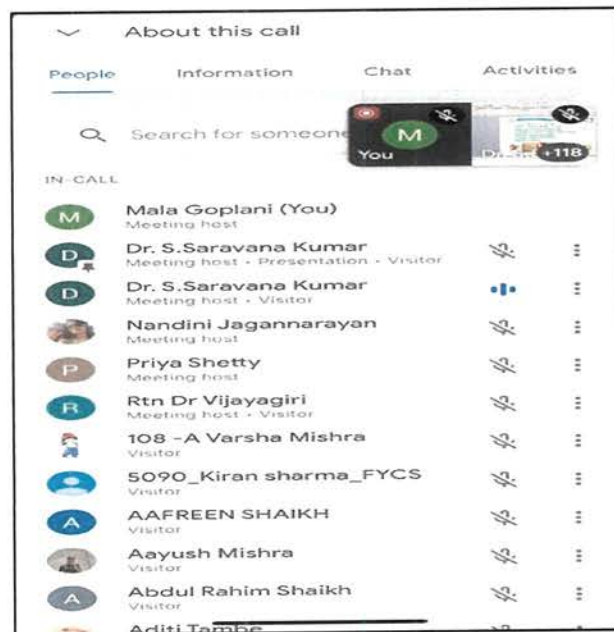
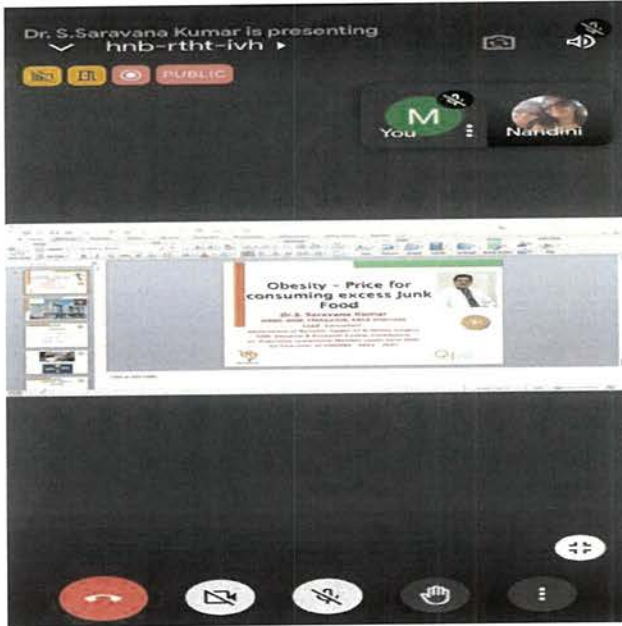



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2018: ISO 27001:2017 & by University of Mumbai (No. Aff /ICD/18-19/440 - 08.06.2018)

Photographs of the Session on "Effects of Consuming Junk - I" held on January 06, 2024.



Dr. S. Saravana Kumar, Head, Dept. of Obesity & Metabolic Surgery, GEM Obesity, Diabetes & Surgery Centre GEM Hospital, Coimbatore interacting with BBI students during the session.



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List of Students who Attended the Session on Effects of Consuming Junk Food – I held on 6th January 2024

Sr. no	Name	Class	Roll no.	College Name
1	Vijaylaxmi Manoj Patwa	TYBBI	1211	Ramniranjan Jhunjunwala College
2	Avita D'souza	FYBMS	3054	Ramniranjan Jhunjunwala College
3	Kiran Kanhaiyalal Sharma	FYBsc	5090	Ramniranjan Jhunjunwala College
4	Shaikh Nashrah Naiyar kamal	FYBSC	1216	Ramniranjan Jhunjunwala College
5	Yasir Khan	FYBBI	1043	Ramniranjan Jhunjunwala College
6	Avita D'souza	Fybms	3054	Ramniranjan Jhunjunwala College
7	Rishi sahu	TYBBI	1213	Ramniranjan Jhunjunwala College
8	Riya Rahul Tiwari	FYBSC CS	5118	Ramniranjan Jhunjunwala College
9	Shaikh Rafiya Alauddin	FYBBI	1045	Ramniranjan Jhunjunwala College
10	Shivam Chauhan	FYBBI	1059	Ramniranjan Jhunjunwala College
11	Khushboo yadav	FYBBI	1039	Ramniranjan Jhunjunwala College
12	SHAIKH IQRA	FYBBA	10002	Ramniranjan Jhunjunwala College
13	Nehakumari shivshankar yadav	Fybms	3030	Ramniranjan Jhunjunwala College
14	Khushboo yadav	SY BBI	1142	Ramniranjan Jhunjunwala College
15	Riya Ramvilas Patel	FYBBI	1066	Ramniranjan Jhunjunwala College
16	Bhumi Ramavadh prajapati	FYBBI	1007	Ramniranjan Jhunjunwala College
17	Anchal Singh	FYBBI	1013	Ramniranjan Jhunjunwala College
18	Khatik yuvraj laxmilal	FYBBI	1001	Ramniranjan Jhunjunwala College
19	Sakshi Akhilesh Tiwari	FYBBI	1014	Ramniranjan Jhunjunwala College
20	Amit Jaiswal	FYBBI	1011	Ramniranjan Jhunjunwala College
21	Varsha Mishra	Fybms	108	Ramniranjan Jhunjunwala College
22	Nidhi Rambhavan Prajapati	FYBSC	109	Ramniranjan Jhunjunwala College
23	Mitesh Salvi	Fybbsi	1026	Ramniranjan Jhunjunwala College
24	Poonam jena	Fybbsi	1018	Ramniranjan Jhunjunwala College
25	Shreyansh sharma	Fybms / A	210	Ramniranjan Jhunjunwala College
26	Aditi Yadav	Fybms/ A	112	Ramniranjan Jhunjunwala College
27	Disha Dubey	FYBBI	1052	Ramniranjan Jhunjunwala College
28	Shivam yadav	Bsc(FY)	324	Ramniranjan Jhunjunwala College
29	Satyam Sanjay shukla	Fybms	22	Ramniranjan Jhunjunwala College
30	Deepu Maurya	TYBBI	15	Guru Nanak college of arts, science & commerce
31	Chhama Sharma	SYBBI	1145	Ramniranjan Jhunjunwala College
32	Trupti parmashwar janrao	Fy.bcom	622	Ramniranjan Jhunjunwala College
33	Suraj Ashok Bind	TYBBI	1246	Ramniranjan Jhunjunwala College
34	Vikas Soni	FYBBI	1048	Ramniranjan Jhunjunwala College
35	Vedhanti mahendra shigwan	Sybbsi	1106	Ramniranjan Jhunjunwala College
36	Anushka Pravin Kadam	SYBBI	1102	Ramniranjan Jhunjunwala College
37	Bhuwan bhattarai	Fybbsi	1010	Ramniranjan Jhunjunwala College
38	Aashia shaikh	Tybbsi	35	Guru Nanak college of arts, science & commerce
39	Nadar Saranya Balakrishnan	TYBBI	17	Guru Nanak College of Arts, science and commerce
40	Neha Jaiswar	FYbms	4	Guru Nanak College of Arts, science and commerce
41	Kritika krishna kumar gupta	Fybms	03	Ramniranjan Jhunjunwala College
42	Indu Jaiswal	FYBSC	103	Ramniranjan Jhunjunwala College
43	Adarsh Dubey	Tybbsi	1245	Ramniranjan Jhunjunwala College
44	Vikas Singh	FYBBI	1062	Ramniranjan Jhunjunwala College



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45	Ashray Wankhede	FYBBI	1027	Ramniranjan Jhunjunwala College
46	Abhishek jaiswar	FYBBI	1025	Ramniranjan Jhunjunwala College
47	Pooja Ankush Lambade	FYBBI	1016	Ramniranjan Jhunjunwala College
48	Meghana Ashok Kumar Gond	FYBBI	1065	Ramniranjan Jhunjunwala College
49	Priya Verma	FYBBI	1009	Ramniranjan Jhunjunwala College
50	Rishikesh Dhopat	FYBBI	1057	Ramniranjan Jhunjunwala College
51	Ravi Kumar shukla	Fybsc	111	Ramniranjan Jhunjunwala College
52	Vqishnavi tiwari	Fybfi	1006	Ramniranjan Jhunjunwala College
53	Shiven	FYBBI	1037	Ramniranjan Jhunjunwala College
54	Khushi chaubey	Fybsc	102	Ramniranjan Jhunjunwala College
55	SNEHA RAMESH PANDA	FYBBI	1029	Ramniranjan Jhunjunwala College
56	Ankita pal	FYbfi	1017	Ramniranjan Jhunjunwala College
57	Kusum varma	FYBBI	1054	Ramniranjan Jhunjunwala College
58	Amit pandey	Fybfi	1004	Ramniranjan Jhunjunwala College
59	Aaliya Shaikh	FYBBI	1036	Ramniranjan Jhunjunwala College
60	Sahil Pawar	FY BBI	1,055	Ramniranjan Jhunjunwala College
61	Namrata mandavkar	FYBBI	1031	Ramniranjan Jhunjunwala College
62	Dasharath kailash parmashwar	fybfi	1030	Ramniranjan Jhunjunwala College
63	Deepu Lalu Goud	FYBSc	32	Ramniranjan Jhunjunwala College
64	Sajan Benvanshi	FYBBI	1008	Ramniranjan Jhunjunwala College
65	Khushbu Rajak	FyBBI	1063	Ramniranjan Jhunjunwala College
66	Rajeshwar pandit	FY BBI	1040	Ramniranjan Jhunjunwala College



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Certificates

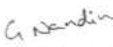



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This is to certify that
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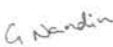



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