



# R. J. COLLEGE of Arts, Science & Commerce (Empowered Autonomous)

(Hindi Vidya Prachar Samiti's **RAMNIRANJAN JHUNJHUNWALA COLLEGE of Arts, Science & Commerce**)

Opposite Ghatkopar Railway Station, Ghatkopar (West), Mumbai - 400086, Maharashtra, INDIA.

Website: www.rjcollege.edu.in • Email : rjcollege@rjcollege.edu.in • Tel No. + 91 22 25151763

College is recognized under Section 2(f) & 12(B) of the UGC Act, 1956

Affiliated to UNIVERSITY OF MUMBAI || NAAC Re-Accredited 'A' Grade (CGPA: 3.10)



## Flyer



Hindi Vidya Prachar Samiti's  
**Ramniranjan Jhunjunwala  
College (Empowered Autonomous)**



## NSS UNIT

In collaboration with RCRJ  
Organizes

# Cycle Rally

Date : 10th August 2023

Time: 07:00 AM

Venue: To be determined



**PRINCIPAL**  
RAMNIRANJAN JHUNJHUNWALA COLLEGE  
OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)  
Ghatkopar (W), Mumbai-400 086, Maharashtra, INDIA

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## Photos of the Cycle Rally in collaboration with RCRJ held on 10/08/2023



The rally encouraged the use of eco-friendly transportation and emphasizes the importance of physical fitness.



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## Report

**Name of the Event:** Cycle Rally

**Day and Date:** Thursday, August 10, 2023

**Time:** 7:00 AM onwards

**Venue:** To be determined

**Organized By:** NSS unit of R.J. College in collaboration with RCRJ.

**Objective of the Activity :** The NSS unit of R.J. College, in collaboration with RCRJ, is organizing a Cycle Rally. The primary objective is to promote fitness, eco-friendly transportation, and community engagement through a collective cycling event.

### UN SDG :

1. **SDG 3:** Good Health and Well-being: Cycling promotes physical activity and leads to better health outcomes. Organizing a cycle rally encourages people to adopt active lifestyles, reducing the risk of non-communicable diseases such as obesity, cardiovascular diseases, and diabetes.

2. **SDG 7:** Affordable and Clean Energy: Cycling relies on human-powered energy, making it a clean and affordable mode of transportation. By advocating for cycling as a viable alternative to motorized vehicles, cycle rallies support the transition towards clean energy solutions.

3. **SDG 11:** Sustainable Cities and Communities: Cycling is an eco-friendly mode of transportation that reduces greenhouse gas emissions and air pollution. By organizing a cycle rally, communities can advocate for cycling infrastructure such as bike lanes, parking facilities, and bike-sharing programs, making cities more sustainable and livable.

4. **SDG 12:** Responsible Consumption and Production: Cycling promotes sustainable consumption patterns by reducing the dependence on motor vehicles and encouraging the use of renewable energy for transportation. By organizing cycle rallies, communities can promote responsible consumption and production practices.

4. **SDG 13:** Climate Action: Cycling is a zero-emission mode of transportation that helps mitigate climate change by reducing reliance on fossil fuels. Promoting cycling through rallies and events encourages the adoption of sustainable transportation options, thereby contributing to climate action efforts.

5. **SDG 15:** Life on Land: Cycling rallies can raise awareness about the importance of preserving natural habitats and biodiversity. By advocating for the protection of green spaces and wildlife corridors, participants can contribute to the conservation of terrestrial ecosystems and species diversity.



  
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6. **SDG 17: Partnerships for the Goals:** Organizing a cycle rally provides an opportunity to build partnerships and mobilize stakeholders from various sectors, including government, civil society, businesses, and academia. Collaborative efforts can amplify the impact of cycling advocacy initiatives and accelerate progress towards the SDGs.

**Number of Volunteers:** 5 volunteers participating in the event

**Brief Description:** On August 10, 2023, a dynamic Cycle Rally is set to kick off at 7:00 AM onwards, organized by the NSS unit of R.J. College in collaboration with RCRJ. The rally aims to combine fitness, environmental consciousness, and community involvement in a single event.

While the exact venue is yet to be determined, participants can anticipate a refreshing and invigorating cycling experience. The rally encourages the use of eco-friendly transportation and emphasizes the importance of physical fitness. It serves as an excellent opportunity for individuals to come together, enjoy the outdoors, and engage in a collective and healthy activity.

This event reflects the NSS unit's commitment to promoting holistic well-being, sustainable practices, and community spirit. Participants can look forward to an exciting journey through the city, strengthening their connection with both their health and the environment.



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## Certificate



HINDI VIDYA PRACHAR SAMITI 's  
Ramniranjan Jhunjunwala College  
Arts, Science & Commerce  
(Empowered Autonomous)





# CERTIFICATE OF APPERCIATION

THIS CERTIFICATE IS CERTIFY TO

Ankit Yadav

in recognition of contribution as a volunteer for the Cycle Rally on 10th August, 2023,  
Organised by NSS unit of RJ College in Collaboration with RCRJ.

  
Prof. Pranali Karnik  
Programme officer

  
Dr. D.B. Singh  
Programme officer

  
Dr. Himanshu Dawda  
Principal



  
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