





# R. J. COLLEGE of Arts, Science & Commerce (Empowered Autonomous)

(Hindi Vidya Prachar Samiti's **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce**)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400086, Maharashtra, INDIA.

Website: [www.rjcollege.edu.in](http://www.rjcollege.edu.in) • Email : [rjcollege@rjcollege.edu.in](mailto:rjcollege@rjcollege.edu.in) • Tel No. + 91 22 25151763

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to **UNIVERSITY OF MUMBAI** || **NAAC Re-Accredited 'A' Grade (CGPA: 3.10)**

Flyer

HINDI VIDYA PRACHAR SAMITI'S  
Ramniranjan Jhunjhunwala College Ghatkopar (W)  
(Empowered Autonomous)

**NSS UNIT**  
attends  
**DE-ADDICTION RALLY**

**Date: 30th September 2023**  
**Time: 3:00 pm to 5:00 pm**  
**Venue: Azad Maidan to Gateway of India**

REACH FOR THE STARS NOT DRUGS  
Recovery is about progression, not perfection  
That which does not kill us makes us stronger  
Say No to Drugs: Say Yes to Life



*[Signature]*  
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Ghatkopar (W), Mumbai-400086, Maharashtra, INDIA

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## Report

**Name of the Event :** De-addiction Rally

**Day And Date :** Sunday / 30th September, 2023

**Time :** 03:00 pm to 05:00 pm

**Venue :** Azad Maidan to Gateway of India

**Number Of Participants :** 18

**Organised by :** University of Mumbai

**Objective of the activity:** The objective of this de-addiction rally is to raise awareness about the harmful effects of addiction, encourage individuals to seek help, and promote a drug-free lifestyle. The aim is to destigmatize addiction, provide information on available support systems, and foster a sense of community engagement in addressing the challenges associated with substance abuse.

### SDG goals :

**1. Good Health and Well-being (SDG 3):** Promoting healthy lives and well-being involves addressing substance abuse issues, providing treatment, and preventing the negative health impacts associated with addiction.

**2. Reduced Inequality (SDG 10):** Substance abuse can contribute to social inequalities. Efforts to address addiction aim to reduce disparities and ensure equal access to treatment and support services.

**3. Peace, Justice, and Strong Institutions (SDG 16):** De-addiction initiatives contribute to creating a more just and peaceful society by addressing the root causes of addiction and promoting access to justice and support systems for affected individuals.

**4. Partnerships for the Goals (SDG 17):** Collaboration between governments, NGOs, communities, and other stakeholders is crucial in tackling addiction. De-addiction rallies often emphasize the importance of partnerships and collective action.

**Brief Description :** The de-addiction rally which was under the theme "Nasha Mukta Bharat" took place on the 30th of September, 2023.



  
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Addiction is harmful as it negatively impacts physical health, mental well-being, and social relationships which leads to adverse consequences for individuals as well as the society.

So in order to create awareness and acquaint people about the harmful effects of substance abuse, NSS volunteers assembled in the college premises around 3 pm and started for Azad Maidan soon after. Volunteers from different colleges and NGOs were already present there. Some of the volunteers were given placards and everybody set out for the final destination; Gateway of India.

On the way, slogans like “Nashe ko jo apnayega, poori jeevan pachatayega” and “Thodi thodi whiskey, jeevan kare risky” were chanted on the way. The police unit was also present to make sure everything was going on smoothly.

The rally was proven to be quite noteworthy. The rally with all the energetic volunteers was a sight to behold. The distance of 2.3 km seemed short and all the volunteers halted near the Gateway of India and had refreshments. Snacks too were provided. Volunteers put the time to good use and socialized with other NSS volunteers from different colleges.

A speech was given on the makeshift stage and the event came to an end by 7 and the volunteers then dispersed.

**Outcome of the event :** The following are positive results of the rally - 1. Increased awareness about addiction.

2. People who are facing addiction problems can openly come forward and seek help.
3. Individuals who are trying to beat addiction receive support from family and their communities.
4. Positive impact on addiction treatment groups and organizations.
5. Volunteers acquired an opportunity to be a part of a noble cause and meet new people which encourages confidence and benevolence.



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## Photos of the Nasha Mukta Bharat “De-Addiction Rally” 30/09/2023



NSS Volunteers actively participated in the rally



The rally with all the energetic volunteers was a sight to behold.



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## Certificate



*[Signature]*

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